

UnityPoint Health® – Des Moines

# Yunker Rehabilitation

AT IOWA METHODIST MEDICAL CENTER



## 2015 Outcomes Report

Yunker Rehabilitation, with 50+ years of experience, offers acute inpatient rehabilitation to individuals with a variety of illnesses and injuries resulting in impairments. Each person is evaluated and treated by an interdisciplinary team of rehabilitation specialists. Based on specific individual needs and personal goals for improvement, the team uses diverse skills and rehabilitation knowledge to positively affect the person's functional ability.



**UnityPoint Health**  
Des Moines

**Yunker Rehabilitation**

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# 2015 Patient Characteristics

The table below shows the types of conditions served by Younker Rehabilitation by percentage as well as the average age.

Total Patients	367	Average Age	Percentage
Stroke	160	70	44%
Spinal Cord Injury	44	58	12%
Trauma	41	54	11%
Brain Injury	33	69	9%
Amputation	28	57	8%
Neurological	23	60	6%
Medically Complex	22	67	6%
Orthopaedic	16	60	4%

Men .....54%  
 Women ..... 46%  
 Average Age .....64.5  
 Average Treatment per Day .....3 hours/5 days per week  
 Average length of stay ..... 14 days

## Discharge Location

Well-coordinated interdisciplinary care is an indicator in identifying an exceptional rehabilitation program. The goal at Younker Rehab is to assist each person served and their support system with a successful return to the community to live a productive and fulfilling life.

COMMUNITY	79.6%	80.2%*
SNF	12.8%	11.4%*
ACUTE CARE	7.6%	8.0%*
OTHER	0	0.4%

\*National Average

## Patient Satisfaction

*My stay will improve my ability to care for myself at home.*

**97.46%**

*I was included in discussions and decisions about my care.*

**94.95%**

*Overall I was satisfied with Younker Rehabilitation.*

**94.43%**

We listen to our customer's ideas and comments, and continually evaluate our programs and services to improve how we provide care and treatment.