

Total Joint Class Schedule 2017

Monday October 2, 2017

Monday October 16, 2017

Monday October 30, 2017

Monday November 13, 2017

Monday November 27, 2017

Monday December 11, 2017

Monday December 25, 2017 – No Class

Please come to the main hospital entrance at 2720 Stone Park Blvd, Sioux City, IA 51104

Valet Parking is available to you at the front entrance.

Each class will start at 9:30am and will be approximately 1 hour long. The class will include helpful information about your upcoming surgery as well as exercises you'll be doing after the procedure.

If you have questions please call 712-279-7025.