



Allen Foundation

CARE Counts

Classifieds

Patient Safety Scorecard

Phone Book

EAPworks

Wednesday Edition

LiveWell

MAPLES

Waterloo Neighborhood



Q: Where is the new CEO's office located and will he visit Allen?

A: Kevin Vermeer, UnityPoint Health's CEO as of January 1, will be making visits to all of the affiliates, including the Waterloo region, this year. His first visit will be this Friday. His office is in Des Moines.
Angie Fuller, Marketing & Communications

Q: When the new facility opens in Cedar Falls will there be job openings for Allen employees to apply or will those positions be filled on a seniority basis?

A: When the facility opens in Cedar Falls many of the jobs will move from the various locations that will be populating the clinic. There will be some new jobs and any UnityPoint Health associate can apply.
Steve Sesterhenn, HR

We answer questions as quickly as possible, but it can take several weeks. If your question is more urgent, please contact the appropriate department, or call the Marketing & Communication office at (319) 235-3868, and we will help get you your answer sooner.

Welcome Kevin Vermeer!

Please join us as we welcome Kevin Vermeer, our new President and Chief Executive Officer of the UnityPoint Health system on Friday.

Kevin will personally stop by several hospital departments before making his way to the south dining room, where refreshments will be served from 9-10 a.m. I urge everyone who is able to leave their area to greet and welcome Kevin as he begins his new role in the health system.

Kevin began working for UnityPoint Health in 2000 as Chief Financial Officer at Allen Hospital. He moved on to positions in the Quad Cities and Des Moines, and has now accepted a new challenge. Following the retirement of Bill Leaver, Kevin stepped in as CEO of the system at the beginning of the year, and he will return to Waterloo Friday.

Kevin knows Allen Hospital and the Waterloo region. He understands the culture and appreciates the commitment of our associates and physicians to delivering our promise of best outcome, every patient, every time. I ask you to join me as we give Kevin a warm welcome in Waterloo.



Pam Delagardelle

Pam Delagardelle
President & CEO



The winter edition of LiveWell magazine has been published and we invite you to take a look at some of the great care stories that are happening in the Eastern Iowa region.

Inside you'll find:

- A story on NICU care coordination between Allen Hospital and St. Luke's
- A patient's testimonial on life after open heart surgery
- News on some exciting regional happenings within UnityPoint Health

[Take some time to read it today](#) – enjoy!

LiveWell is a collaborative piece between Anamosa, Dubuque, Cedar Rapids and Waterloo. Hard copies are mailed to many homes in our service area as well as stocked in UnityPoint Clinic waiting rooms, and individual stories are used online and on social media. Please feel free to share this link with your associates, friends and family.





Safety Corner

- When should you be fit tested for an N-95 mask?
- A. Annually
 - B. When you have had a weight change of plus or minus 10-15 pounds.
 - C. When you have had a change to your facial features (i.e. scarring, braces, etc.).
 - D. All of the above.

Check your answer on page 3.

Q: Based on my experience, when you email HR, you don't get a response anymore. However, when you go through AskHR the response isn't very timely. When they do respond, they are automatically closing your case when they respond. Will these issues be addressed soon?

A: We are sorry that you haven't received the level of service that you anticipated. I would ask that when you call HR you make direct contact to the HR Business Partner that supports your area. Mary Peterson at 6769 handles most of the nursing areas, Jill Grover at 5299 covers most of the non-nursing clinical areas and Steve Sesterhenn at 3630 covers the college, nutrition and dining, EVS and plant services areas along with administrative areas of the company. Your direct calls to these numbers will get a quicker response than calling the general HR number. When contacting AskHR keep in mind that they are taking calls for all of UPH and their turnaround time will be 24-48 hours.

Steve Sesterhenn, HR



Allen Associates — Celebrate your February birthday by visiting the Gift Shop any time during the month and receive 25% off one gift item.

And the Oscars go to...

2015-16 Employee Engagement Awards

These departments have received recognition for their participation in the Employee Engagement Survey in the following categories.



Recognition based on the average of the following criteria:

% of survey participation and the employee engagement index score.

Departments with Greater Than 19 Associates

- Allen Ambulatory Surgery (Logan)
- Digestive Health (Logan & Tower Park)
- Patient Access (All sites)

24/7 Departments

- 4Medical
- Mental Health
- OB-NICU

Departments with 5-19 Associates

- Case Management
- Neurodiagnostics
- Transport/Call Center



Recognition for most improved department scores are based on the average of the following criteria:

% of survey participation and the comparative score from 2014 to 2015 on the survey question: "Overall, I am extremely satisfied with UnityPoint Health as a place to work".

Most Improved

- Allen Café
- EAP
- Radiology (Logan)



Auxiliary Calendar

Feb. 29

\$6 Jewelry Sale

March 21 & 22

Sweet Deals Sale

April 28 & 29

Lionne Design Jewelry Sale

May 26 & 27

Scrubs & Beyond

Sept. 6 & 7

Sweet Deals Sale

Grundy County Memorial Hospital is one of the first rural hospitals in the state to put advanced infection control technology into use.

