



NEWS FOR *Nurses*

IOWA METHODIST SCHOOL OF NURSING ALUMNI PUBLICATION

SPRING 2019 ISSUE



Becky McKay, '83
President

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From the President ...

Welcome to SPRING (well, at least the calendar SAYS that it is coming!) and to a new President of the IMSN Alumni Association!

My name is Rebecca (Becky) McKay, and back in the year of our Lord, 1983, my name was Becky Butters. I graduated from, what I felt then and still feel today, was the absolute BEST three-year diploma nursing program on the planet. Even though 1983 seems like it was yesterday, I am well aware that it was a long time ago! I married young and had three children in five years. I was always interested in birth, so I made the decision to apply to a nursing program and become a Labor Nurse. But had trouble finding a good nursing program match because I was a non-traditional student (older, married with children).

But IMSN accepted me with open arms, and I was off on the adventure! I graduated and began my career on N3 (urology.) My starting wage was \$10.20/hour for the 1500-2330 shift. I thought I had learned all there was to learn about being a nurse when I graduated from IMSN! Little did I know, my education had just begun!

Through the years I worked N3, Dialysis, Yunker 7, ICU/CCU, then finally Labor & Delivery. I loved working with women becoming mothers and couples becoming families! So much so in fact, that along with working on the Birthing Unit, I began to teach CBE (Childbirth

Education Classes.) Within four years I went back to school (at 40+) and obtained a BLS (Bachelors of Liberal Studies) with Iowa State University and a Masters of Nursing and Midwifery at the University of Minnesota, all while working the weekend package and having my fourth child!

With my CNM (Certified Nurse Midwife) certification I delivered babies at IMMC and Mercy with an obstetrical group, then onto a small rural Critical Access Hospital for five years. I joined a midwifery group at the University of Nebraska. I have now "retired" twice and just recently was invited to join the faculty at Mercy College as adjunct OB Clinical Faculty.

My nursing instructors at IMSN meant the world to me and gave me a stellar education. I hope to impart that same knowledge, passion and dedication to a new generation of nurses. I most likely will wear out before I rust out!

The hope and the dream, as President of the IMSN Alumni Association, is to, in however I can, give back to my alma mater, work to preserve the memory and the dignity of IMSN and work with the IMSN Alumni Association Board to take the legacy of IMSN into the future generations of nurses.

Oh, and about those kids of mine and going back to school to become a nurse and then a nurse practitioner ... Three of the four are in the medical field, and my oldest son ALSO graduated from IMSN!

In Memoriam.

MARGUERITE HUBER KLOCKSIEM

January 20, 2019
(Class of 1941)

BETTY AYERS ERICKSON

February 8, 2019
(Class of 1945)

NONDAS ZENOR BESWICK

January 21, 2019
(Class of 1946)

MARY DAVIS DICKINSON

February 1, 2019
(Class of 1950)

BEVERLY SMITH HILDENBRAND

January 17, 2019
(Class of 1953)

BEVERLY LEWIS DUNCAN

July 7, 2018
(Class of 1959)

JUDY HUFFMAN SMITH

February 22, 2019
(Class of 1965)

JANIS OVERGARD AITCHISON

January 8, 2019
(Class of 1968)

LINDA WARD TAYLOR

February 2, 2019
(Class of 1973)

Memorial Gifts

NONDAS ZENOR BESWICK

Class of 1946
Given by Mary King Thompson
(1950)

Given by Christine Brown Parker
(1980)

BONNIE HERR STEWART

Class of 1962
Given by Connie Jamison
Melhorn
(1962)

CLASS OF 1959

Beverly Lewis Duncan
Sara Jeanne Stewart Steiert
Lenore Laidley Graaff

Given by Judith Larsh MacMillan
(1959)



MARY DAVIS DICKINSON

Class of 1950
A long-time board member and
staunch supporter of the Alumni
Association.

Given by Ruth Moon Langley
(1950)

Given by Dawn McGilvrey
Kirkman
(1976)

Given by Christine Brown Parker
(1980)

Given by Caleb Hegna
Gregory Bentley
Vicki Ligouri
Marilu Mann
Diane Weiser

Donations Received

To make your donation:

Send a check or money
order to:
IMSN Alumni Association
C/O Chris Parker
9589 NE 28th Court
Ankeny, Iowa 50021

HELEN CHRISTENSON

CHAMBERLAIN (1947)

AVONELL ZENOR SIMPSON (1953)

MARLENE HANSEN GROVE (1956)

BRENDA FOUST MAHANNAH

(1960)

LINDA MILLER JOHNSON (1963)

SHERYL LEWIS BOOKIN (1966)

TRUDY HYSELL GURNSEY (1968)

TERI ELLIS WALKER (1980)

Greetings from Deb . . .



