

Iowa Methodist Medical Center  
**Attention: Department of Surgery Education**  
1415 Woodland Avenue, Suite 140  
Des Moines, IA 50309-1453



# Throckmorton Surgical Society Symposium on Trauma



Co-sponsored by:  
Throckmorton Surgical Society  
Department of Surgery Education  
Iowa Methodist Medical Center

Friday, May 5, 2017

## Purpose

This symposium is designed to provide the practicing general surgeon with current information regarding the latest medical and surgical advances in trauma surgery.

## Objectives

Upon completion of this education activity, participants should be able to:

- Describe the important role that the surgeon at a rural center plays in the care of the injured patient.
- Understand the evolving understanding of smaller bore chest tubes for hemothorax.,
- Relate the advances in endovascular therapy in trauma for both resuscitation and treatment.
- Know the initial management of traumatic brain injury.
- Be able to practice hemostatic resuscitation.
- Describe considerations in injury in the elderly population.

## CME Credit

**IMS**  
IOWA MEDICAL SOCIETY  
Ensuring quality education for Iowa physicians

"This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Iowa Medical Society (IMS) through joint providership of UnityPoint Health - Des Moines and the Throckmorton Surgical Society. UnityPoint Health - Des Moines is accredited by the IMS to provide continuing medical education for physicians."

"UnityPoint Health - Des Moines designates this live activity for a maximum of 6.00 AMA PRA Category 1 Credits(s)<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity."

## Conference Location

### Thompson Auditorium

Upon entering the parking ramp, please park at the far south end of the ramp. A set of elevators is located on the SE side of the ramp. Take the elevator to the ground floor and that will bring you directly to the Thompson Auditorium in the Conference and Learning Center.



# Registration Form

## Throckmorton Surgical Society Trauma Symposium

Friday, May 5, 2017

### I plan to attend the following:

- Trauma Symposium & luncheon
- My spouse/guest will attend Spouse/Guest luncheon

Name of guest/spouse: \_\_\_\_\_

### Conference Fees

- Members—Dues Paid -luncheon included    No charge
- Non-Members—luncheon included                250.00
- Non-Member Resident / Nurse                    50.00
- TSS Senior Member - luncheon included    No Charge

### Banquet Fees

- Conference Attendee                                Included with registration
- Senior Member    55.00
- Spouse / Guest    55.00

Total    \$

### Return Completed Registration to:

**Throckmorton Surgical Society**  
c/o Paula Rasmussen  
1415 Woodland Avenue; Suite 140  
Des Moines, Iowa 50309  
[paula.rasmussen@unitypoint.org](mailto:paula.rasmussen@unitypoint.org)  
or 515-241-4080 fax

Name

Medical License #

Business Name

Business Address

City

State

Zip

Telephone

E-mail

## Registration Information

### Conference Registration

Registration will be held in the lobby of the Conference and Learning Center, 1415 Woodland Avenue at 7:30 am on Friday, May 5. Please send the attached form for registration or there is **advance online registration (see below)**. Parking will be available in the Methodist Plaza parking ramp or in the visitors' parking lot north of the medical center.

### Registration Fees

TSS members 2017 dues paid	No charge
TSS members—non-paid dues	250.00
Non-members of TSS	250.00
Residents	50.00
TSS Senior Members:	No charge*

To view conference brochure and to register  
online visit

[www.unitypoint.org/tssregistration](http://www.unitypoint.org/tssregistration)

### Meet the Faculty Luncheon

A buffet luncheon for conference participants and faculty will be served in the Kelley Conference Room at 11:50 am, Friday, May 5th. The cost of this luncheon is included in the registration fee.

### Spouses/Guests' Luncheon

The spouses/guests' luncheon will be held at the [Goldfinch, 316 Court Avenue, Des Moines](#). This event will begin at 11:30 a.m. with a floral demonstration and lunch. The cost of the luncheon is included in the conference registration fee.

