

# Nurse Residency Maternity Track

## Overview

Opportunities for placement at any of the UPHDM 3 OB units (Iowa Lutheran, Methodist West, Iowa Methodist Medical Center).

Competency-based clinical orientation:

- Labor and Delivery Orientation (12 weeks)
- Mother/ Baby Orientation (6 weeks)

Combination of classroom/online learning and simulation/lab.

Our goal is to provide family-centered care that supports patients and families during the patient's maternity stay.

## Contact

Sarah Copple

[sarah.copple@unitypoint.org](mailto:sarah.copple@unitypoint.org)

(515) 343-1552



**UnityPoint Health**  
Des Moines