

New Members of Gerard Circle

Peters Construction Corp.

Karsyn's Krusaders

Cerro Gordo County
Sheriff's Office

Call 319-235-3960, or visit unitypoint.org/waterloo, to learn more about Gerard Circle.

Complimentary Estate Planning Consultation



Dr. Eddie Thompson
Thompson & Associates

Upcoming Dates:

- September 13th
- October 11th
- November 8th

To schedule your appointment, please call 319-235-3960.

Simple Video Catches Serious Problem for Elijah

New mothers are proud to share cute baby photos and videos to friends and family. But how many of those are sent to a Neonatologist and end up signaling a serious medical condition in which early detection is critical?

Lydia Buss has plenty of footage of her son, Elijah, learning, growing and developing since he was sent home from the UnityPoint Health – Allen Hospital Neonatal Intensive Care Unit (NICU). He was delivered five weeks premature via emergency C-section and feeding was the most significant complication that led to a six-week stay in the NICU.



Elijah was only eating five percent of his feeding volume by mouth, which was somewhat of a medical mystery. Oral aversion was ruled out, reflux wasn't the cause and feeding therapy created little progress. Then Pankaj Nagaraj, MD received a video from Lydia showing a small spasm that caught his attention.

When Dr. Nagaraj looked at the video one evening, he saw Elijah twitching his head and neck to the left. A call to Lydia came first thing the next morning, and the next call was to Dr. Andrew Peterson, a pediatric neurologist at St. Luke's Hospital in Cedar Rapids, for an MRI and EEG to get a closer look at Elijah's brain.

It ended up being hypsarrhythmia and infantile spasms, which went undetected by other providers overseeing Elijah's care and may have continued for months if not for Dr. Nagaraj's sharp attention to the short video clip.

What came next was a steroid called ACTH as part of an evidence-based treatment plan to control symptoms and finally enable Elijah to work on improving his feeding skills. Early detection and treatment is critical for providing the best long-term outcome.

"This is a story that came from nothing and became life-changing," Dr. Nagaraj said. "Through a random video, we picked up on what it was."

A month later at almost nine months old, Elijah removed the feeding tube that he needed to get necessary nutrients for the past seven months. He now eats all of his meals by mouth and spends the rest of his time as a happy baby coming up on his first birthday. That was the goal all along for Elijah as well as the rest of his family, who can now look back on many tough times and tough conversations knowing the team at UnityPoint Health helped them through all of it.

Save the date!

A benefit of music and craft beers to support the patients and the families of UnityPoint Hospice.



Hops for Hospice

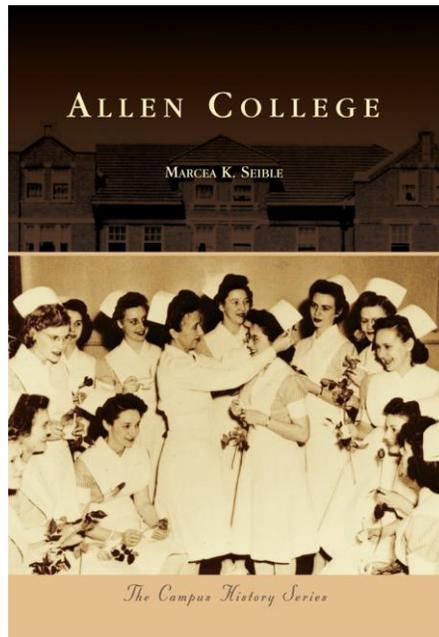


October 20, 2017 | 5:30 pm

Winter Hall, Allen College, Waterloo

History of Allen College Book Available

Allen College, written by local author Marcea K. Seible, tells the story of nursing education at Allen from its days as the Training School for Nurses, to the Allen Memorial Hospital Lutheran School of Nursing, to the present-day Allen College. Using historical photographs provided by numerous alumni and faculty as well Allen Hospital and Allen College, the book showcases the rich history and prominent place the school has held in the community for over ninety years. You can purchase your very own copy of *Allen College* at the Allen Foundation inside UnityPoint Health – Allen Hospital or at Allen College for \$21.99. You can also contact Beth Sullivan at beth.sullivan@unitypoint.org or (319) 226-2016 to order a book to be shipped to you. All proceeds from the book are graciously being donated back for student scholarships.



Fall Plant Sale

Join us as the Allen College Alumni Association sponsors a fall plant sale Tuesday, Sept. 12 from 7 a.m. to 4 p.m. Mums, fall planters, succulents, bulbs and much more will be for sale in Meeting Rooms 1-3, inside Entrance 1 at Allen Hospital. Call 266-2016 for more information.

Notes from the Executive Director: Mike Lind



Over the past several years, at UnityPoint Health - Waterloo, we have kicked off our Employee Giving Campaign near the end of the summer.

We kick off this season of generosity at our employee Forums. The Forums are an opportunity for all employees to hear important news from our leaders.

The Forums are also a great chance for the Foundation to raise awareness among our peers and encourage giving back to the organization that we represent.

Included in our Employee Giving Campaign is an additional ask to support the Cedar Valley United Way. The United Way makes such an impact in our community and at Allen, we are ever so grateful for the support of our own programming.

The Foundation continues to work hard to build upon a culture of philanthropy at Allen Hospital, Allen College and at the many other entities that make up the UnityPoint Health – Waterloo region.

We are so fortunate to have employees who are not only compassionate in their work, but also generous in supporting our mission of providing the best of healthcare and healthcare education.

I hope you will find inspiration from the many Allen employees who give back with their own personal finances and take this into consideration as you think about your own giving this year.

Thank you for the continued support.

A handwritten signature in blue ink that reads "Mike Lind".
Mike Lind
Executive Director