

MERITER IRB #: 2017-003

RESEARCH PROTOCOL TITLE: Remote Patient Monitoring: Telehealth for management of postpartum hypertension

PRINCIPAL INVESTIGATOR: Kara Hoppe, DO

STUDY PURPOSE

The purpose of this study is to see if recording blood pressure and weight measurements daily on a mobile device can improve patient satisfaction and the quality of care provided to women with high blood pressure during pregnancy.

RESEARCH PROCEDURES

Subjects will record their blood pressure and weight measurements daily using a provided device. Subjects will also participate in a home health televisit 48 hours and 7 days after discharge. Subjects will also complete a survey.

ELIGIBILITY CRITERIA FOR SUBJECTS

1. Women who have an elevation in blood pressure (systolic blood pressure of >140 or diastolic blood pressure of >90) during the admission, labor or post-delivery period.
2. Must speak and read English
3. Over 18 years of age

COMPENSATION/REIMBURSEMENT

Subjects will receive an 18 pack of diapers upon enrollment and a gift card at study completion.

RESEARCH LOCATION AND CONTACT PERSON

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