

2022 HeartCode BLS

Purpose and Intended Audience:

HeartCode BLS is a blended learning course. The online portion (Step 1) is a self-directed, comprehensive eLearning program that uses adaptive learning technology to allow learners to acquire and demonstrate Basic Life Support skills using a personalized learning path that adapts in real time to the learner's performance. The program is designed for healthcare professionals who need BLS training for their clinical duties. The hands-on portion (Step 2) is completed with an AHA BLS instructor.

- Step 1 is completed at the American Heart Association website which uses dramatizations, cognitive assessments, illustrations, knowledge checks, and interactive activities. This program takes approximately 1.5 hours to complete.
- Step 2 is the (hands on) skills practice and testing by a BLS Instructor at UnityPoint Health-Des Moines and requires approximately 1.5 hours minutes to complete.
- Both steps must be completed to receive a BLS Provider eCard.

How to Complete Step 1:

Log onto the American Heart Association website at <https://elearning.heart.org/course/437> for the HeartCode BLS Online. Purchase and complete all the lessons.

Print out or download the HeartCode certificate showing completion of the Step 1 online portion. Email to DM_CTC@unitypoint.org

How to Complete Step 2:

Contact the UnityPoint Health–DM Training Center to schedule Step 2 skills practice and testing. This can be done by emailing DM_CTC@unitypoint.org or calling 515-241-6811. A date and time will be mutually arranged for the skills checkoffs.

The HeartCode Certificate must be available prior to completion of the skills.

The cost is \$75.00 for the hands-on portion. An additional \$40.00 will be charged if you need to reschedule. Make checks payable to UnityPoint Health-CTC or call 515-241-6811 to pay with credit card.

A BLS Provider eCard will be issued after the successful completion of the skills portion.

CME/CEU/CEH:

Continuing Education Credit is provided by the AHA upon successful completion of the Step 1 computer portion for physicians, physician assistants, nurses, pharmacists, and EMTs/paramedics.

No CME/CEU/CEH credit will be awarded from the UnityPoint Health-Des Moines Training Center for Step 2.

Dress Code:

Business casual. No blue jeans, shorts, or sandals please.

Location:

Iowa Methodist Medical Center – Des Moines
Education and Research Center
Driving directions will be sent in confirmation email.

Questions – email DM_CTC@unitypoint.org



Community Training Center
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Des Moines, IA 50309
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