

Geriatric Screening and Preventive Care

Table 3

Health Maintenance Screening Based on Functional Status and Life Expectancy

RECOMMENDATION	<i>ROBUST (LIFE EXPECTANCY ≥ FIVE YEARS; FUNCTIONALLY INDEPENDENT)</i>	<i>FRAIL (LIFE EXPECTANCY < FIVE YEARS; SIGNIFICANT FUNCTIONAL IMPAIRMENT)</i>	<i>MODERATELY DEMENTED (LIFE EXPECTANCY OF TWO TO 10 YEARS)</i>	<i>END OF LIFE (LIFE EXPECTANCY < TWO YEARS)</i>
Cholesterol screening	Consider screening for patients 65 to 75 years of age if they have additional risk factors	Consider screening for patients 65 to 75 years of age if they have additional risk factors	Do not screen	Do not screen
Colonoscopy	Consider performing every five to 10 years	Do not perform	Do not perform	Do not perform
Fasting blood glucose test	Perform if patient has symptoms, or every three years if patient has risk factors	Perform if patient has symptoms, or every three years if patient has risk factors	Perform if patient has symptoms, or every three years if patient has risk factors	Consider performing if patient has symptoms
Fecal occult blood test	Perform yearly	Consider performing yearly	Consider performing yearly	Do not perform
Herpes zoster vaccine	Administer once for patients 60 years and older	Administer once for patients 60 years and older	Administer once for patients 60 years and older	Administer once for patients 60 years and older
Influenza vaccine	Administer yearly	Administer yearly	Administer yearly	Administer yearly
Lifestyle education	Provide at every visit	Provide at every visit	Discuss periodically with caregiver	Do not provide

RECOMMENDATION	ROBUST (LIFE EXPECTANCY ≥ FIVE YEARS; FUNCTIONALLY INDEPENDENT)	FRAIL (LIFE EXPECTANCY < FIVE YEARS; SIGNIFICANT FUNCTIONAL IMPAIRMENT)	MODERATELY DEMENTED (LIFE EXPECTANCY OF TWO TO 10 YEARS)	END OF LIFE (LIFE EXPECTANCY < TWO YEARS)
Mammography	Perform every one to two years up to 80 years of age	Consider performing every one to two years up to 75 years of age	Consider performing every one to two years up to 70 years of age	Do not perform
Papanicolaou (Pap) smear	Consider performing one to three Pap smears if patient has never had a Pap smear	Do not perform	Do not perform	Do not perform
Pneumococcal vaccine	Administer once	Administer once	Administer once	Consider administering once
Prostate-specific antigen test	Discuss pros and cons with patient	Discuss pros and cons with patient	Discuss pros and cons with caregiver	Do not perform
Tetanus toxoid and diphtheria toxoid vaccine	Administer primary series if not done previously; administer booster every 10 years	Administer primary series if not done previously	Administer primary series if not done previously	Do not administer

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