

Description of One Month Resident Rotation:
Physical Medicine & Rehabilitation (PM&R)

A. General Information

1. This experience will be completed during the one-month elective rotation in PM&R.
2. Logistics: The resident should contact Dr. Rondinelli on the first day of the PM&R rotation to coordinate completion of this experience.
3. Refer to Physical Medicine and Rehabilitation Elective (Attached).

B. Course Director

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D. Overview

1. The resident will participate in hospital based rehabilitation evaluation and treatment of patients in the acute hospital (IMMC, ILH, Blank), Younker Rehab, and outpatient clinical settings. (Refer to PM&R Elective)
2. The resident will receive instruction and educational overview of each of the multidisciplinary team settings (PT, OT, SLT, Rehab Nurses, Social Services, and Rehab Coordinators) at Younker Rehabilitation Center. The resident will observe patients attending speech therapy, physical therapy, and occupational therapy sessions at the center.
3. The resident will also review the written materials provided by Dr. Rondinelli which will be reinforced during a didactic session during the month reviewing the principles and practice of rehabilitation.

E. Objectives of Rotation

1. Educational purpose: To gain experience in rehabilitation medicine, seeing a variety of patients with neuromuscular and musculoskeletal impairments and disabilities, and in need of rehabilitation services. (Refer to PM&R Elective)

2. Teaching methods: One on one teaching with Dr. Rondinelli will be possible. Subjects to be reviewed during the month include:

- a. Selecting the appropriate venue for patient rehabilitation: comprehensive rehabilitation unit, skilled nursing facility, or outpatient therapy.
- b. Understanding the benefits of multi-disciplinary care conferences for rehabilitation patients.
- c. Introduction to physical therapy evaluation and treatment modalities.
- d. Introduction to occupational therapy evaluation and treatment modalities.
- e. Introduction to speech therapy evaluation and treatment modalities.
- f. Introduction to rehab nursing issues and care.
- g. Introduction to the roles of the rehab social worker and care coordinators.

3. Ancillary educational materials: Dr. Rondinelli will provide current rehabilitation medicine textbooks for resident use during the one month rotation. Other articles on selected topics will be provided where appropriate, addressing specific patient care issues encountered during the rotation.

F. Mechanics of Rotation

1. The resident should contact Dr. Rondinelli on the first day of the rotation. Dr. Rondinelli will help coordinate the resident activities. (Refer to the PM&R Elective)

2. Evaluation: Dr. Rondinelli will provide feedback regarding the resident's performance on the rehabilitation experience as part of the overall evaluation of resident performance during the one month PM&R rotation.