



NEWS FOR *Nurses*

IOWA METHODIST SCHOOL OF NURSING ALUMNI PUBLICATION

SUMMER 2021 ISSUE



Becky McKay, '83
President

515-707-6178 (leave a voicemail)
40weeks@pobox.com

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Class of 1971: A Call to Action
Board of Directors for the 2021 Year

From the President ...

Hello and happy June to all my IMSN sisters and brothers!

For as long as I can remember, the IMSN News for Nurses publication has been the main avenue for communicating with our Alumni Association. The newsletter has been produced three times each year and allows us to share and report topics of interest as well as scheduled events for the Association.

Because of ever increasing costs and our budgetary limitations, the Board has decided we must make some changes to how we produce and provide access to the News for Nurses publication. Our goal is to continue to provide the News for Nurses publication, but in a more cost effective way in order to meet our operating budget needs.

Currently, our Alumni numbers about 2,250 members. At this time, we have about 700 of those members receiving their newsletters electronically. **We thank those who have switched to receive their newsletters electronically.** There remains about 1,500 alumni that continue to receive paper copies through the US mail. The cost of the newsletter, to produce and mail

is \$1.12 each, or \$1,680.00 per issue. With three issues per year, we continue to spend approximately \$5,040.00 each year.

The newsletter changes being made will be two-fold. First, we will decrease our News for Nurses issues from three (3) issues to two (2) issues per year. The Newsletter will be issued in April and December each year. Second, beginning with the spring issue of 2022, all newsletters will be produced and sent **electronically only**. The electronic versions can be emailed to your email address, or they will also be available on the IMSN Facebook Page. Additionally, the newsletters will be posted in a special category space of the OUR UNITY POINT website: (<https://www.unitypoint.org/DesMoines/school-of-nursing-alumni-association.aspx>).

If you want to receive your newsletter through your email address, you **must** provide your email address to us. Please contact me — Becky McKay (40weeks@pobox.com) or Linda Carter (carterlk53@hotmail.com) to do so.

Alumni members who do not have access to a computer and wish to

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Memorial Gifts

MARY KING THOMPSON

Class of 1950

Given by Trudy Hysell
Gurnsey (1968)

RAMONA MCCLAFIN PORTER

Class of 1954

Given by Lynn Skaggs
Engender (1954)

DONNA SHANK FURLONG

Class of 1955

Given by Marabel Cain
Kersey (1955)

VICKIE CHANDLER ANDERSON

Class of 1966

Given by Karen Miller
Kokjohn (1966)

DONNA BECKER OWEN

Class of 1974

Given by Patrice Krueger
Webber (1974)

In Memoriam

MARJORIE NEFF WINKLER

(1940), August 12, 2012

FRANCES PRENTICE

LEMASTER (1941),
December 31, 2020

RUTH TRABERT DILTS (1942),

March 16, 2021

CORRINE KAISER GUNDERSON (1942),

January 10, 2021

LUCILLE HENDERSON KAHL

(1943), 1996

ELIZABETH ALBERG WYNN

(1944), January 4, 2019

ELEANOR BAMFORD

MEIHSNER (1944),
July 22, 2012

GOLDIE LOVEJOY WRIGHT

(1944), November 3, 2015

WILMA MARTZ GRAY (1945),

February 5, 2016

HELEN CARLSON

MCCONAUGHY (1946),
September 7, 2013

ALICE LESLIE ZELLER (1948),
April 4, 2021

MARJORIE SNYDER MATHER

(1949), October 7, 2020

IDAH SMITH BUCKNER

(1951), September 29, 2020

JOANNE HENNING

MACLEAN (1951),
November 8, 2020

VICKI CHANDLER

ANDERSON (1966),
January 19, 2021

ROBERTA THIESEN SIMMONS

(1969), May 4, 2021

PAUL BERRY (1974),

March 22, 2021

JENNIFER MACKEY SCHOLL

(1966), April 27, 2021

Donations are tax deductible!
Send a check or money order to:
IMSN Alumni Association
C/O Chris Parker
9589 NE 28th Court
Ankeny, Iowa 50021

Thank You! IMSN Nurses Are the Best!