***Please indicate on the registration form if your spouse/guest plans to attend the luncheon.***

### TSS Reception/Banquet

A reception and banquet will be held Friday evening, May 5 at 6:30 p.m. at the Wakonda Club, 3915 Fleur Drive, Des Moines. ***\*An additional fee of \$55 per person is required for non-member attendees, retired members, spouses and all other guests.*** [Please indicate on the registration form if you plan to attend the banquet and the guest's name on the registration form and remit any associated fees.](#)

## Guest Faculty

**Megan Brenner, M.D.**  
Associate Professor of Surgery,  
Division of Trauma/Surgical Critical Care  
RA Cowley Shock Trauma Center, Division of Vascular Surgery  
University of Maryland School of Medicine  
- Baltimore, MD

**Bellal Joseph, M.D.**  
Vice Chairman of Knowledge Expansion  
Associate Professor of Surgery, Director of Trauma Research  
University of Arizona  
- Tucson, AZ

**Heather Osterbrink, M.D.**  
Surgeon, Greater Regional Medical Center  
- Creston, IA

**Carlos Pelaez, M.D.**  
Trauma/Critical Care Surgeon, The Iowa Clinic  
Iowa Methodist Medical Center  
- Des Moines, IA

**Richard Sidwell, M.D.**  
Program Director, General Surgery Residency, IMMC  
Trauma/Critical Care Surgeon, The Iowa Clinic  
- Des Moines, IA

**Brett Waibel, M.D.**  
General / Critical Care Surgeon  
University of Nebraska Medical Center  
- Omaha, NE

**Scott Zietlow, M.D.**  
Associate Professor of Surgery  
Trauma, Critical Care & General Surgery  
Mayo Clinic - Rochester

**President: Michael Foley, M.D.**  
**Vice President: Jeffrey Dietzenbach, M.D.**  
**Secretary/Treasurer: Lisa Owens Johnson, M.D.**  
**Trustee: Michael Person, M.D.**  
**Trustee: Anne Dietrich, M.D.**

**Jim Swegle, M.D. & Rick Sidwell, M.D.**

## Throckmorton Surgical Society Executive Committee

## Host Faculty

## Surgical Residents

**\*Ohmar Coughlin, M.D.**  
**\*Kristina Gaunt, M.D.**  
**\*Garret Lechtenberg, M.D.**  
**\*Mark Mason, M.D.**  
Meghan Halub, M.D.  
Christopher Healey, M.D.  
Bethany Nyland, M.D.  
Jacob Weasel, M.D.  
James Hegvik, M.D.  
Davida Hemmy, M.D.  
David Nelms, M.D.  
Michael Valliere, M.D.

Christopher Bell, M.D.  
Richard Huntsman, M.D.  
Jeremiah Jones, M.D.  
Angela Pallesi, M.D.  
Virginia Nguyen, M.D.  
Christopher Omerza, M.D.  
Hope Villiard, M.D.  
Christopher Vogl, M.D.  
Lauren Gorton, M.D.  
Michael Marietta, M.D.

**\*Chief Residents**

Throckmorton Surgical Society  
Trauma Symposium  
Friday, May 5, 2017

**Morning  
Session**

**Moderator: Jim Swegle, M.D.**

- 8:00 am Welcome & Announcements  
- Michael Foley, M.D.
- 8:10 am Small Bore Chest Tubes  
- Bellal Joseph, M.D.
- 8:35 am TEVAR for Trauma  
- Megan Brenner, M.D.
- 9:00 am Cold as Ice: Hypothermia and Trauma  
- Brett Waibel, M.D.
- 9:25 am BREAK (20 minutes)
- 9:45 am Role of the Rural Surgeon in Trauma  
- Heather Osterbrink M.D.
- 10:10 am Stop the Bleed  
- Rick Sidwell, M.D.
- 10:40 am **Rodgers Lecture**  
***Bridging the Gap: Endovascular  
Techniques and the Acute Care  
Surgeon*** - Megan Brenner, M.D.
- 11:10 am PANEL DISCUSSION  
- Drs. Brenner, Joseph Osterbrink,  
Waibel and Sidwell
- 11:50am: LUNCHEON (55 minutes)  
- Kelley Conference Room

**Afternoon  
Session**

**Moderator: Rick Sidwell, M.D.**

- 12:45 pm **Priestley Lecture**  
***Hemostatic Resuscitation***  
- Scott Zietlow, M.D.
- 1:30 pm Frailty & Geriatric Trauma  
- Bellal Joseph, M.D.
- 1:55 pm BREAK (15 minutes)
- 2:10 pm "My Head is Killing Me: Initial  
Management of Traumatic Brain  
Injury  
- Brett Waibel, M.D.
- 2:35 pm 55 is the New 65  
- Carlos Pelaez, M.D.
- 3:00 pm Decisions in Trauma  
- Rick Sidwell, M.D., Moderator  
- Drs. Joseph, Osterbrink, Pelaez,  
Waibel and Zietlow
- 3:45 pm Adjourn

**Throckmorton Surgical Society  
Business Meeting**  
Friday, May 5, 2017  
Paradise Conference Room  
4:00 P.M.