



**“A coalition of community partners working together to improve adolescent sexual health outcomes and strengthen young families”**

**Website: [www.togetherforyouth.net](http://www.togetherforyouth.net)**

**Facebook: [Together For Youth/Waterloo](https://www.facebook.com/TogetherForYouth/Waterloo)**

**319-274-6768**

### **TFY Community Partners**

**\*UnityPoint Health Allen Hospital \*AMP \*Aplington Parkersburg Community Schools**  
**\*Black Hawk County Health Department \*Boys & Girls Club \*Bremwood LSI \*Black Hawk**  
**Grundy Mental Health \*Cedar Falls Community Schools \*Cedar Valley Volunteer Center**  
**\*Covenant Medical Center \*CRUSH \*Denver Schools \*Department of Human Services**  
**\*Dunkerton Schools \*Family & Children’s Council \*Four Oaks \*Independence Schools**  
**\*Jesup Community Schools \*Juvenile Court Services \*Mental Health Institute \*Northeast**  
**Iowa Detention Center \*Pathways Behavioral Services \*Quakerdale \*Success Center**  
**(Independence Alternative School) \*SuccessLink \*Success Street \*Tri-County Child and**  
**Family Development Council \*UNI-CUE \*UNI-EOC \*Union Schools \*Unity Square**  
**\*Waterloo Community Schools \*Waverly Shell Rock Schools \*Waypoint**  
**\*Youth Shelter (Black Hawk & Buchanan Counties) \*YWCA**  
**(\*BOLD PRINT identifies TFY Collaborators)**

### **TFY Programming:**

**\* Health Education \* SiHLE \*Making Proud Choices**

**\* Teen Parent Panel \* Wise Guys \*3R’s**

**\* Individual Health & Pregnancy Prevention Education \*Girls Circle**

**\* Parent Programs \* Professional Training & Internships**

► This array of comprehensive prevention programming utilizes strategies such as: proven effective curriculum / education, a panel of teen parents, peer education, and individual counseling to deliver education on parental and family involvement, sexual responsibility and pregnancy prevention and STD risk reduction. These programs can be utilized in multiple settings including: schools, youth-serving agencies, social service organizations, faith communities, hospitals, clinics, community groups, and individual sessions. Programs can be tailored to meet the needs of your group/organization.

### **\*Young Parents Together\***

**YPT provides weekly support & education groups for pregnant and parenting adolescents**

► This intervention program provides pregnant and parenting teens, their children, and families with emotional and peer support, prenatal, childbirth, and parenting education, as well as life skill development. This education has been found to result in healthier newborns, fewer subsequent pregnancies, and increased parental self-sufficiency.

► Participants are provided with the following services at no cost to the participant during weekly YPT sessions: a meal, transportation, and childcare. In addition, small group educational sessions cover topics such as: prenatal health, childbirth preparation, newborn and toddler care, child

development and screening, parenting skill development, child abuse prevention, subsequent pregnancy prevention, healthy relationships, reproductive life planning, life skills building, community resources and referrals, depression screening and mental health counseling.

**Teen pregnancy greatly affects Black Hawk County:**

Black Hawk County traditionally has one of the highest rates of teen pregnancy in the state of Iowa. This is in part due to the county’s large population of both lower socioeconomic groups and single parent families, which both tend to have higher teen pregnancy rates.

While we have many successful teen parents, the national research shows us children of teen parents have increased chances of experiencing: health and cognitive impairments, neglect and/or abuse, repeating a grade in school, not finishing high school, being raised without a father, living in poverty, time in prison, and teen-parenthood.

High rates of teen pregnancy affects the local economy by: increasing demands on social and medical services, creating a larger number of families living at or below the poverty level, decreasing the labor pool, increasing rates of unskilled laborers, increasing unemployment rates, and overtaxing the court and jail system. We know that when young families are given support and education through a program such as YPT they can avoid some of these negative outcomes.

It also impacts the school system by contributing to: higher dropout rates, attendance problems, fewer students pursuing higher education, children starting school unprepared and having to repeat grades.

**Teen parents that participate in YPT have consistently surpassed teen parents nationally when it comes to three indicators including healthy birth weight babies, prevention of subsequent pregnancies during the teen years, and obtaining a degree.**

	Teen Parents Nationally	Teen Parents at YPT
Healthy Birth Weight Babies	83%	99%
Subsequent Pregnancy Prevention	83%	99%
Currently in High School/Completing GI /In College or have already graduate	40%	84%

**SAVINGS\$ ..... COSTS\$ ..... SAVINGS\$.....**

\$\$ Teen childbearing in Black Hawk County cost taxpayers around **\$3 million** per year.

Costs associated with teen births in Iowa are over \$25,000 per child born.

(National Campaign to Prevent Teen Pregnancy’s “By the Numbers”)

\$\$ Black Hawk County has experienced a significant drop in the number of teen births for over a decade. In 1995 Black Hawk had the highest number of teen births, which was 264 teens. The most current data from IDPH shows us that 92 teens gave birth in 2014. \$\$ Services that prevent first and subsequent teen pregnancies cost taxpayers 75% less than do services to support the families afterward.

**FY’17 Funding Sources:**

Cedar Valley’s Promise Empowerment \* Cedar Valley United Way \* Community Foundation of Northeast Iowa \* Generous In-Kind Donations by Collaborating Agencies \*Guernsey Foundation \* Iowa Department of Human Services

\*R.J. McElroy Trust \* St. Patrick’s Catholic Church\* Teen Trust \*Waverly Shell Rock United

Way

