

Stroke Acute Inpatient Rehabilitation 2016 Outcome Summary

Rebuilding lives, renewing hope.

A stroke can change nearly everything – the way a person talks, walks and even looks. At St. Luke’s Physical Medicine and Rehabilitation we believe it doesn’t change who the person is.

We work to find the care each individual needs, knowing that a stroke affects each person differently. Our full continuum of care encompasses a wide range of therapies and programs in addition to physical medicine and rehabilitation. We help each and every patient address the unique effects of his/her stroke, we also offer additional programs and services:

- Cognitive rehabilitation
- Neuropsychological and psychological counseling
- Driving program
- Leisure activities
- Stroke follow-up Clinic
4 to 6 weeks after discharge
- Stroke research

In 2016, we cared for 148 stroke patients from Iowa and surrounding states.

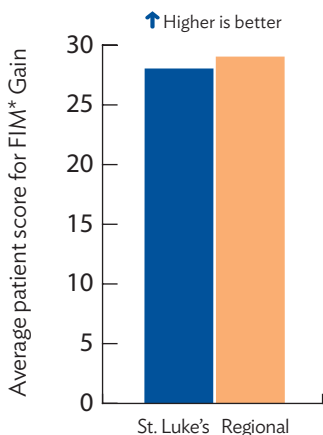
Patients Served

Age	Patients
8-19	1
20-44	7
45-64	55
65-74	28
75-100	57

Regaining Independence

A primary focus in acute rehabilitation is for our patients to regain independence.

2016 Functional Improvement of Stroke Patients



** Functional Independence Measurement (FIM) instrument assesses 18 areas, including eating, grooming, toileting, transfers, mobility, bowel/bladder management, communication and cognition skills. It shows patient improvement from admission to discharge.*

In 2016, 94.7 percent of St. Luke’s stroke patients achieved their Rehabilitation goals during their stay.



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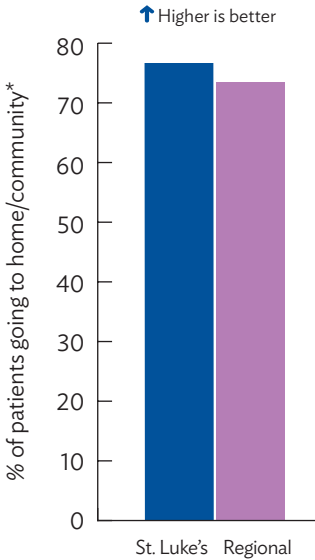
Returning Home

In 2016, 76 percent of our stroke patients were discharged home compared with 73 percent Regionally. 13 percent of patients continued their rehabilitation at a skilled nursing facility

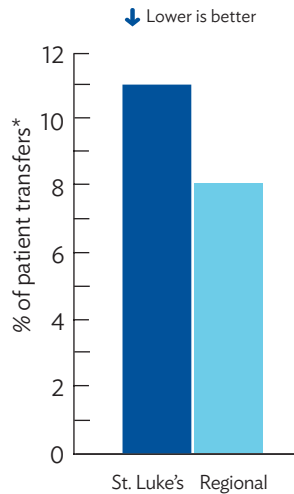
Transfers Back to Acute Care

In 2016, 11 percent of our stroke patients experience an unplanned transfer back to acute care compared with 8 percent Regionally.

Stroke Patients Returning Home in 2016



Rehabilitating Stroke Patients Returned to Acute Care in 2016



Patient Satisfaction

100 percent of our stroke patients would recommend St. Luke's inpatient rehabilitation as good or very good on a scale of 1-5 where 4 is good and 5 is very good.

For more information about outcomes, rehabilitation programs or to make a referral, call (319) 369-8139.



UnityPoint Health
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Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) for inpatient rehabilitation, stroke and brain injury programs. St. Luke's also holds accreditation with the Joint Commission.

Physical Medicine & Rehabilitation

1026 A Avenue NE | Cedar Rapids, IA 52402
(319) 369-7331 | unitypoint.org/cedarrapids