DONATIONS GRANTED BY:

Helen Christensen Chamberlain (1947)
Marquita Buxton Edwards (1954)
Brenda Foust Mahannah (1960)
Ruth Freeken Boyer (1962)
Jo Ann Boden Harman (1962)

Linda Miller Johnson (1963)
Susan Hane Shriver (1966)
Beverly Lupkes (1968)
Barbara Buechler Foswick (1970)
Cynthia Whipple Woline (1970)
Jacquelyn Godlove Morris (1974)

GREETINGS FROM DENISE



Denise Cundy

Greetings Alumni!

Signs of Spring are everywhere – and with Spring comes the anticipation of new beginnings. As we reflect on the last year, it seems as though we are ready for a new beginning! Concentrating mainly on all things COVID-19 for the last year, it is now time to get back to a focus on continual improvement in the quality of nursing care that is provided, as well as the enhancement of professional nursing practice.

One way we are doing that is a phased in approach to the integration of an Evidence-Based Practice (EBP) Model into nursing operations. In March we hosted a day-long seminar for nurse managers and Clinical Education Specialists called “Ignite the Spark”. Dr. Kirsten Hanrahan and Cassie Fowler, MSN, from the University of Iowa College of Nursing worked with nursing

leaders on the incorporation of an Evidence-Based Practice Model into everyday practice. The goal of this work is that all nurses will be familiar with the model and will utilize it in their practice.

An example of a current EBP project in our organization is our new Fall Prevention program, led by Karla Hall, MSN, RN, Clinical Education Specialist and Daina Fleming, MSN, RN, Clinical Nurse Specialist. The purpose of the project is to reduce fall rates by incorporating the use of a patient engagement tool, called the Falls TIPS Poster. The Falls Tips Poster communicates the reason that the patient is at risk to fall and what interventions should be used to prevent them from falling. The tool is used to engage patients, families, and all team members in using preventative measures specific to the patient to keep them from falling. The project was implemented at UnityPoint Health – Des Moines in late 2020 as part of a broader Fall Prevention Program. Karla and Daina won an award for their poster about this project titled Engaging Patients and Health Care Staff to Prevent Falls at the 2021 University of Iowa National Evidence Based Practice Conference.

Until next time, please stay safe!

Sincerely,

Denise Cundy, BSN, MS, RN, NE-BC
Chief Nurse Executive



Stay tuned to the [IMSN Facebook page](#) for Future opportunities to purchase sweatshirts and T-shirts with the [IMSN School of Nursing logo](#).

2021 Reunion Weekend Schedule: October 8 & 9, 2021

Please join other IMSN alumni during our reunion weekend activities.

FRIDAY, OCTOBER 8, 2021

12 Noon Potluck Luncheon to be held in the Kelley Conference Room, Research and Education Center, Ground Level. (See directions for parking below.) Sponsored by the UnityPoint Health – Des Moines Foundation. Members of the 50-year class do not need to bring a potluck item.

SATURDAY, OCTOBER 9, 2021

9 a.m. Continental Breakfast & Medical Center Update sponsored by the UnityPoint Health – Des Moines Foundation and hosted by Caleb Hegna, IMSN Liaison. Spouses are welcome. (RSVP on reservation form required.)

Event to be held in the Kelley Conference Room. (Enter hospital parking ramp from Pleasant Street; drive straight ahead and park in the south side of the parking ramp. Take the south elevator down to ground level.)

Medical Center Tour to follow (Dorner-Villeneuve Simulation Education Center; Pediatric Therapy Department; Emergency Department/LifeFlight). Please indicate interest on reservation form.

12 Noon 50-Year Class Luncheon (Members of class of 1971 only.) Sponsored by the Medical Center Administration and hosted by Nursing Leadership.

Event to be held in Classroom No. 3.

