



Welcome to UnityPoint Health – Des Moines! Congratulations on your new opportunity with UnityPoint Health – Des Moines! We are glad that you may be joining our team and would like to share some information with you about your first days with our organization.

The following steps are required prior to you starting your new position within UnityPoint Health – Des Moines:

1. Obtain your Immunization Records

To ensure the health and safety of our healthcare workers and the patients we serve, compliance with the requirements below is required for volunteering and/or clinical at UnityPoint Health-Des Moines. The records **must be obtained by you** and **provided to** Employee Health and Safety prior to volunteering or clinical.

Documentation may include: physician records, military records, employer records, school records, IRIS immunization record (www.IRIS.iowa.gov), hospital record, and immigration documentation. Baby book records are not acceptable. Hand written records needs to be on official letterhead with an official signature.

| <u>Immunization</u> | If you DO NOT have records: |
|---|--|
| Measles, Mumps, Rubella (MMR): Two valid doses of MMR vaccine or laboratory results indicating evidence of immunity to Measles, Mumps and Rubella. | Volunteer’s blood will be drawn at Employee Health and Safety and tested |
| Tuberculosis (TB): Tuberculosis Blood Test (T Spot or Quantiferon Gold). The TB blood test must be within the current school year or if volunteering within the past 12 weeks. If your past blood test was positive , provide documentation of the positive test. Provide a copy of your most recent chest x-ray, documentation of physician follow-up, and documentation of any treatment provided or recommended. The DHS TB Questionnaire shall be completed there has been a prior positive TB skin test or blood test. Employee Health will provide the questionnaire. | Volunteer’s blood will be drawn at Employee Health and Safety and tested |
| Influenza Vaccination | Volunteers receive vaccination. |
| Chickenpox (Varicella) Two valid doses of Varicella vaccine or laboratory results indicating evidence of immunity to Varicella. | Volunteer’s blood will be drawn at Employee Health and Safety and tested |

2. Volunteer- Schedule your appointment with Employee Health and Safety
Students give to instructor.

Iowa Methodist Medical Center
1200 Pleasant St
Powell 1 Room 123
Des Moines, IA 50309
515 241-6425

Methodist West
Garden Level
1660 60th Street
West Des Moines, IA 50266
515- 343-1087

Iowa Lutheran
700 E. University Avenue
Des Moines, Iowa 50316
515-263-5213

Healthcare worker (HCW): is defined as follows from the CDC: HCW is defined as all paid and unpaid persons working in health-care settings who have the potential for exposure to patients and/or to infectious materials, including body substances, contaminated medical supplies and equipment, contaminated environmental surfaces, or contaminated air. HCW might include (but are not limited to) physicians, nurses, nursing assistants, therapists, technicians, emergency medical service personnel, dental personnel, pharmacists, laboratory personnel, autopsy personnel, students and trainees, contractual staff not employed by the health-care facility, and persons (e.g., clerical, dietary, housekeeping, laundry, security, maintenance, administrative, billing, and volunteers) not directly involved in patient care but potentially exposed to infectious agents that can be transmitted to and from HCW and patients.

Exceptions to this policy will be handled on a case by case basis.

| Test | Mandatory | Strongly Recommended | Annual |
|--|------------------|-----------------------------|---------------|
| Tspot blood test (see requirement above) | X | | |
| MMR x2 or positive titres | X | | |
| Varicella x2 or positive titres | | X | |
| TB questionnaire with vitals every four years DIA | X | | |
| Annual Influenza Campaign | X | | X |