

# Mental Health Issues in the Older Adult



**October 18, 2019**

Registration/Breakfast 7:30 am

Program 8:00 am – 4:15 pm

Iowa Methodist Medical Center  
Education and Research Center  
Virginia Thompson Auditorium

## Intended Audience:

Nurses, Social Workers, Mental Health Therapists and interdisciplinary team members who have an interest in the care of older adults who have a mental health illness

## Learner Outcomes:

At the conclusion of this education activity, participants will:

- Self-report the knowledge gained to meet patient care needs for older adults who have a mental health illness thus decreasing patient behaviors that may put themselves or others in danger.
- Identify potential mental health issues with assessment of the older adult to effectively manage the issues, both while in the hospital and/or referrals for after care.

## Presenters:

- Mike Kendall, LMSW, Senior Outreach Counseling, Eyerly Ball CMHS, UnityPoint Health – Des Moines
- Jerry Owens, LMHC, CCPD-D, Mental Health Counselor, UnityPoint Health – Des Moines
- Scott Larson, MD, Clinical Assistant Professor, Department of Family Medicine, University of Iowa Hospitals and Clinics
- Anisa Fornoff, PharmD, Associate Professor of Pharmacy Practice, Drake University, Des Moines, IA
- Shehzad Kamran, MD, Chair, Psychiatry Department, UnityPoint Health – Des Moines
- Eric Johnson, MDiv, MS, BCC, Director Spiritual Care Services, UnityPoint Health – Des Moines

## Continuing Education:

UnityPoint Health is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses will receive 6.75 contact hours for attending this conference. Pharmacotherapeutic 1 contact hour.

Iowa Board of Certification (IBC) has approved 7.0 hours - Counseling Theories and Special Populations.

Participants must attend the entire program to receive continuing education credit.

## Agenda:

- 7:30 – 8:00 Breakfast & Registration
- 8:00 – 8:15 **Welcome**  
*Daina Fleming*
- 8:15 – 9:15 **Overview of Psychiatric Issues in the Older Adult Population**  
*Mike Kendall*
- 9:15 – 10:00 **Alcohol & Recreational Drug Use in the Older Adult Population**  
*Jerry Owens*
- 10:00 – 10:15 Break
- 10:15 – 11:45 **Depression & Anxiety**  
*Scott Larson*
- 11:45 – 12:30 Lunch
- 12:30 – 1:30 **Medications: Depression, Anxiety, Sleep**  
*Anisa Fornoff*
- 1:30 – 2:30 **ECT / TMS**  
*Shehzad Kamran*
- 2:30 – 2:45 Break
- 2:45 – 4:00 **Determining Decision Making Capacity**  
*Eric Johnson*
- 4:00 – 4:15 **Wrap Up & Evaluation**  
*Daina Fleming*

## Registration:

Pre-registration is required by October 11, 2019 at [www.unitypoint.org](http://www.unitypoint.org) | **classes & events** | **continuing education**.

No phone reservations will be taken.

- UnityPoint Health Employee.....\$45
- Nonemployee.....\$95

Registration cost includes continuing education credit, breakfast, lunch and refreshments.

A cancellation fee of \$20 will be retained for cancellations received on or before October 11<sup>th</sup>. No refunds for cancellations received after October 11<sup>th</sup>. Substitutions are welcome.

Speaker handouts will be online one week before the conference.

## For more information contact:

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Day of conference phone number: (515) 314-4495

