May 18 & 19, 2016
7:30 am – 4:00 pm, each day
Classroom 3

Iowa Methodist Medical Center
Education and Research Center

Intended Audience:
RNs caring for older adults across the continuum of care.

Purpose:
The purpose of this activity is to enable RNs to use evidence-based practice to improve outcomes for elder adults across the continuum. The program will highlight age-related changes in health, family caregiving, depression, dementia, delirium, nutrition, and hydration.

Objectives:
- Identify the clinical significance of age-related and pathology-related changes in care of the older adult.
- Describe the significance of cognitive changes and the importance of early recognition and treatment.
- Develop skills to recognize and implement strategies for management of geriatric syndromes.
- Demonstrate knowledge of aging demographics and the principles of evidence-based older adult care.
- Describe the history of health care for older adults in the United States.
- Develop skills to apply evidence based care of older adults across the health care continuum.

Speakers:
From UnityPoint Health – Des Moines:
- Amanda Jorgensen-Razor, BSN, RN-BC
- Elizabeth Hultman, BSN, CMSRN
- Faye Petersen, MSW, LISA, ACHP-SW
- Lisa Baumhover, BSN, MS, GCNS-BC
- Cheryl Lillegrenav, MSN, ACNS-BC
- Sarah Pandullo, MSN, CCNS
- Kathy Dewald, BSN, MS, ARNP, ACHPN

Continuing Education:
Approved for 1.55 CEUs by Iowa Board of Nursing Provider #31, UnityPoint Health – Des Moines.

UnityPoint Health is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Participants must attend the entire two day program to receive continuing education credit.

Registration:
Pre-registration is required by May 4, 2016 at www.unitypoint.org | classes & events | continuing education.

No phone reservations will be taken.

- UnityPoint Health Employee ……………..……$40
- Nonemployee …………………………….. $100

Registration cost includes continuing education credit, breakfast, lunch, and handouts.

A cancellation fee of $10 will be retained for cancellations received on or before May 4th. No refunds for cancellations received after May 4th. Substitutions are welcome.

For more information contact: lisa.baumhover@unitypoint.org or (515) 263-5118
Day of conference phone number: (515)-205-9619
Agenda:

Day One

7:30 am  Registration and Breakfast
8:00 am  Welcome and Introductions
8:15 am  Demographics: Why Geriatric Nursing
8:40 am  Age Related Changes in Health
9:10 am  Family Caregiving
9:50 am  Depression
10:30 am Break
10:45 am Dementia
11:15 am Delirium
11:45 am Lunch
12:30 pm Group Activity
12:55 pm Falls and Function
1:25 pm Nutrition, Hydration and Oral Care
1:55 pm Break
2:10 pm Group Activity
3:00 pm Practice Test: Day One Content
3:30 pm Test Review
3:50 pm Evaluation Day One
4:00 pm Adjournment

Day Two

7:30 am  Registration and Breakfast
8:00 am  Pressure Ulcers & Skin Tears
8:30 am  Incontinence
9:00 am  Sleep
9:30 am  Break
9:45 am  Pain
10:30 am Legislation
11:00 am Restraints
11:30 am Lunch
12:15 pm Health Care Decision Making
12:45 pm Group Activity
1:15 pm Medications
2:00 pm Break
2:15 pm Group Activity
3:00 pm Practice Test: All Content
3:30 pm Test Review
3:50 pm Evaluation Day Two
4:00 pm Adjournment

Program Location:

Iowa Methodist Medical Center
Education and Research Center
Classroom 3
1415 Woodland Avenue
Des Moines, Iowa

Park in the ramp and take the south elevator to G” level.

Presented by the NICHE project at UnityPoint Health – Des Moines