6 p.m. Homecoming Banquet Reception

6:30 p.m. Dinner

Class of 1971 — Reservations for class members are complimentary. Cost for all others is \$35/person. Spouses are welcome. (RSVP on reservation form.)

Kelley Conference Room, Research and Education Center, Ground Level.

Professional Photographer: The Class of 1971 is scheduled to be photographed at 6:15 p.m. The photographs will be ready for you to take home at the end of the evening's festivities. If you would like a group picture taken, please talk to the photographer at the banquet to make arrangements.

HOTEL RESERVATIONS

Rooms: A block of rooms has been reserved at the Des Moines Downtown Hilton, located at 435 Park Street. Ask for the IMS/IMSN Reunion rooms. Reservations must be made no later than July 7, 2021. Book Online: Hilton Des Moines Downtown (https://www.hilton.com/en/hi/groups/personalized/D/DSMDIHH-IMSN-20211007/index.jhtml?WT.mc_id=POG)

Rates: \$129/night for a king bed or 2 queens

Parking: On-site parking available. Self parking is \$18/day and valet parking is available.

Shuttles: Transportation to the Research and Education Center is available from the hotel and back, and is provided at no additional cost. However, the shuttle should be scheduled on the day of travel.

Directions to Downtown Hilton:

From the south: Follow I-35 north to I-235 east. Follow I-235 east to exit 8A Downtown Des Moines/Iowa Event Center. Take a right onto 5th Avenue, the hotel will be on the left.

From the north: Follow I-35 south; continue on I-235 to exit 8A Downtown Des Moines/Iowa Event Center. Take a left onto 5th Avenue. The hotel will be on the left.

RSVP FORM

I will attend the following events during the reunion weekend:
PLEASE CHECK:

- | | # Attending |
|---|-------------|
| <input type="checkbox"/> Oct. 8 Noon Potluck Luncheon in the Kelley Conference Room | _____ |
| <input type="checkbox"/> Oct. 9 9 a.m. Continental Breakfast & Medical Center Update | _____ |
| <input type="checkbox"/> Oct. 9 Medical Center Tour, following Breakfast | _____ |
| <input type="checkbox"/> Oct. 9 6 p.m. Homecoming Banquet
Kelley Conference Room, Research and Education Center,
Ground Level.
Members of the Class of 1971 are complimentary.
Cost: \$35/person for spouses/significant others and all others | _____ |
| <input type="checkbox"/> 2020 edition of the IMSN Alumni Directory
Cost: \$7.00 each. To be picked up during weekend. Add \$3.00 if you wish to have it mailed to you. | |
| <input type="checkbox"/> I require a wheelchair in order to attend. | |

NAME _____ YEAR OF GRAD. FROM IMSN: _____

NAME AT GRADUATION _____

ADDRESS _____

APT _____ CITY _____ STATE _____ ZIP _____

NAME OF GUEST _____

_____ Banquet reservations at \$35 each \$ _____

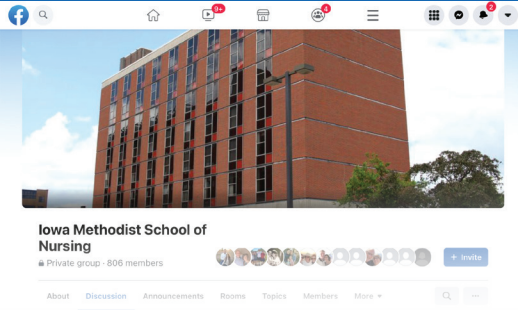
_____ Do you need a gluten-free meal? \$ _____

_____ Copies of 2020 IMSN Alumni Directory at \$7 each;
directory postage, if applicable, at \$3 \$ _____

Total Amount Enclosed: \$ _____

BANQUET RESERVATIONS MUST REACH CHRIS PARKER BY TUESDAY, AUGUST 31, 2021.

