

Community Training Center

Instructor Recognition

Each year in our communities, we hear of individuals that couldn't be saved due to lack of timely CPR. It saddens us to know that their loved ones will grieve needlessly. This is where our passion comes in. Thousands of instructors just like you work tirelessly to provide training to improve access and quality of care to our communities. **Without you**, this would not be possible.

At the CTC, we believe that you are our most important asset. This month we celebrate this passion and commitment by recognizing those who have been teaching 15+ years. (We recognize instructors on their 0 and 5 year anniversaries.)

Thank you for your commitment to teaching American Heart Association programs. Keep up the GREAT work!

35 YEARS	20 YEARS	15 YEARS
Lang, RaeAnn	Canade, Edward	Amundson, Diane
30 YEARS	Drake, Christine	Budd, Mary
Armstrong, Linda	Hill, Katherine	Buser, Steve
Eimers, Margaret	Mertens, Julie	Doeden, Ann
Stuckle, Julie	Schafer, Ron	Hippen, Teresa
Weaverling, Mary	Schultheis, Debra	Kurth, Jeff
Wilkinson, Jack		Scheuermann, Kathy
25 YEARS		Spry-Knutson, Jennifer
Bockoven, Johanna		Strickland, Gina
Goranson, Wanda		Sward, Colleen
Hurm, Linda		

Have you completed your AHA Instructor Updates?

Instructors have until February 15 to complete these updates and submit a copy of the completion certificate to the CTC. Go to www.ahainstructornetwork.org

See the FAQ's on pg. 5 for more information on the required updates.

Inside this issue:

INSTRUCTOR RECOGNITION	1
HANDS ONLY	2
NEW PRODUCTS/ MATERIALS	2
CARD PRICE INCREASE	2
MORE AHA UPDATES	3
RELEASE SCHEDULE /FAQ'S	4-5

Hands Only Events



Thanks to the efforts of many instructors we trained 1020 people in Hands Only CPR!

Keep up the GREAT work!

Do you have a Hands Only Event that you would like to share? We love to Have your pictures & stories for the next newsletter.

New Materials/Products



BLS for Healthcare Providers Material available February 16 from the vendors (available for preorder now)

- 15-1012 BLS Instructor Package 2015 (\$110)**
- 15-1009 BLS Instructor Manual 2015 (\$36.25)**
- 15-3103 BLS Instructor Manual eBook (\$36.25)**
- 15-1010 BLS Provider Manual 2015 (\$13.25)**
- 15-1011 BLS DVD Set 2015 (\$75)**
- 15-3102 BLS Provider Manual eBook (\$13.25)**

The instructor package as all of the materials necessary to teach the new BLS for HCP Instructor-Led classroom based course. These items can also be purchased separately.

New cards can be purchased from the CTC. DVD's will be also be available on a rental basis from the CTC (\$5)

Card Price Increase

AHA Card price increase effective February 1. Due to the increase in AHA materials costs the CTC will be increasing card prices. We are mindful that these increases are often difficult; therefore, every effort has been made to keep this increase as reasonable as possible.

New card order forms will be available on the CTC website February 1.

2015 Course Card Costs:

Basic Course cards (Healthcare Provider & Heartsaver level)	\$6.25/card
Advanced Course cards (ACLS, PALS, PEARS)	\$8.00/card
Instructor cards	\$16.00/card

What the AHA Instructor Updates Didn't Tell You

Challenge courses will not be available for the next 2 years due to the new guideline changes. An AHA Memo will be released soon regarding this.

The BLS for Healthcare Providers Renewal Course has been eliminated. This course was very similar to the new provider course and AHA believes that the renewal course is no longer necessary.

ACLS & PALS Precourse Assessments are now mandatory with a new passing score of 70%. The precourse assessment is intended to partially prepare participants for class and teach the remaining concepts in the classroom setting that is why the passing score was reduced to 70%. The precourse assessments will no longer be available in paper form so students will need to use the student website. The location of this website is found in the front of the ACLS and PALS Provider Manuals on pg ii. (These assessments do not need to be sent in with the course paperwork.)

All exams are now open book, open resource. AHA allows use of resources during an online course, so to be fair to all participants it is now allowable for all courses. So if participants use an ebook rather than a textbook this is also acceptable. According to AHA, it is also acceptable to set a reasonable time limit for taking the exam. Passing grade for all exams remains 84%.

The American Heart Association BLS HCP Online Part 1 course has been updated to the 2015 guidelines as of last week. So any person entering this program for the first time will now have access to the new information. If participants opened this program prior to last week they will have access to the 2010 information.

