

ST. LUKE'S CHILDREN'S SPECIALTY SERVICES ENGAGEMENT MODEL PHILOSOPHY

St. Luke's Children's Specialty Services, along with the rest of the Behavioral Health Division, utilizes what we call an "Engagement Model Philosophy". The basis for this philosophy centers on our common vision which is:

To create a place where kids, staff, and parents want to be and where they can learn new skills that will benefit them now and in the future

The basis for this vision revolves around the belief that everyone is here to learn new skills so that they can better cope with their life situations. We will do our best to assist your child in learning improved coping strategies so that they will be more successful in school, home and in the community. Our goal is to be non-judgmental and to focus on your child's strength at all times.

Additionally we will be mindful of every person's individual desire to make changes in their own time and in their own manner. Our goal will always be to give your child the tools to make more positive choices in their daily lives.

Safety will always be the top priority for all participants in our programs. Everyone will be given the opportunity to utilize positive coping strategies when they are feeling angry or frustrated. Each participant will complete a Safety Plan at the beginning of their treatment to better meet this goal.

If at some point your child is not able to utilize a coping strategy that maintains their safety and/or the safety of others (i.e.: physical aggression toward self or others, destruction of property) all Children's Specialty Services staff are trained to safely physically restrain children in order to keep them safe. Additionally, a child may be asked to take a time out in our time out room and in extreme situations parents will be called to pick up their child.

If the safety of your child or others is an imminent risk the Cedar Rapids Police Department may be called for assistance.

Parent Signature

Date

Parent Signature

Date

Staff Witness

Date