



Protect Yourself & Others!



UNIVERSAL MASKING

- Wear cloth mask or face covering in common areas of the facility or if physical distancing is difficult to maintain.
- Make sure the mask covers your mouth and nose.
- Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.



PRACTICE PHYSICAL DISTANCING

Make sure you are sitting or standing at least 6 feet away from the person next to you.



CLEAN YOUR HANDS

Every time you cough, sneeze or use a tissue and routinely throughout your visit.

- Use soap and water for 20 seconds.
- Or use alcohol-based hand sanitizer, covering all surfaces of your hands and rub together until they feel dry.
- Dispensers of alcohol-based hand sanitizer are located throughout the facility.



COVER YOUR COUGH

- Use a tissue or your sleeve to cover your mouth and nose when coughing or sneezing (and dispose of the tissue right away).
- If you don't have a tissue, sneeze or cough into your upper sleeve instead of your hands.