Interim Material Implementation

Please remember that in order to use the interim materials and exams **you must have completed the appropriate instructor update and submitted your certificate(s) to the CTC** by February 15. All interim materials must be implemented into your programs by April 16. The other interim materials (checklists) can be found on the Instructor Network or on the CTC website.

AHA Exams

The ACLS Interim Version C & D exams have been compromised. New Versions E & F are available from the CTC. Interim changes have also been added to these exams. Please contact the CTC to obtain your electronic copy.

Interim Exams are available from the CTC upon request. Please remember that Heartsaver Exams are considered optional and only administered if it is required by the company/organization that the course is being taught for.

Support your local Heart Walks...

March 19	Sioux Center
April 16	Des Moines
May 7	Dubuque & Iowa City
May 14	Sioux City
May 21	Waterloo, Quad Cities, Cedar Valley
September 11	Cedar Rapids



Heart Walk.



Preliminary release dates are listed below and are subject to change at any time. Student and Instructor materials will be released simultaneously, and each AHA discipline-specific product line will introduce new printed and electronic course completion cards.

RELEASED

October 15, 2015

- *ILCOR Consensus on Science*
- *2015 AHA Guidelines for CPR and ECC*
- *AHA/Red Cross Guidelines for First Aid*

November 3-9, 2015

- 2015 Guidelines Highlights (PDF and eBook)
- Handbook for ECC for Healthcare Providers (PDF and eBook)

2016

February 16

- Basic Life Support (BLS) -Instructor Led
- HeartCode BLS-Blended Learning

March/April

- Advanced Cardiovascular Life Support (ACLS) Instructor—Led
- Heartsaver® First Aid CPR AED Blended Learning
- Heartsaver® First Aid CPR AED Instructor-Led

April/May

- HeartCode® ACLS– Blended Learning

June/July

- Family & Friends® CPR-Instructor Led (English)

August/September

- Heartsaver® Pediatric First Aid CPR AED– Instructor Led
- Heartsaver® Pediatric First Aid CPR AED-Blended Learning

September/October

- Pediatric Advanced Life Support (PALS) -Instructor Led
- HeartCode® PALS –Blended Learning
- Pediatric Emergency Assessment, Recognition and Stabilization (PEARS®) -Instructor Led
- Family & Friends CPR– Instructor Led (Spanish)

saving lives is why



2015 GUIDELINES Preliminary Product Release Schedule

2017

TBD

- CPR Anytime Adult/Child Kit (English/Spanish)
- Infant CPR Anytime Kit (English/Spanish)
- CPR in Schools Training Kit

A complete list of released materials is available on the AHA Instructor Network.

FAQ's

Do I have to do all of the AHA Instructor Updates?

BLS Instructors complete both the BLS Instructor and Heartsaver Instructor Updates
Heartsaver Instructors complete only the Heartsaver Instructor Update
ACLS Instructors complete only the ACLS Instructor Update
PALS Instructors complete the PALS Instructor and PEARS Instructor Updates
PEARS Instructors complete only the PEARS Instructor Update

Is there continuing education credit for the instructor updates?

Yes, once you launch the instructor update the "Claim CME/CE credit button will be on the left side of the page under Course Completion. This is the same section where you can download and print your course completion certificate.

Who needs a copy of the instructor update certificate?

Please send this to the CTC for your instructor file.

I can't log onto the Instructor Network to complete the update.

If you don't remember the email address you registered on this website with, please call or email Doreen Denger. All other technical issues will have to be answered by AHA Technical Support at 1-877-242-4277 Monday-Friday 8:00 am- 5:00 pm or ahainstructornetwork@heart.org (Note: The instructor network is experiencing very high call vol-

AHA Website: <http://www.heart.org/>

AHA Instructor Network: <http://www.ahainstructornetwork.org/>

Online AHA Programs: <http://www.onlineaha.org>

School teacher website: <http://bethebeat.heart.org/>

Hands Only CPR website: , www.heart.org/HandsOnlyCPR

UP-DM General Public Website: <http://www.unitypoint.org/desmoines/classes-and-events.aspx>

UP-DM CTC Instructor Resources Website: <http://www.unitypoint.org/desmoines/instructor-resources.aspx>

Additional questions or concerns? Please contact:

Doreen Denger, TC Coordinator Doreen.Denger@unitypoint.org (515)241-4207

Robin Gilbert, TC Secretary Robin.Gilbert@unitypoint.org (515)241-6811

UnityPoint Health-Des Moines CTC
1200 Pleasant Street
Des Moines, IA 50309

Office hours:

Mon-Thurs 7 am - 4 pm
Fri 7am - 11 am

Phone: 515-241-6811

Fax: 515-241-5038