DEB MOYER // Chief Nurse Executive

Phew! It's almost spring, and we're all so ready! This is such a great time of year as we start planning for our annual nurse week events and the activities surrounding the IMSN class reunion.

There has, of course, been much going on since I last submitted to your newsletter, but I'll keep this edition brief to focus on something very special.

It is with great pride and excitement that I share our Nurse Residency Program has received Accreditation with Distinction from the American Nurses Credentialing Center!!!

The UnityPoint Health - Des Moines program will be the first program in the state accredited by the ANCC.

Our Nurse Residency program began as a Master's Project for Karen Lutter, Manager, Clinical Staffing. It has since blossomed into a well-respected and sought out program for new nurses seeking a supportive and professional transition to practice environment. We have seen our program grow to around 80-120 nurses per year, becoming a great pipeline for employing nurses at UnityPoint Health - Des Moines. The journey to accreditation has been one of building all the elements required for such a designation.

We gain several benefits from accreditation to make our program more attractive:

- **Nurses** can claim they participated in an ANCC-accredited RN Residency Program that met rigorous evidence-based criteria.
- **Nurses** are assured UnityPoint Health - Des Moines delivers the highest quality nursing practice transition program that will help them improve patient outcomes.
- **Consumers** gain confidence that nurses who successfully complete our RN Residency Program are competent.
- **Potential RN team members** can expect a quality transition education program when they come to work.
- **Expanded visibility:** UnityPoint Health - Des Moines Nurse Residency Program may use ANCC accreditation logos

in promotional materials and be listed on www.nursecredentialing.org.

ANCC standards provide a powerful, global benchmark for us to continually self-assess and identify ways to strengthen our practice transition program. ANCC is the first and only healthcare credentialing organization to attain full International Organization for 2 Standardization (ISO) certification.

With ANCC accreditation, we can compete in more markets worldwide. This achievement was led by Christine Clancy, Program Coordinator, in collaboration with many educators, nurse preceptors, residents and leaders.

Happy spring!



Fun In Our
Facebook Group



IMSN alumnus John Meyers posted this picture of "Karen (Ossian) Russell ? '68 in West 4B in front of the nurse's station monitor."

2019 Reunion Weekend Schedule: June 7 & 8, 2019

Please join other IMSN alumni during our reunion weekend activities.

FRIDAY, JUNE 7, 2019

12 Noon Potluck Luncheon to be held in the Kelley Conference Room, Research and Education Center, Ground Level. (See directions for parking below.) Sponsored by the UnityPoint Health - Des Moines Foundation. Members of the 50-year class do not need to bring a potluck item.

SATURDAY, JUNE 8, 2019

9 a.m. Continental Breakfast & Medical Center Update sponsored by the UnityPoint Health - Des Moines Foundation and hosted by Caleb Hegna, IMSN Liaison. Spouses are welcome. (RSVP on reservation form required.)

Event to be held in the Kelley Conference Room. (Enter hospital parking ramp from Pleasant Street; drive straight ahead and park in the south side of the parking ramp. Take the south elevator down to ground level. See map at bottom of this page.)

Medical Center Tour to follow (Dorner-Villeneuve Simulation Education Center; Pediatric Therapy Department (newly remodeled); Emergency Department/LifeFlight). Please indicate interest on reservation form.

12 Noon 50-Year Class Luncheon (Members of class of 1969 only.) Sponsored by the Medical Center Administration and hosted by Deb Moyer, Chief Nurse Executive.

Event to be held in Classroom No. 3.

6 p.m. Homecoming Banquet Reception **6:30 p.m. Dinner**

Class of 1969 — Reservations for class members are complimentary. Cost for all others is \$30/person. Spouses are welcome. (RSVP on reservation form.)

Kelley Conference Room, Research and Education Center, Ground Level.

Professional Photographer: The Class of 1969 is scheduled to be photographed at 6:15 p.m. The photographs will be ready for you to take home at the end of the evening's festivities. If you would like a group picture taken, please talk to the photographer at the banquet to make arrangements.

