

**CENTRAL IOWA HEALTH SYSTEM
GRADUATE MEDICAL EDUCATION COMMITTEE**

POLICY ON CODE PINK

The Graduate Medical Education Committee has adopted the UnityPoint Health - Des Moines Code Pink Policy (Policy: UPHDM028) as the Graduate Medical Education Committee policy on code pink. The most current copy of this policy can be found on the intranet under the DocuCenter link.

I. PURPOSE

To outline the education, activation, roles, and responsibilities of the Code Pink Team.

II. POLICY

Successful resuscitation depends on anticipating or recognizing as soon as possible the neonate in need of resuscitation, initiating necessary procedures promptly. Personnel adequately trained in neonatal resuscitation will be present at every delivery. Code Pink may be initiated from any location in which neonates are cared for, i.e. delivery rooms, newborn nursery, operating rooms, emergency department, or any location a neonate may be located for testing.

A Code Pink may be called when a fetus or a neonate is at risk for or is in cardiorespiratory arrest. This may include, but is not limited to, apnea or bradycardia unresponsive to stimulation, ineffective respiration or gasping with or without bradycardia, cyanosis, cardiac arrest, or delivery of a neonate not making appropriate transition and needing urgent intervention and supportive care.

Family presence during a code pink should be evaluated based on the situation and parent or legal guardian should be encouraged to be present during resuscitation efforts. Support by a member of the health care team should be provided.

UnityPoint Health Des Moines (Iowa Methodist Medical Center – IMMC, Blank Children’s Hospital and Women’s Services – BCH, Iowa Lutheran Hospital – ILH, and Methodist West Hospital – MWH) staff respect the parent/legal guardian’s rights to accept or refuse resuscitative measure within appropriate legal parameters. UPHDM Policy #005 Withdrawing or Withholding Life Sustaining Treatment and UPHDM Policy #009 Determination of Death should be consulted as appropriate.

III. DEFINITIONS

Code Pink: Activation of the response team for a fetus, newly born infant or neonate at risk for/in cardiorespiratory arrest.

Fetus: Neonate prior to birth.

Newborn and Neonate: any infant during the initial hospitalization or during hospitalization in the NICU.

Newly born: infant at the time of birth (NRP 2010)

IV. PROCEDURE

A. Personnel trained in the Neonatal Resuscitation Program (NRP) will be responsible for initiating neonatal resuscitation and activating the Code Pink Team.

B. Activation of the Code Pink Team

1. Code Pink may be called by any hospital personnel. The caller shall state that the patient is a neonate and a Code Pink is needed in the precise location (including hospital/campus), floor, and room number.
2. At all UPHDM Hospitals, the Code Pink is activated by dialing 777 from a hospital land line or Ascom/Responder 5 phone or by calling 241-7777 from a cell phone.
3. At MWH, the Code Pink button on the Responder 5 system will also be pushed to activate the Code Pink paging on the Ascom/Responder 5 system.
4. At NICU BCH, the Code Pink button on the Composer System will be pulled to activate the internal unit alarm for Code Pink. In the event of a failure of the pager or phone system or if responders have not arrived in the designated area within three (3) minutes, 777 should be called and the Code Pink procedure reactivated.
5. In the event of complete pager failure or shutdown, ECC will announce the following over the audible hospital system: "Attention please, there is a Code Pink (gives location)". Following this announcement the ECC will call and advise.
 - a. At ILH:
 - 1) Call 263-5100 and inform "the CODE PINK Team is needed immediately in ____ (location)____" AND
 - 2) Call 241-6623, Blank NICU, and inform of "the CODE PINK Team is needed immediately at ILH in ____ (location) ____".
 - b. At IMMC/BCH
 - 1) Call 241-6623, Blank NICU, and inform: "the CODE PINK Team needed immediately at IMMC in ____ (location)____".
 - c. At Methodist West:
 - 1) Call 343-1500 and inform "the CODE PINK Team is needed immediately in ____ (location)"_____.
6. Emergency Announcement

The Emergency Communications Center (ECC) uses the overhead paging system to announce "Attention please, there is a Code Pink (gives location including hospital, floor level, wing name, and room number: e.g. Iowa Methodist Medical Center, Younker 647)". The announcement is repeated three times. The ECC will also page/text/call an approved list of Code Pink responders for the appropriate hospital.

C. Code Pink Teams

1. At the BCH/ IMMC campus, the designated responders:
 - a. Overhead page –
 - 1) Neonatologist
 - 2) Social worker
 - b. Alpha page per phone or pager (paged simultaneously)
 - 1) Neonatal nurse practitioner
 - 2) Neonatal transport team
 - 3) NICU respiratory therapist
 - 4) Pediatric Resident on-call for NICU

- 5) Chaplain
 - c. Phone
 - 1) Team leader Blank Children's NICU (208-7891)
 - 2) Neonatology call room (241-8513)
2. At ILH, designated responders and notification plan include:
- a. Overhead page
 - 1) Blank Children's Hospital Neonatal Transport Team Nurse for ILH
 - 2) Anesthesiologist
 - 3) Adult/Pediatric Code Team
 - 4) Social worker (as available)
 - b. Alpha page per phone or pager (paged simultaneously)
 - 1) Family Medicine Senior Resident
 - 2) Respiratory therapist
 - 3) Family Medicine First Year Resident
 - 4) Neonatal transport team at Blank Children's Hospital NICU
 - 5) Blank Children's Hospital NICU NNP
 - 6) House Patient Care Coordinator (as available)
 - 7) Chaplain
 - c. Phone
 - 1) Team leader Blank Children's NICU (208-7891)
 - 2) Neonatology call room (241-8513)
 - 3) Public Safety officer – notify of need to pick up Blank NICU team at entrance to Blank Children's for immediate transport to ILH
3. At MWH, designated responder (*) and notification plan includes:
- a. Overhead page
 - 1) Social worker (as available)
 - 2) Chaplain (as available)
 - b. Ascom/Responder 5 phone at Methodist West
 - 1) Neonatal nurse practitioner or healthcare professional capable of performing full resuscitation*
 - 2) Maternity Unit Staff on duty
 - 3) Respiratory Therapist*
 - c. Alpha page per phone or pager (paged simultaneously)
 - 1) Neonatal transport team at Blank Children's Hospital NICU
 - 2) Blank Children's Hospital NICU NNP
 - d. Phone
 - 1) Team leader Blank Children's NICU (208-7891)
 - 2) Neonatology call room (241-8513)
 - 3) Public Safety Officer – notify of need to pick up Blank NICU team at entrance to Blank Children's for immediate transport to MWH.
- D. Interventions and role responsibilities during resuscitation are per the Neonatal Resuscitation Program.
- E. Education of Team Members
- 1. Registered nurses, neonatologists, pediatric/family medicine residents and respiratory therapists in Maternity Services and NICU will complete and maintain education in the Neonatal Resuscitation Program per guidelines of the program.
- F. Continuous Quality Improvement
- 1. Code pinks will be reviewed by the Code Pink Quality Committee.

2. Results of Code Pink Quality Review will be reported to Code Blue Committee and Pediatric Quality Committee.