

No valuables please!

Robe and slippers

Toiletries

Money order or check for birth registration and certificate

Car Seat for baby

Blankets to cover baby in car seat

Going home clothes for mom and baby

Bras - Nursing bras for nursing mothers – Sport bra for non-nursing mothers

Breast Pump for nursing mothers

Guide to Breastfeeding (Given out in Breastfeeding Class)

A few dollars for daily newspaper, gift cart, etc.

Nightgowns, loungewear (optional)

Camera (optional)

Baby book for footprints (optional)

Credit card or check for infant photos (optional)

“GOODY BAG”

Chapstick or lip moisturizer

Snack for coach or a few dollars for vending machines/cafeteria

Warm socks or footies – colored if possible

Music of choice – CD players available

Focal point (optional)

***\*Pack 2 weeks early\****