



UnityPoint at Home

Second Annual Therapy Conference

18-007

Date: Saturday & Sunday, April 14 & 15, 2018
Location: Thompson Auditorium, UnityPoint Health-Des Moines (formerly Iowa Methodist Medical Center)
Address: 1200 Pleasant St., Des Moines, IA

Purpose

Valuable information, updates, and evidence-based practice related to therapy will be shared to provide the best outcome for every patient every time. Participants will have the opportunity to:

- Collaborate across departments, facilities, and regions.
- Commit to the best outcomes and highest quality.
- Create partnerships that improve care delivery in our communities.

Target Audience PT, OT, SLP, COTA, PTA, and nurses - working directly with high-risk patients in a variety of settings

Sponsor UnityPoint at Home

Agenda, Day 1, April 14

9:00- 9:15-	Welcome	Mag VanOosten VP, Chief Clinical Officer, UnityPoint at Home
9:15-10:45	Large Group	Transition of Care Panel- PJ Walker-Wilson MPT, Clinical Supervisor, UnityPoint at Home-Urbandale-moderator Laura Smith BSN RN, Care Transition Specialist, UnityPoint Health, Des Moines Cindi Pierotti PT, Manager Inpatient Therapy Services-DM Barbara Davis PT, DPT, Outpatient Therapy Services-DM Susanne Uhl OT, UnityPoint at Home
10:45-11:00	Break	
11:00-12:00	Breakouts: Choose one	
	#1 Kinesio Taping-shoulder	Kristen Grunewald OT & Russ Byrne MPT, Clinical Manager, UnityPoint at Home-Quad Cities
	#2 Vestibular-	Mike Haidsiak PT OCS, Outpatient Rehabilitation, UnityPoint Health-East Moline Place Trinity
	#3 Continuing the conversation...	Transition of Care Panel-please see above
12:00-12:30	Lunch	

Agenda, Day 1, April 14 continued

12:30-1:30	Breakouts: Choose one	
	#1 Low vision	Jenny L. Shepard OT, UnityPoint at Home-Urbandale
	#2 W/C fitting-adjustment	James Pazour OT, UnityPoint St. Luke's-Cedar Rapids
	#3 Depression/Mental Illness	Faye Petersen MSW, Patient and Family Services Specialist, UnityPoint at Home-Urbandale
1:30-1:40	Break	
1:40-2:40	Breakouts: Choose one	
	#1 Falls assessment/matter of balance (Polk Co.) treatment-exercise/balance/	Margaret DeSio MS, Aging Resources-Des Moines
	#2 Dysphagia mgmt... goal planning	Becky Cermak SLP and Rachel Tarbell M.S, CCC-SLP, UnityPoint at Home, Urbandale, IA
	#3 Depression/Mental Illness	Faye Petersen MSW, Patient and Family Services Specialist, UnityPoint at Home-Urbandale, IA
2:40-2:50	Break	
2:50-4:20	Large Group: Motivational Interviewing	Jonathan Baudler BSN, RN, CCP Health Coach, Ambulatory Clinical Educator, UnityPoint at Home-Urbandale, IA
4:20-4:50	Large Group: It Takes a Village	Community Resources Fair-state wide Joe Ulloa OTR/L, Director of Clinical Operations, Moline Trinity Quad Cities Home Care Russ Byrne MPT, Clinical Manager, UnityPoint at Home-Quad Cities PJ Walker-Wilson MPT, Clinical Supervisor, UnityPoint at Home-Urbandale
4:50-5:00	Wrap up, Take Away	
Day 2	Sunday April 15	
7:30-8:00	Breakfast & Overview	
8:00-9:00	Breakouts: Choose one	
	#1 Kinesio Taping-lower extremities/lumbar spine	Ashley Steffens PT, DPT, Clinical Supervisor-Therapy, UnityPoint at Home-Moline, IL
	#2 Vestibular	Mike Haidsiak PT OCS, Outpatient Rehabilitation, UnityPoint Health-East Moline Place Trinity
	#3 Ethics Part 1	Joe Ulloa OTR/L, Director of Clinical Operations, Moline Trinity Quad Cities Home Care
9:00-9:10	Break	
9:10-10:10	Breakouts: Choose one	
	#1 Ethics Part 2	Joe Ulloa OTR/L, Director of Clinical Operations, Moline Trinity Quad Cities Home Care
	#2 Diabetes 101- blood sugars/exercise/ketoacidosis How diabetes effect therapy outcomes	Dr. Andrew Nish M.D., Interventional Radiologist-Iowa Radiology, P.C.
10:10-10:20	Break	
10:20-11:20	Large Group: Putting the pieces together.	Joe Ulloa OTR/L, Director of Clinical Operations, Moline Trinity Quad Cities Home Care Russ Byrne MPT, Clinical Manager, UnityPoint at Home-Quad Cities PJ Walker-Wilson MPT, Clinical Supervisor, UnityPoint at Home-Urbandale
11:20-11:30	Wrap up, Take Away	

Learning Outcomes

After this conference, participants will be able to:

- Discuss each other's roles and perspectives in transitions of care
- Analyze contributing factors influencing successful transitions
- Identify simple actions to increase efficiencies and enhance patient experience between levels of care.
- Implement principles of motivational communication with therapy goals/brief action planning.
- Connect Motivational Interviewing skills and teach back for the non-adherent patient
- Develop familiarity of the resources to support patients and caregivers in the community

Continuing Education Credit

9.7 contact hours will be offered by Iowa Board of Nursing Approved Provider #308, UnityPoint at Home, for attending both days, or individually 6.7 hours for Saturday and 3 hours for Sunday. No partial credit will be offered for either day. It is recommended by the Bureau of Professional licensure that you maintain certificates of completion that include the program or course title, date(s), contact hours, sponsor and licensee's name for 4 years. It is the licensee's responsibility to determine if the continuing education programs they attend meet the requirements of their professional licensure board.

Registration Sites Register by April 4th, 2018.

UPH employees register [here](#)

Non-UPH attendees register [here](#)

Conference Attendance Fees

UPH Employees: Free, must still register.

Non-UPH: Day 1 - \$150.00

Non-UPH: Day 2 - \$75.00

Non-UPH: Both Days - \$200.00

***Students: Both Days-\$75.00

Lodging

Please note there is a special rate of \$111 per room available through the ***Holiday Inn Downtown at Mercy Campus*** until 3/31/17. Please mention this deal when reserving your room at 515-283-0151 or reserve online by clicking [here](#).

Cancellations/Questions

Please contact Denise Brummond at denise.brummond@unitypoint.org by 4/04/18 to cancel your registration without a fee or with any questions about the conference.

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