HOTEL RESERVATIONS

Rooms: A block of rooms has been reserved at the Des Moines Downtown Hilton, located at 435 Park Street. Ask for the IMS/IMSN Reunion rooms.

Reservations must be made no later than May 5, 2019.

Book Online: [Hilton Des Moines Downtown](https://www.hilton.com/en/hi/groups/personalized/D/DSMDIHH-IMSX-20190606/index.jhtml?WT.mc_id=POG)

https://www.hilton.com/en/hi/groups/personalized/D/DSMDIHH-IMSX-20190606/index.jhtml?WT.mc_id=POG

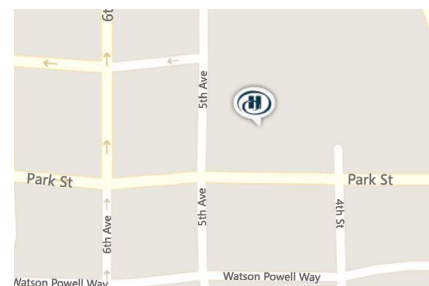
Rates: Single or double: \$139.00 per night;
triple: \$154.00 per night; quad: \$169.00 per night.

Parking: Self-parking is \$18/day; valet is \$25/day; ramp near hotel is \$10/day.

Shuttles: Transportation to the Research and Education Center is available from the hotel and back, and is provided at no additional cost. However, the shuttle should be scheduled on the day of travel.

Directions to Downtown Hilton: From the south: Follow I-35 north to I-235 east. Follow I-235 east to exit 8A Downtown Des Moines/Iowa Event Center. Take a right onto 5th Avenue, the hotel will be on the left.

From the North: Follow I-35 south; continue on I-235 to exit 8A Downtown Des Moines/Iowa Event Center. Take a left onto 5th Avenue. The hotel will be on the left.



RSVP Form

I will attend the following events during the Reunion weekend:

Please check:

		# Attending
<input type="checkbox"/>	June 7 Noon Potluck Luncheon in the Kelley Conference Room	_____
<input type="checkbox"/>	June 8 9 a.m. Continental Breakfast & Medical Center Update	_____
<input type="checkbox"/>	June 8 Medical Center Tour, following Breakfast	_____
<input type="checkbox"/>	June 8 6 p.m. Homecoming Banquet Kelley Conference Room, Research and Education Center, Ground Level. Members of the Class of 1969 are complimentary. Cost: \$30/person for spouses/significant others and all others	_____

2018 edition of the IMSN Alumni Directory
Cost: \$7.00 each. To be picked up during weekend. Add \$3.00 if you wish to have it mailed to you.

I require a wheelchair in order to attend.

NAME _____ YEAR OF GRAD. FROM IMSN: _____

NAME AT YEAR OF GRADUATION FROM IMSN _____

ADDRESS _____

APT _____ CITY _____ STATE _____ ZIP _____

NAME OF GUEST _____

_____ Banquet reservations at \$30 each \$ _____

_____ Do you need a gluten-free meal? _____

_____ Copies of 2018 IMSN Alumni Directory at \$7 each;
directory postage, if applicable, at \$3 \$ _____

Total Amount Enclosed: \$ _____

BANQUET RESERVATIONS MUST REACH CHRIS PARKER BY MONDAY, MAY 20.

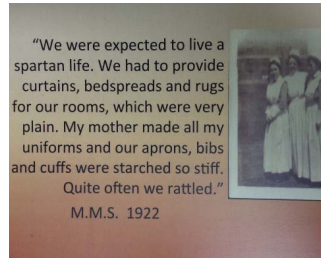
Mail to: Chris Parker, Treasurer, Iowa Methodist School of Nursing Alumni Association
9589 NE 28 Ct. Ankeny, IA 50021 PH: 515-964-3790

History Lives: Iowa Methodist School of Nursing 1901–1999

We know that as graduates of Iowa Methodist’s School of Nursing, you’ve been shaped by your years there. We share a unique life experience with each other, with our profession and with our school.

You can help the cherished memories and medical advancements from our school live on, and relive them yourself. **Our fascinating history book recaps the best of IMSN’s life — both professional and personal.** With 180 pages, tons of pictures and memories that will bring back the good ol’ days, this keepsake is a tribute to our school. Order yours below.

