

Acute Nausea & Vomiting



Legend	
	EMR
	EMT
	Intermediate
	Paramedic
	Medical Control

	<ol style="list-style-type: none"> Place patient in a position of comfort – upright or lateral recumbent as tolerated. Monitor airway status – vomiting patients may aspirate. Reposition patient as necessary to maintain a patent airway. Reassess patient and reassure patient and family. Oxygen: Titrate SpO2 to 94-99% Note: Oxygen by mask may trap secretions and compromise airway if patient actively vomiting – monitor closely. Perform blood glucose level test. Oral Glucose: 15g PO if the patient’s blood sugar is <60 mg/dL, or if <80 mg/dL and symptomatic. Patient must be alert to verbal stimuli, able to sit in upright position, have good airway control and intact gag reflex. Check and record vital signs every 5 minutes, if serious, 15 minutes if minor to moderate, until the transporting unit arrives. 	
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	<ol style="list-style-type: none"> Continue EMR care. Apply cardiac monitor and obtain 12-lead EKG, if indicated by chief complaint, and transmit to receiving facility (if equipped). It is beyond the scope of the EMT to monitor or interpret 12-leads or cardiac rhythms. Perform blood glucose level test. Oral Glucose 15g if the patient’s blood sugar is <60 mg/dL, or if <80 mg/dL and symptomatic. Patient must be alert to verbal stimuli, able to sit in upright position, have good airway control and intact gag reflex. Re-evaluate blood glucose level after 5 minutes. If blood sugar remains <60 mg/dL, administer a 2nd dose of Oral Glucose 15g Glucagon 1mg IM if patient is unresponsive and/or has questionable airway control or absent gag reflex. Initiate ALS intercept for further medications, if indicated. Contact receiving hospital as soon as possible (need time to prepare) or Medical Control if necessary. 	
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 	<ol style="list-style-type: none"> Continue EMT care. Initiate IV NS solution 1-2L fluid bolus to achieve a systolic BP greater than 100 mmHg. Perform blood glucose level test. Dextrose 10% 5mL/kg (whole 250mL bag for any patient over 50kg) IV if blood sugar is <60 mg/dL, or <80 mg/dL and symptomatic. Glucagon 1mg IM if unable to establish IV. Zofran 4mg IV/IM/ODT over 2 minutes for nausea and/or emesis. May repeat in 10 minutes. Consider ALS intercept should the situation warrant additional medication. Contact receiving hospital as soon as possible or Medical Control if necessary. 	 
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