



Youth in crisis? CALL J-FAST!

Are you considering **hospitalization or committal** for a child (**ages 8-17**) due to mental health or substance abuse concerns, but don't know what your options are?
Call J-FAST at 362-2174

If you are concerned about a youth in crisis, we can meet with you to discuss options. Issues we can help with include: **depression, self harm, violent behavior, substance abuse and thoughts of suicide.**

IMMEDIATE CRISIS RESPONSE

- Call our 24/7 Crisis Line **(319) 362-2174**
- Foundation 2's Mobile Crisis team will come to your **Linn County** location

CASE MANAGEMENT

- Coordination of Services
- Regular Phone and in Person Check-In
- Appointment Reminders

ASSESSMENT (within 24 hours)

- Mental Health Assessment Partners:
 - St. Luke's
 - Abbe Center/Abbe Oaks
 - Tanager Place
 - Horizons, A Family Service Alliance
- Substance Abuse Assessment Partners:
 - St. Luke's Chemical Dependency
 - Area Substance Abuse Council

REFERRALS TO OTHER SERVICES

- Individual & Family Counseling
- A.R.T. (Aggression Replacement Training)
- Psychiatric / Behavioral Medicine
- Parenting Support Groups
- Domestic Violence Counseling
- CWES: Child Welfare Emergency Services
- Behavioral Health Intervention Services

For more information call Foundation 2 at 362-2174

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