From I-80 eastbound:
- Exit I-80 at 60th Street (exit 122) in West Des Moines.
- Turn left on 60th Street.
- Travel 1 1/2 blocks north to the hospital entrance on your left.

From I-235 westbound:
- Exit I-235 at 50th Street (exit 1A) in West Des Moines.
- Turn right on 50th Street.
- Travel 1 block north, and turn left on Westown Parkway.
- Travel west on Westown Parkway, and turn right on 60th Street
- Travel 1/2 block north to the hospital entrance on your left.

From I-35 northbound:
- Exit I-35 at University Avenue (exit 72C)

From I-35/I-80 southbound:
- Exit I-35/I-80 at University Avenue (exit 124)
- Travel west on University Avenue
- Turn left on 60th Street.
- Travel 1/2 block south to the hospital entrance on your right.