A new Steris Pathogon Ultraviolet Light Disinfection system (UVDS) has been purchased by GCMH to enable automated disinfection of clean environmental room surfaces using germicidal UVC energy. The addition of this piece of equipment is enhancing the outstanding cleaning and disinfecting practices already put into practice by the GCMH Environmental Services team, while providing our patients with an additional level of protection against acquiring a hospital acquired infection while in our care. The UVDS is mobile, so it can be used daily in surgery and in inpatient and emergency departments as needed, as well as other areas of the hospital that need additional and preventive disinfection.





Q: The lactation rooms provided for pumping have several chairs and places for multiple people to pump. However, individuals have made signs to tape to the outside of the doors saying that “the room is in use, don’t come in.” If someone requires privacy, shouldn’t they have to find a bathroom or somewhere else to go, rather than those who don’t mind sharing?

A: Allen currently has two pump rooms for our breastmilk-feeding mothers to utilize. Both rooms can accommodate more than one person as there are several chairs. On January 7, curtains were installed in each room to help with extra privacy. Both rooms also have a phone in them that you can call ahead to see if the room is available. Signs are also being made to post outside of the room to show if the room is “available” or “in use”. We know that you are on a limited time schedule to pump, so it may be necessary to share the room at times. If you have any other questions or concerns, we encourage you to contact lactation services at (319) 226-2229.
Suzanne Starbeck, Birthing Center

We are the champions!

Thank you to everyone who participated in our UnityPoint Health “Champions” HIPAA Awareness Week! We are so pleased to announce that the Waterloo region, which includes Allen Health System as well as Grundy County Memorial Hospital and Community Memorial Hospital, won first place for participation among all UnityPoint affiliates. Congratulations and thank you ALL for a great HIPAA Awareness Week.



Participation of Nations

- GOLD — Region 12 (Waterloo, Grundy Center, Sumner)
- SILVER — Region 11 (Corporate)
- BRONZE — Region 9 (UnityPoint at Home)

Shred Bin Decorating Contest

- GOLD – 1st Place: Bobsledding Down Shred Mountain (Trinity Fort Dodge, Performance Improvement Team)

CARE Counts

Do you see a co-worker, volunteer, or provider who goes above and beyond in living the CARE values of Compassion, Accountability, Respect, and Excellence? Great CARE happens every day at Allen. Take time to nominate someone for a CARE Counts Recognition award. You’ll feel good and so will the person you nominate.

It’s easy!

- Use the quick link that’s on page 1 of every Wednesday Edition on the blue quick link bar, or
- Go to the Allen intranet homepage and click the ‘Submit a CARE Counts Nomination’ icon in the lower left corner. If you don’t see it at first, click on the F5 key to refresh the homepage. Complete the short nomination form and submit.



Shining Stars



Provider Profile Joseph Kwofie, DO

Joseph Kwofie, DO was born in Ghana, West Africa and it was there he witnessed how the lack of health care accessibility affected outcomes of his family and society. It shaped his view of medicine and led to him joining the UnityPoint Clinic hospitalist team in 2013.

Dr. Kwofie attended McMaster University in Canada at the age of 17 and received his medical education at Des Moines University. He describes himself as empathetic, compassionate and dedicated to complete, whole body care and a holistic approach to medicine.

Congratulations, Marisa Boss

Marisa, a float with UnityPoint Clinic’s Waterloo region, was named one of UnityPoint Clinic’s Outstanding Stars of 2015.

The program was a great success in 2015 with many nominations submitted for exemplary individuals. Providers and staff who demonstrate our UnityPoint Clinic mission and vision – and live this in their daily work – were nominated by their peers.

[See all recipients of the Outstanding Star award and read their nominations.](#)



Giving & Receiving

Big News!

We've concluded our United Way campaign and are pleased to announce Allen Associates contributed \$56,100, representing a 10% increase over last year. Thanks to everyone who made a contribution to United Way. Together, we're changing lives.



70 departments
have reached
100% participation
so far!

See all
High Fives for
100% Giving on
[Facebook!](#)



If we reach 100% giving this will happen...



WE'RE SO CLOSE!



Associate Campaign Goal is 100% Giving

[Pledge Now](#)

THINK HEALTHY

OnPoint for Health

It's a team effort every morning at 8:50 a.m. — this HIM group is participating in the group OnPoint for Health Planking Challenge to earn 50 points.

Looking good!



Did you know you can participate in OnPoint for Health with your smartphone and tablet?

Visit onpointforhealth.limeade.com today!



Mark February 12 on your calendar...

- Bring in a jar of peanut butter to donate and receive 25% off any gift item in the Allen Auxiliary Gift Shop.

The Allen Auxiliary is partnering with the Northeast Iowa Food Bank to provide a specific need for families in our area. Jars of peanut butter will be used for the food bank's backpack program providing weekend meals for school aged children.

- Cupcake War returns! The battle between Patient Access and Ambulatory begins at 7 a.m. in Meeting Room 5. Go green and bring containers to keep your cupcake purchases fresh. All proceeds benefit the American Heart Association.



Trying to decide if you need counseling?

One question will help you decide whether to go: Are you fed up with feeling how you do? If the answer is YES, call EAP at (319) 235-3550 for your FREE and CONFIDENTIAL appointment today. We offer office sessions, phone sessions, and telehealth (virtual) counseling sessions over your PC, tablet, or smartphone.

Submit articles to: Robin.Nicholson@unitypoint.org
Deadline for submissions: 8 a.m. Tuesday



UnityPoint Health
Waterloo