Mail to: Chris Parker, Treasurer, Iowa Methodist School of Nursing Alumni Association
9589 NE 28 Ct. Ankeny, IA 50021 PH: 515-964-3790



Join the IOWA METHODIST SCHOOL OF NURSING Facebook page!

from the President continued...

continue to receive a mailed version, we will work with you to accommodate your request for a mailed newsletter.

For those that may have the question, the Alumni Association has made wise investments of the IMSN Scholarship fund dollars with the financial counsel of the UPH Foundation. These monies are separate from our operating budget dollars. Our scholarship programs for IMSN graduates and the Legacy Scholarship Program for graduate's descendants is

strong and will continue!

The Alumni Board thanks each of you for your continued support over the years of our IMSN educational heritage, our shared values and beliefs and the incredible relationships we have maintained throughout the years. As we go forth into 2021, may we keep in mind that as long as we continue to communicate, to connect and collaborate, we will perpetuate our IMSN Legacy!

CHRISTMAS PARTY & ANNUAL MEETING

Saturday, December 11 | 12:00 noon for lunch

Kelly Conference Room, Education and Research Building at IMMC
1200 Pleasant St, Des Moines, IA 50309

Cut form out.

CHRISTMAS PARTY REGISTRATION

NAME (including maiden name) _____

ADDRESS _____

APT _____ CITY _____ STATE _____ ZIP _____

CLASS YEAR _____ GUESTS ATTENDING _____ x \$20.00 = \$ _____

AMOUNT ENCLOSED: \$ _____

Valet parking will be available. Coffee, tea and water will be served with the meal. A cash bar will also be available.

Send form and payment by December 1, 2021 to:

Chris Parker, Treasurer
9589 NE 28th Court, Ankeny, IA 50021

Legacy Educational Grant Application

The IMSN Alumni Association Board is proud to offer our Legacy Grant Application program to direct descendants of our Alumni. Our purpose is to support direct descendants of IMSN graduates who wish to pursue a career in nursing and honor the alumni's influence on these descendant career decisions. This Grant program is an addition to our current Alumni Scholarship program.

Direct descendants are defined as children and/or grandchildren, natural or legally adopted who are pursuing a career in nursing and have completed at least one year in an accredited nursing program. Application deadline is July 15, 2021. Grants will be awarded for the Fall Semester of the 2021 school year.

If you have an interested descendant, please direct him/her to complete the Application below.

Please submit proof of the relationship to the IMSN Alumni, proof of completion of at least one year of nursing school, and a 500 word essay relating how the IMSN Alumni relative has influenced your decision to pursue nursing as a career.

Print and send your completed application and written essay to:

Chris Parker, IMSN Alumni Treasurer
Iowa Methodist School of Nursing Alumni Association
9589 NE 28th Court
Ankeny, IA 50021
Email: Christine.Parker@unitypoint.org

NAME OF IMSN RELATIVE AT GRADUATION _____ YEAR GRAD.: _____

APPLICANT'S RELATIONSHIP TO IMSN GRADUATE _____

APPLICANT NAME _____

ADDRESS _____

APT _____ CITY _____ STATE _____ ZIP _____

TELEPHONE _____ EMAIL _____

SCHOOL ATTENDING _____

ADDRESS (CITY/STATE/ZIP) _____

NAME OF ADMISSIONS/FINANCIAL OFFICER AT SCHOOL _____

TELEPHONE _____

DEGREE _____ YEAR OF COMPLETION _____

NUMBER OF CREDIT HRS _____ COST/CREDIT HOUR _____

TOTAL AMOUNT REQUESTED _____

IMSN Alumni Association



1415 Woodland Avenue, Ste. E-200
Des Moines, Iowa 50309

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IOWA METHODIST SCHOOL OF NURSING ALUMNI PUBLICATION

MARK YOUR CALENDAR



Transcript Information

Transcripts from Iowa Methodist School of Nursing can be secured from:

University of Iowa
Registrar's Office
One Jessup Hall, Iowa City, IA 52242
319-335-0230
Fax: 319-335-1999

IN NEXT ISSUE

Reunion Weekend Recap
Other Alumni Happenings