



UnityPoint Health
St. Luke's Foundation



IMPACT REPORT

WINTER 2019

When you or a family member is ill or injured, like many in our community, you come to UnityPoint Health - St. Luke's because you know you will receive outstanding medical care.

Your past contributions helped make us the trusted health care provider we are today. You impact our caregivers touching the lives of thousands.

Your gift today offers immediate resources directed to our current needs. Our doctors, nurses, therapists - everyone who works here to serve you joins me in thanking you for your generous partnership and support.

We're asking you to please consider supporting St. Luke's and the health care needs of our community. You can specify your gift to a department or program or we can put it toward the area of greatest need. We have included a return form for your convenience.

St. Luke's is your community hospital. We exist to serve you and your loved ones - to provide hope, healing and recovery. Your donation is helping to make our community healthier. Right here. Right now.

Thank you so much for your help. Every gift matters.

In good health,

Susan Unger

Susan Unger, President
UnityPoint Health - St. Luke's Foundation



SAVING SECONDS SAVES LIVES

When a heart attack strikes, every second matters.

Thanks to donors like you, UnityPoint Health® - St. Luke's made a significant investment this year to ensure there are no wasted seconds if someone suffers a heart attack anywhere in the hospital.

New defibrillators were placed on the patient care floors throughout St. Luke's, thanks to donors like you. A total of 23 defibrillators were installed this summer.

"We currently have a defibrillator on every floor of the hospital to provide for quick response in the event a patient needs resuscitation," Alan Faith, Emergency Department manager, said.

The defibrillators include technology that serves as a back-up to emergency professionals by measuring the depth and rate of CPR compressions, and visual and audio prompts to coach

CPR. They also track EKG information, helping to save additional time for emergency personnel. Special pediatric equipment was also purchased to ensure the correct defibrillators are available no matter who is in need.

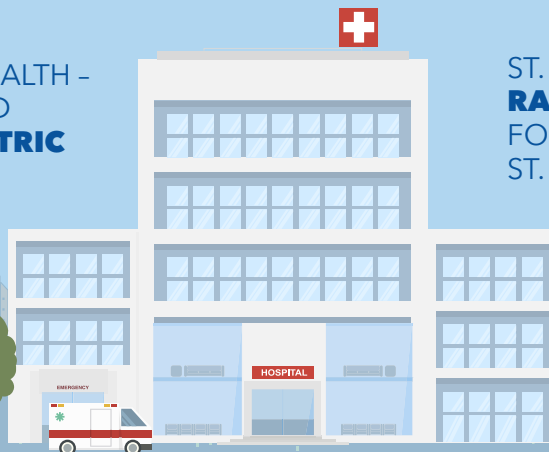


Besides the technological upgrade, there is an additional benefit to the standardization of all defibrillators. With all of the equipment the same, emergency personnel can respond as fast as possible, without having to orient themselves to a different AED process.

Once a patient has been stabilized, they can be moved to St. Luke's dedicated electrophysiology and cardiac catheterization labs, where our door-to-balloon times are faster than the national average. Once again, the time savings add up, and this means less heart muscle will be lost, and the patient's outcome will be better. Thank you for being a part of making this possible.

LAST YEAR AT ST. LUKE'S BY THE NUMBERS

UNITYPOINT HEALTH - SIOUX CITY HAD **24,553 PEDIATRIC VISITS**



ST. LUKE'S FOUNDATION **RAISED OVER \$227,500** FOR SCHOLARSHIPS FOR ST. LUKE'S COLLEGE



IN 2019, UNITYPOINT HEALTH - SIOUX CITY SPENT **\$5 MILLION ON CAPITAL UPGRADES**

KEEPING CHILDREN SAFE IN SIOUXLAND

In response to a community wellness need, UnityPoint Health - St. Luke's Emergency Department and Children's Miracle Network are once again expanding our joint Pediatric Injury Prevention Program. In the last 18 months, our Emergency Department has seen a disturbing trend in Siouxland. The number of babies dying from Sudden Infant Death Syndrome and accidental suffocation are on the rise. Many of the babies who passed away due to accidental suffocation were not placed in cribs. They were sleeping on couches, chairs, in adult beds or with adults.

Children's Miracle Network and St. Luke's Emergency Department created the Pediatric Injury Prevention Program three years ago to reduce the number of preventable injuries like head injuries from bike crashes, near-drownings and sledding accidents. This program is currently being expanded to include other preventative measures, including safe sleep practices, education and materials. St. Luke's is working with the Siouxland District Health Department and Woodbury County Sheriff's Department to promote safe sleep practices. As part of the enhanced efforts to combat accidental suffocation in babies, the Pediatric Injury Prevention Program now also provides Safe Sleep Kits free of charge.

"No family should have to suffer the loss of a baby because they cannot afford safe sleep practices or aren't aware of them," said Alyssa Sackett, Pediatric Emergency Education Specialist at St. Luke's. "So we are working to identify families who come through our Emergency



Department who may need a Safe Sleep Kit, and we are also partnering with area agencies to serve some of their clients as well."

Each Safe Sleep Kit costs \$88, and the Pediatric Injury Prevention Program is currently giving out, on average, one kit per day. Gracious donations from the Siouxland Community Foundation and Children's Miracle Network donors have made it possible to give these out and prevent injuries for our Siouxland children. The Safe Sleep Kits are designed to provide families with items that will help reduce the risk of unsafe sleeping deaths. They will equip parents and caregivers with everything they need to practice infant safe sleep including a Cribette, a Halo sleep sack, safe sleep instruction materials, a magnet with the ABC's of safe sleep, a Soothie pacifier and a safe sleep DVD. The kits come in both English and Spanish languages.



YES! I would like to support UnityPoint Health-St. Luke's by making a Year End Gift!

Thank you for your support! Your gift will help us to continue to improve the high-quality healthcare we offer to our patients.

Amount Enclosed: \$

- Please direct my gift to the Area of Greatest Need
- Please direct my gift to the Children's Miracle Network
- Please designate my gift to _____ department

In memory/honor of:

Donate Online at: <https://www.unitypoint.org/siouxcity/donate-1.aspx>
Please call (712) 279-3900 if you have any questions.

Name:

Address:

City: State: Zip:

Phone Number:

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Credit Card #:

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