



Health History Questionnaire

Name _____ Date _____

Date of Birth _____ Referring Doctor _____

Reason for seeing the Doctor: _____

When did it start? _____

What makes it better? _____

What makes it worse? _____

Medical History (Please circle one)

Do you have Diabetes Yes No

Do you have High Blood Pressure Yes No

Do you have Heart Disease Yes No

Do you have Lung Disease Yes No

Have you had a Mammogram Yes No When _____

Have you had a Colonoscopy Yes No When _____

If yes, please explain _____

Have you been hospitalized in the last 6 months? Yes No

If yes, please explain _____

Allergies: _____

Please list all your current medications:

Name	Dose	Frequency
-		

Surgical History

Please list any surgeries performed:

Surgery	Year

Social History

Do you smoke? Yes No
If yes, number of packs per day _____ what age did you start _____
Do you consume alcohol? **(Circle One)** Never Rarely Moderately Daily
What is your Occupation? _____

Family History

If living, age and any medical illnesses If deceased, age and cause of death

Mother _____

Father _____

Siblings _____

Have any relatives ever had: (Circle the ones that apply)

Alcoholism Bleeding tendency Cancer Diabetes Heart Disease
Stroke Seizures Ulcer Disease Liver Disease High Blood Pressure

Review of Systems

If you have any of the following, please circle YES

General

Recent weight change Yes No
If yes, how much _____

Skin

Itching Yes No
Jaundice Yes No
Hives Yes No
Infection or boils Yes No
Abnormal Pigmentations Yes No

Head, Eyes, Ears, Nose, Throat

Eye Disease or Injury Yes No
Headaches Yes No
Glaucoma Yes No
Double Vision Yes No
Frequent Nosebleeds Yes No
Sinus Infections Yes No
Ear Disease Yes No
Impaired Hearing Yes No
Dizziness Yes No

Neck

Stiffness Yes No
Enlarged Glands Yes No

Respiratory

Frequent Colds Yes No
Coughing up Blood Yes No
Asthma or Wheezing Yes No
Difficulty Breathing Yes No
Lung Disease Yes No
Pleurisy or Pneumonia Yes No

Cardiovascular

Chest pain or Angina Yes No
Shortness of Breath Yes No
Difficulty walking
2 blocks or more Yes No
Heart Disease Yes No
High/Low Blood Pressure Yes No
Swelling of the ankles Yes No
Heart Murmur Yes No
Racing Heart Beat Yes No
Stroke Yes No

Hematologic

Slow to Heal Yes No
Blood Diseases Yes No
Anemia Yes No
Blood Clots Yes No
Bruise Easily Yes No

Genitourinary

Loss of Urine Yes No
Night Time Urination Yes No
Frequent Urination Yes No
Straining to Urinate Yes No
Pain or Burning
 With Urination Yes No
Blood in Urine Yes No

Gynecological (if applicable)

Are you Pregnant Yes No
Number of Pregnancies _____
Number of Children _____
Last Menstrual period _____
Frequent Periods Yes No

Neuro-Psychiatric

Are you receiving any
Psychiatric Therapy Yes No
Fainting Spells Yes No
Convulsions Yes No
Sleep Difficulties Yes No
Depression Yes No
Do you cry often Yes No
Have you ever
considered suicide Yes No
Used any hard drugs Yes No

Endocrine

Thyroid Disease Yes No
Dry Skin Yes No
High or Low
Blood Sugar Yes No
Do you take Insulin Yes No
Tire Easily Yes No

Gastrointestinal and Liver History

Have you ever had any of the following, please circle ANY that apply

Jaundice Liver Trouble Hepatitis Liver Cirrhosis Parasites
Infectious Dysentery Colitis Diverticulitis Gallbladder Disease
Gallstones Enlarged Spleen Injury to your intestinal or stomach organs

Does food stick when you swallow Yes No

Do you ever have pain when swallowing Yes No

If so, for how long _____

How often does this happen Yes No

Does this happen only with solid foods Yes No

Does this happen only with Liquids Yes No

Are you troubled by heartburn Yes No

Do you frequently vomit Yes No

Have you vomited blood Yes No

Have you had a change in your bowel habits Yes No

 Constipation Yes No

 Diarrhea Yes No

Have you had any bloody stools Yes No

Have you had any black stools Yes No

Do you have relatives that
have colon polyps Yes No

Do you have relatives that
have colon or rectal cancer Yes No

Do you have any relatives
With Crohns Disease or Ulcerative Colitis Yes No

Have you ever had any blood transfusions Yes No

Have you ever had Hepatitis Yes No

Do you have any tattoos Yes No

Are you worried that you could have AIDS Yes No

Is there any other information you feel may be helpful to the Doctor?

Physician Signature _____