

FAMILY MEDICINE AT EAST DES MOINES INTRODUCTION

The Unity Point Family Medicine at East Des Moines is home of the residency training program and is located across the street from Iowa Lutheran Hospital. EDM is equipped, staffed, operated as a family medicine office similar to private practice.

The East Des Moines clinic is a newly remodeled multidisciplinary clinic with behavioral therapy, pharmacist and care coordination. The clinic contains offices for administration, faculty, and residents and space for medical and pharmacy students. The University of Iowa College of Pharmacy students rotate with our pharmacist in the clinic. Four exam rooms are equipped with video cameras for use by the faculty and residents for patient counseling sessions and as a tool for improving interviewing and examining skills. There are two special procedure rooms for colposcopy, casting, and surgical procedures. The clinic houses its own x-ray, laboratory and DEXA scanning equipment.

EDM utilizes the EPIC computer system for efficient scheduling, billing and documentation of patient charts. The clinic is fully equipped with WiFi, laptop computers and individual resident computers.

Patients are seen at EDM Monday through Friday 8 am to 5 pm. The clinic provides Urgent Care hours from 5 – 7 pm Monday through Thursday and 8 am -12 pm on Saturdays.

The patient population is diverse including patients from every age group, varied ethnic backgrounds and a broad socioeconomic range. Residents are assigned their own panel of patients for whom they will serve as primary care physician throughout their three years of training. The clinic now has a Level III medical home designation and continues to push forward in latest advances. Properties of the medical home that residents are expected to participate in are population management, care coordination, co-location, huddling, and process improvement. The clinic is divided into four hallway teams which serve as more intimate medical homes for our patients. Scheduling priorities are first with the patient's assigned primary care physician and then with a team member of their hallway.