Clockwise from top: A quotation from a 1922 IMSN student; house mothers Dee Whittkopp and Grace Chrisman (posted in our Facebook group by Deborah L. Herzberg); and an iron lung in the Raymond Blank Memorial Hospital for Children to treat polio (posted in our Facebook group by Jean Wilson).



Order your IMSN History book below!

— — — — —
Cut form out.

SUPPORT YOUR ALUMNI ASSOCIATION — ORDER FORM

NAME _____ YEAR OF GRAD. FROM IMSN: _____
 NAME AT GRADUATION _____
 ADDRESS _____
 APT _____ CITY _____ STATE _____ ZIP _____
 TELEPHONE _____ EMAIL _____

ITEM	QUANTITY	PRICE EACH	POSTAGE	TOTAL COST
History Book		\$15	\$5	
2018 Directory		\$7	\$3	
Donation to Alumni Association				
Total:				

Make checks payable to the IMSN Alumni Association.
 Send payment to:
 Chris Parker, Treasurer, Iowa Methodist School of Nursing Alumni Association
 9589 NE 28 Ct. Ankeny, IA 50021 PH: 515-964-3790

Update: Emailing of our IMSN Alumni Newsletter

As many of you know, a little over a year ago, we lost funding for the printing and mailing of our News for Nurses Newsletter. We started a campaign to reduce the cost by offering an electronic version, which the UnityPoint Health Foundation sends out to our alumni. Total costs for layout, printing and mailing each edition is \$2000.00. We send out three editions a year, so our annual cost is \$6,000.00

As of our Winter 2019 News for Nursing release, 671 email versions were sent. With roughly 2300 alumni on the books, that represents 30 percent. This is a cost-savings of approximately \$780.00.

This is good, but Not Good Enough! I think we can do better.

So, this is my challenge to you, let's up this number to 50 percent by the end of 2019! That means another 479 of you need to switch to the email version. Who's game?

If you are up for the challenge, submit your email (and other updated contact information for the directory) to:

UnityPointFoundation@unitypoint.org

Include:

- Name (First, Maiden, Last)
- Class Year
- Address
- Phone & Phone type e.g. home, work, cellular
- Email
- E-Newsletter or Printed Newsletter

Class of 1964

It's been 55 years! Please join us for our own Class get together in a room adjacent to the banquet room Saturday, June 8, at 3:30 p.m., prior to the banquet.

Hope to see you there!

2019 Recipients of IMSN Scholarships

Your alumni Board of Directors is pleased to announce the 2019 Alumni Scholarship awards:

- Diane Clark Blaukat (1986) Pursuing an MSN
- Terry Hodges Neal. (1988). Pursuing an MSN
- Kristy Miller Oswald (1982). Pursuing a BSN

Congratulations to these worthy recipients!

Yunker Rehabilitation to Celebrate 60 Years

In 2019 Yunker Rehabilitation will celebrate its 60th Anniversary of serving patients and families. As part of this celebration, the Yunker Rehabilitation Team is compiling stories and testimonies from patients, families and staff (former and current).

If you have a story to share about Yunker Rehabilitation - whether it is as a nurse, a patient or as a family member of a loved one served by the team - we would love to hear your story!

On September 15, 2019 there will be a celebration at Iowa Methodist Medical Center, and these stories will be woven into the celebration in some way.

To share your story, please contact:

Kris Miller, RN,
Director Post Acute Care
Kristina.miller@unitypoint.org
515-241-5915

If you are interested in receiving more information about the September 15th celebration, please contact:

Caleb Hegna
Director of Development & IMSN Liaison
caleb.hegna@unitypoint.org
515-241-5938

IMSN Alumni Association



1415 Woodland Avenue, Ste. E-200
Des Moines, Iowa 50309

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IOWA METHODIST SCHOOL OF NURSING ALUMNI PUBLICATION

Mark Your Calendar



TRANSCRIPT INFORMATION

Transcripts from both Iowa Methodist School of Nursing and Iowa Lutheran Hospital School of Nursing may now be secured from:

University of Iowa
Registrar's Office
One Jessup Hall, Iowa City, IA 52242
319-335-0230
Fax: 319-335-1999

CONTACT US

We want to stay up to date with you. To update your address, report a death or provide feedback, you can reach the UPH Foundation (our sponsor) at **515-241-6304**.

IN THE NEXT ISSUE

Reunion Weekend Recap
Other Alumni Happenings