

Decontamination Policy

The manikin surfaces may present a risk of disease transmission under certain circumstances; therefore these surfaces should be cleaned and disinfected consistently to minimize this risk of disease.

A. During Training Sessions

1. Instructors should practice good hygiene with proper hand-washing techniques. Hand sanitizer is an acceptable alternative.
2. Students should be told in advance that CPR training sessions involve close physical contact with other students.
3. Students should reschedule the course if they are known to be in the active stages of an infectious disease, or have sores on the hands, mouth, or face.
 - Individual manikins, one way valves, or pocket masks are encouraged whenever possible.
4. When using protective face shields, the instructor must ensure that all students consistently place the same side of the face shield on the manikin during use.
5. If a practice shield or pocket mask is not used, manikins should be cleaned after use by each student with a manikin wipe that has an antiseptic with 70% ethyl alcohol.
 - Rub the manikin's mouth and nose vigorously with the wipe
 - Wrap the wipe snugly over the mouth and nose.
 - Keep the wipe in place for 30 seconds
 - Dry the manikin's face with a clean paper towel or something similar
 - Continue with manikin practice.

B. After Each Training Session

1. Instructors will wear protective gloves when disassembling the manikins and wash his/her hands when finished.
2. All the external surfaces will be washed with warm soapy water and rinsed with fresh water. Manikin clothing will be laundered if soiled.
3. Follow the manufacturer's recommendations and provisions for face decontamination and lung disposable. Most manufacturers recommend soaking the faces and pocket mask in sodium hypochlorite solution (1/4 cup bleach to 1 gallon of water) for ten minutes followed by rinsing with fresh water and air dry.
4. New lungs should be inserted after decontamination.

References:

AHA Training Memo (April 23, 2012). *Equipment Decontamination Guidelines for CPR Training*.

Hazinski, M.F.(Ed.). (2010). *BLS for Healthcare Providers Instructor Manual*. American Heart Association.

Date last review:	3/2008	3/2009	3/2010	11/2011	1/2013	12/2014		
Reviewer initials:	wg	dd	dd	dd	dd	ctc		
Changes made:	yes	no	no	yes	yes	no		

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