

Resources for Spiritual Care

Spiritual Care and Healing

Meriter is committed to helping you in your healing. Your spirituality and faith resources complement the medical care you are receiving here. A way to enhance one's healing and coping with health and life changes is to engage one's spiritual practices and faith resources. Meriter chaplains are here to listen and to help.

Our Chaplains:

- ... within Meriter are available to you 24 hours a day to talk with or assist you with your spiritual and religious needs.
- ... come from many faith and spiritual traditions. They are trained to be respectful of your experiences with religion and spirituality, and cultural / ethnic background.
- ... are integrated members of your health care team.
- ... include men and women who are ordained clergy, religious and laypersons. They are faith community leaders and chaplains in Meriter's Clinical Pastoral Education program.
- ... work with interpreters at Meriter to help you continue your faith and spiritual practices while at Meriter.

Why visit with a Chaplain?

Here are a few of the reasons you might consider having a conversation with one of our chaplains.

- To listen
- To visit and explore meanings surrounding changes in your health and life style
- To pray or learn ways to meditate or relax
- To help cope with strong feelings such as anger, fear and sadness
- To support family and friends during your hospitalization
- To assist in contacting your faith community or clergy
- To encourage healing in spiritual areas such as loss and change, forgiveness, end of life and hope
- To offer scriptures, devotional literature or other healing resources
- To offer holy communion, anointing and other healing rituals
- To visit before surgery or other medical procedures
- To support and facilitate end of life conversations between patients and families

Contacting a Chaplain

If you would like to visit with one of our chaplain, please ask your nurse to contact one for you, or ... you may call Pastoral Services at **Extension 76480** on your bedside phone and request a chaplain visit.