

UNITYPOINT HEALTH

Wellness Services



Just TRI Exercise Incentive Program

Do you have it in you to complete a triathlon?

Just **TRI** it!

When:

June 3 - July 28

Registration:

unitypoint.org/justri

Cost:

\$15 employee | \$20 non employee

What does it include?

Free passes to use the Wellness Center

OR a free T-shirt



Swim - 2.4 miles, Bike 112 miles, Run/Walk 26.2 miles

Submit log every 2 weeks to nathaniel.johnson2@unitypoint.org

PLEASE CALL (309)672-5904 FOR MORE INFORMATION.

