

St. Luke's Heart Care Services Patient / Family Information

Event Monitor Recorder

What is an Event Monitor Recorder?

An Event Monitor is a monitor that records and sends the abnormal or symptomatic rhythms of your heart during your daily activities outside the hospital. The monitor is very light in weight and is the size of a scotch tape role.



Why is an Event Monitor performed?

This test is used to check for problems with your heart rhythm during times when you feel bad such as having chest pain, feeling short of breath, feeling dizzy or nauseated, or feeling like your heart is pounding hard and fast.

How long do you wear the Event Monitor?

The monitor is normally worn for 30 days. After 30 days, you will be required to send the monitor to the company through the mail.

What can you expect before the procedure?

On most occasions you will be scheduled for an appointment at St. Luke's Hospital on the 4th floor of the Heart Center. At that time a technician will attach the monitor to you and then provide you with directions on how to work the monitor. Sticky patches will be placed on your chest with wires connected to them from the monitor. This can take an average of 30 minutes.

What can you expect while wearing the monitor?

The monitor along with the patches and wires will take some time to get used to wearing. The directions you receive from the technician are very important. You will be the one pressing the button to start the recording process, and you will be the one sending the recorded heart rhythm to monitor company so it can be reviewed. Each recording that is sent in will be reviewed. If you have any questions while wearing the monitor, call the monitor company for information. Biotel (Lifewatch) can be reached at (800) 517-6330.

When will you know your results?

A doctor trained to review heart rhythms will review your recordings after the 30 days unless a concerning rhythm appears, then it is reviewed sooner. Your ordering doctor will contact you if a problem is noticed on one of the recordings such as having a very fast heart rate or a very slow heart rate.

Outpatient Instructions:

Please register at the Outpatient Registration Desk at the West Entrance **or** you may call (319)369-8129 to pre-register with Centralized Scheduling, which will reduce your wait time at the registration desk.

Name: _____

Exam Date and Time: _____

If you have further questions, please contact the St. Luke's Diagnostic Cardiology Department at (319) 369-7387.