

# Total Joint Class Schedule 2018

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**Monday January 8, 2018**

**Monday January 22, 2018**

**Monday February 5, 2018**

**Monday February 19, 2018**

**Monday March 5, 2018**

**Monday March 19, 2018**

**Monday April 2, 2018**

**Monday April 16, 2018**

**Monday April 30, 2018**

**Monday May 14, 2018**

**Friday May 25, 2018**

**Monday June 11, 2018**

**Monday June 25, 2018**

**Monday July 9, 2018**

**Monday July 23, 2018**

**Monday August 6, 2018**

**Monday August 20, 2018**

**Friday August 31, 2018**

**Monday September 17, 2018**

**Monday October 1, 2018**

**Monday October 15, 2018**

**Monday October 29, 2018**

**Monday November 12, 2018**

**Monday November 26, 2018**

**Monday December 10, 2018**

**Monday December 21, 2018**

**Please come to the main hospital entrance at 2720 Stone Park Blvd, Sioux City, IA 51104**

**Valet Parking is available to you at the front entrance.**

**Each class will start at 9:30am and will be approximately 1 hour long. The class will include helpful information about your upcoming surgery as well as exercises you'll be doing after the procedure.**

**If you have questions please call 712-279-7025.**