

2021 HeartCode BLS

Purpose and Intended Audience:

HeartCode BLS is a blended learning course. The online portion (Step 1) is a self-directed, comprehensive eLearning program that uses adaptive learning technology to allow learners to acquire and demonstrate Basic Life Support skills using a personalized learning path that adapts in real time to the learner's performance. The program is designed for healthcare professionals who need BLS training for their clinical duties. The hands-on portion (Step 2) is completed with an AHA BLS instructor.

- Step 1 is completed at the American Heart Association website which uses dramatizations, cognitive assessments, illustrations, knowledge checks, and interactive activities. This program takes approximately 1.5 hours to complete.
- Step 2 is the (hands on) skills practice and testing by a BLS Instructor at UnityPoint Health-Des Moines and requires approximately 1.5 hours minutes to complete.
- Both steps must be completed to receive a BLS Provider eCard.

How to Complete Step 1:

Log onto the American Heart Association website at <https://elearning.heart.org/course/437> for the HeartCode BLS Online. Click on "purchase" and complete the online registration.

The cost is \$31.00 – for HeartCode BLS online computer portion (credit card payment online)

Complete all the lessons. Print out the HeartCode certificate showing completion of the Step 1 online portion.

How to Complete Step 2:

Contact the UnityPoint Health–DM Training Center to schedule Step 2 skills practice and testing. This can be done by emailing DM_CTC@unitypoint.org or calling 515-241-6811. A date and time will be mutually arranged for the skills checkoffs.

The HeartCode Certificate must be available prior to completion of the skills.

The cost is \$70 for the hands only portion. An additional \$40 will be charged if you need to reschedule. Make checks payable to UnityPoint Health- CTC or call 515-241-6811 to pay with credit card.

A BLS Provider eCard will be issued after the successful completion of the skills portion.

CME/CEU/CEH:

Continuing Education Credit is provided by the AHA upon successful completion of the Step 1 computer portion for physicians, physician assistants, nurses, pharmacists, and EMTs/paramedics.

No CME/CEU/CEH credit will be awarded from the UnityPoint Health-Des Moines Training Center for Step 2.

Dress Code:

Business casual. No blue jeans, shorts, or sandals please.

Location:

Iowa Methodist Medical Center – Des Moines
Education and Research Center

Park in the back of the visitors parking ramp and take the South Elevator to Level "2" to the Simulation Center.
Driving directions will be sent in confirmation email.

Questions – email DM_CTC@unitypoint.org