

Bereavement Services Support Options

Grief can be overwhelming; we're here to help.

As you navigate the life-changing loss of your loved one, we offer the following options for support:

Grieving the Loss of a Spouse/Partner

Women's Group Discussion

First Monday of the month
10:00 am
Iowa Lutheran Hospital
Conference Rooms 1 - Level 1

Men's Group Discussion

First Monday of the month
10:00 am
Iowa Methodist Medical Center
Bierring Dining Room - Level B

Social Coed Luncheon

Third Monday of the month
11:30 am
Iowa Lutheran Hospital
Private Dining Room (PDR)
Cafeteria – Level B

Grieving the Loss of a Parent

First Tuesday of the month
6:30 pm

Dinner in a private dining space
at designated restaurant.

*Contact Anne or Heidi for next
location and more information*

Knitted Together: Crafting through Grief

Fourth Friday of the month
2:30 pm
Clive Public Library
1900 NW 114th St

Learn to knit or crochet or bring a
favorite craft.

All skill levels welcome.

L.I.G.H.T.

Listen, Inspire, Grow & Hope Together

Loss of a Child Group for Parent Caregivers

Third Thursday of the Month
11:30 am
Iowa Methodist Medical Center, Kelly Dining Room - Level B
Feel free to bring a lunch or purchase food in the cafeteria

If you have any questions or wish to speak to someone, contact one of our bereavement coordinators. All support is free of charge and open to the entire community.

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