



Presents

An Overview on the Assessment and Management of Eating Disorders

Thursday, February 24th, 2022

12:00pm - 1:00pm

Presentation will be held Online via Zoom

In person viewing to take place at Genesis Family Medical Center

1345 West Central Park Avenue Davenport, IA 52804

DESCRIPTION: In this presentation, you will hear a description of the most common eating disorders (anorexia nervosa, bulimia nervosa, binge eating disorder, avoidant restrictive food intake disorder), signs and symptoms associated with these eating disorders that will help the provider recognize and diagnose these disorders, know basic questions to cover when taking a history and physical and basic laboratory tests and abnormalities associated with these disorders, and learn some basic talking points when approaching a patient with an eating disorder and beginning to make treatment recommendations.

AUDIENCE: Physicians, Psychiatrists, ARNPs, Nurses, CNs, APNs, PAs, Social Workers, PT/PTA, OT/COTA, and Respiratory Therapists

OBJECTIVES:

1. Identify the DSM 5 diagnostic criteria for different eating disorders and confidently be able to make a diagnosis.
2. List basic questions to cover when taking a history and physical and basic laboratory tests and abnormalities associated with these disorders
3. Discuss how to approach a patient with an eating disorder and engage them into treatment.



SPEAKER: Dr. Tom Scales, Physician & Psychiatrist

Dr. Tom Scales provides both psychiatric and medical care to clients at Selah House. He is a diplomat in the American Board of Internal Medicine, American Board of Psychiatry and Neurology, and in Addiction Medicine through the American Board of Preventive Medicine.

Dr. Scales completed his undergraduate training at Wheaton College in Wheaton, IL, followed by medical school at the University of Tennessee, Memphis. He completed his residency training in a combined Internal Medicine Psychiatry program at Rush Presbyterian St. Luke's Medical Center in Chicago.

REGISTRATION

RSVP via our Eventbrite page: <https://www.eventbrite.com/e/an-overview-on-the-assessment-and-management-of-eating-disorders-tickets-231757411657>. Link to event will be sent upon registration. This event is FREE for all who attend. Questions? Email Stephanie Burrough at stephanie.burrough@unitypoint.org or call (563) 742-2455.



CME: This activity has been planned and implemented in accordance with the Essentials and Standards of the Iowa Medical Society through the joint sponsorship of Genesis Medical Center and Amy's Gift. Genesis Medical Center is accredited by the Iowa Medical Society to sponsor continuing medical education for physicians.

Genesis Medical Center designates this Live activity for a maximum of 1.0 *AMA PRA Category 1 Credits™*. Physicians should claim only credit commensurate with the extent of their participation in the activity.

CE:

IA Nursing: 1.0 contact hour will be awarded by Iowa Board of Nursing Provider #59, Genesis Medical Center, Davenport, Iowa.

IL Nursing: May use the IA CE certificate for license renewal.

IL PT/PTA, OT/COTA& Resp Therapy: 1.2 contact hours by Genesis Medical Center - Silvis Campus, Silvis, IL.

All Others: May be eligible for 1.2 contact hours of continuing education. Consult your governing rules to determine if appropriate subject matter criteria will apply to credit hours.

IL SW: 1.0 Continuing education hours from Black Hawk College. Bring a check made out to "Black Hawk College" for \$15.