The American Association of Suicidology reports that there is one attempted suicide every 31 seconds and that one person completes suicide every 12.8 minutes (41,149 U.S. annually). Suicide is the 10th leading cause of death in the U.S. and the second leading cause for young people ages 15 – 24 years old. Estimates suggest that for each death by suicide 115 people are exposed (4.5 million/nationally) and of those survivors 22% experience a major life disruption.

Responding as Community Leaders in Health Care, Congregations, and Schools

WHERE: Bolz Auditorium, UnityPoint Health – Meriter
WHEN: Wednesday, May 11, 2016, 9 a.m. – 12 p.m.
WHO: Meghan Henderson, LCSW, Clinical Specialist Adult Psychiatry UPH-Meriter
       Nancy Pierce, MA, LCSW, Advanced Clinical Practitioner Emergency Services
       Journey Mental Health Center & Clinical Coordinator of Survivors of Suicide (SOS)

Panel of Responders:
- Marsha Baldwridge, parent affected family member, Co-Facilitator GriefShare, Care Partner Ministry.
- Dr. Michele Brogunier, advocate for affected individuals and families, member of Madison Monthly (Friends) Meeting.
- Rabbi Bonnie Margulis, President, Wisconsin Faith Voices for Justice, Reform Judaism.
- Rev Jody Whelden, Retired BCC, M.Div., M.Ed. Counseling, sister survivor, Unitarian Universalist

This event will sensitize and challenge us as health care providers and community leaders to move beyond accepting what we know about suicide risk, its prevention and its impact through postvention. This event will also challenge us to see those who are at risk and to collaborate together toward “whole persons in whole communities.” Two professionals in the field and a panel of responders will offer their experience and perspectives on suicide and its impact. Each panelist will provide personal perspectives as suicide survivors or respond from the perspective of their religious/faith tradition and pastoral experience.

This event is free and open to the public, but is especially directed toward health care and community leaders who work in health care, congregations, schools, and with those at risk or affected by suicide. CEU’s will be offered through NASW for Social Workers and continuing contact hours of education will be available at the end of the session for those who complete evaluation. Event sponsored by the UnityPoint Health – Meriter Association of Spiritual Caregivers in conjunction with the UnityPoint Health – Meriter Spiritual Care Services.

Learning Objectives: At the conclusion of this program, participants will...
1) Describe the Etiology/Risk of Suicide, Suicide Assessment and Interventions.
2) Summarize suicide risk/prevention for populations served.
3) Explain “postvention” as a form of suicide prevention.
4) Increase knowledge of and acquire prevention/postvention resources.
5) Articulate various religious/faith perspectives regarding suicide.
6) Describe a plan for compassionate care for survivors/families and those impacted.
Event Schedule

9:00 – 9:05  Welcome
9:05 – 9:55  Meghan Henderson, LCSW   Etiology, Assessment, Intervention
9:55 – 10:00  In Place Break
10:00 – 10:50  Nancy Pierce, MA, LCSW      Postvention as Prevention
10:50 – 11:00  Break - Refreshments
11:00 – 11:50  Panel Responders                 Personal and Faith Perspectives
11:50 – 12:00  Wrap Up

Meghan Henderson, LCSW, will be presenting aspects of her education and experience in suicide prevention, evidenced based suicide assessment and prevention tools, and collaborative safety planning for those at risk. Meghan is a Clinical Specialist for Adult Psychiatry at UnityPoint Health – Meriter. She provides ongoing education and clinical supervision for all staff on the Adult Psychiatry Unit. Meghan has been working within the specialty of suicidology for the past 6 years. She has been trained in three evidenced-based, suicide specific treatment modalities including: The Collaborative Assessment and Management of Suicidality (CAMS), Dialectical Behavior Therapy (DBT), and Cognitive Behavioral Therapy for Suicide (CBT-S). Meghan is part of the Zero Suicide Initiative at UnityPoint - Meriter Hospital. The foundational belief of Zero Suicide is that suicide deaths for individuals under care within health and behavioral health systems are preventable. Zero Suicide is a commitment to suicide prevention in health and behavioral health care systems and is also a specific set of strategies and tools. In her position, Meghan has been responsible for training staff hospital wide on new evidenced based suicide assessment tools as well as prevention tools such as collaborative safety planning.

Nancy Pierce, MA, LCSW, will be presenting about “postvention” as an important consideration for those impacted following a completed suicide. Postvention, according to Nancy, is an often overlooked, but critical form of prevention intended to mitigate the immediate and long term impact of suicide. Nancy is an Advanced Clinical Practitioner in Emergency Services Unit at Journey Mental Health Center and serves as the Clinical Coordinator of Survivors of Suicide/SOS. She provides postvention services of support, information and direction to families and others affected by suicide death. Nancy believes postvention is prevention when it comes to identifying and managing suicide risk and resulting or worsening mental illnesses and/or substance abuse for survivors after a suicide death.

Street parking (preferred) is available and in the Meriter Hospital parking ramp level 5 and above. Ramp tickets will be validated at the program sign in desk.

No registration or fee is required. No fee for NASW CEUs.
For more information or questions please contact: Jeff Billerbeck at 608-417-6688.

Please join with us as we prepare for the June 7 – 8, 2016
ZERO SUICIDE CONFERENCE, MADISON, WI
Featuring Dr. C. Edward Coffey, CEO, From the Menninger Clinic

For more information go to: www.safercommunity.net

Sponsored by Safe Communities, UnityPoint Health-Meriter, Dane County Human Services, The Charles E. Kubly Foundation, and additional funding by Meriter Foundation, Journey Mental Health Center and the medical staff of UnityPoint/Meriter Hospital. CMEs, CEs, CEUs will be offered for physicians, social workers, psychologists and registered nurses.