

2021 Basic Life Support Renewal Course

Purpose and Intended Audience

To enable healthcare providers in the lifesaving skills of cardiopulmonary resuscitation (CPR) for all ages (including ventilation with a barrier device, a bag-mask device, and oxygen), use of an automated external defibrillator (AED), and relief of foreign-body airway obstruction (FBAO) defined by the American Heart Association (AHA).

Objectives/Learner Outcomes

Upon completion of the course, the participant will be able to:

1. Describe the importance of high-quality CPR and early defibrillation and its impact on survival.
2. Describe the steps in the chain of survival and apply those steps to BLS.
3. Successfully complete BLS skills in Adult CPR/AED, Child BLS, Infant BLS, Team Dynamics, and Choking.
4. Demonstrate effective use of a barrier device and a bag-valve-mask device.
5. Completed the written exam with a score of 84% or higher.

Pre-requisites

Must have a non-expired BLS Provider Card. Email a copy of your current BLS Provider card to DM_CTC@unitypoint.org

Faculty

Faculty: Certified AHA BLS Instructors

Dates and Times

May 12 (8:30-11:30 or 1 - 4)	May 18 (8:30-11:30)
June 9 (8:30-11:30 or 1 - 4)	June 15 (8:30-11:30)
July 7 (8:30-11:30 or 1 - 4)	July 29 (8:30-11:30)
Aug. 4 (8:30-11:30 or 1 - 4)	Aug. 12 (8:30-11:30 or 1 - 4)
Sept. 1 (8:30-11:30 or 1 - 4)	Sept. 15 (8:30-11:30)
Oct. 7 (8:30-11:30 or 1 - 4)	Oct. 13 (8:30-11:30)
Nov. 10 (8:30-11:30 or 1 - 4)	Nov. 24 (8:30-11:30)
Dec. 8 (8:30-11:30 or 1 - 4)	Dec. 22 (8:30-11:30)

Fees

Registration \$60

UPHDM Region Clinic employee \$40

Course Manual

2020 BLS Provider manual -Product #20-1102 available at <https://shopcpr.heart.org/courses/bls?format=84>

Payment

Please provide payment by calling in your credit card number to the training center at 515-241-6811

How to Register

Please click and complete registration at this link: [BLS Renewal Registration](#)

Location

Iowa Methodist Medical Center – Education and Research Building – 1200 Pleasant Street, Des Moines, IA
Driving directions will be sent with confirmation email.

CE Credit

None provided

Cancellation Policy

- The registration fee, minus \$20 is refundable up to five working days prior to the program. After that time, no refund is available.
- UnityPoint Health –Des Moines reserves the right to cancel the program due to insufficient enrollment. If this occurs, registration fees will be refunded.
- Courses cancelled due to adverse weather conditions will be rescheduled. Participants will be granted a refund if there is a conflict with the new date.

Questions: Email DM_CTC@unitypoint.org

The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.