



Lifeguard Newsletter

April 2012

Volume 8, Number 2

When contacting Lifeguard through your local dispatch or by calling (800)223-6627, please be ready to provide the following:

- Your general location & type of Emergency
- Identify frequency that Lifeguard will be using to speak with ground units
- Identify who Lifeguard will be speaking with

*Lifeguard Air
Ambulance
1026 A Ave N.E.
Cedar Rapids, IA
52406-3026*

Going the Distance to Save Lives

We're Baaack...

Hooray!! We are back up and running after our inspection and ready to accept any and all of your calls! I know many of you have been wondering what happens when the aircraft goes down for maintenance and I did too for many years. So I decided to get some answers. Any type of vehicle, whether ground or air, needs inspections, oil changes, safety checks, etc. So, just like we take our personal cars in for oil changes every 3000-5000 miles, the aircraft goes in every 50 hours of flight time. When we take our personal vehicles in for 50000 mile check-up to guarantee the warranty, so too does the helicopter for its 12 month, 24 month and 60 month inspections.

These inspections have been set up on a schedule with the FAA. The inspections are required for all commercial transport aircraft. They do vary slightly depending on the make and model of the aircraft. Our service has a schedule of maintenance that has been approved by the FAA which consists of six events, 12 month, 24 month, and 60 month, along with engine overhauls and special inspections. The six events occur every 50 hours of flight time, not miles. Each "event" includes lubrication and inspection of the airframe. On top of that, each event includes inspection of a different area of the helicopter and different equipment. For instance, one event inspects the tailboom, EMS equipment and the stretcher component. Another event inspects the cabin area, oxygen system and suction system. When all events are finished, every area of the aircraft has been inspected.

Since the 60 month and engine overhauls are major inspections, the helicopter is taken to a Bell Helicopter Service Center to complete. This can, and often does, take 4- 6 weeks to do all the work required. Following these inspections/events, the helicopter blades then have to be reattached and balanced.

A lot of information in a small amount of space. The one piece of information that we need to take away from this is that all inspection and maintenance programs, whether for aircraft or for ground ambulances, are set up for the safety of all. Because when the crew is safe, the patient is safe also. And this is the goal of transporting our patients, by ground and by air. Stay safe out there!!



It's Time To Call To Schedule Your Safety Training

Safety training is recommended every two years, more frequently if you have many new members on your crew that have never had the training. CEH's are available and the classes last approximately 2 hours. Call to schedule: 319-369-8995.

Requesting Lifeguard:

Remember if you are unsure whether you'll need Lifeguard, you may tell dispatch that you would like to place Lifeguard on "stand-by". The crew will prepare for lift-off while awaiting the "go-mission" call. This saves minutes on lift-off time because the crew is already at the helicopter, and ready for lift-off.

To contact Lifeguard for a Safety Training or PR event, call (319) 369-8995 and ask to speak to a member of the flight crew.

Welcome to one of our newest flight paramedic!

Jordan Kelly comes to us via West Des Moines EMS. Jordan worked there for over 3 years and had the distinction of being one of their Lead Paramedics. As an employee of Iowa Health, he worked on the ground ambulance service of Iowa Health Des Moines including the Blank Pediatric Transport Team and Blank Neonatal Transport team. Jordan's also worked with Wheaton Franciscan Health Care-Mercy Hospital of the Franciscan Sisters in Oelwein, Iowa. He did his schooling at Mercy College of Health Sciences, Des Moines, Iowa and went on to obtain his CCP at EMSLRC, University of Iowa.

Believe it or not, Jordan didn't begin his career thinking he wanted to be a paramedic. No. He started out at Iowa State University in the Veterinarian program and decided it wasn't for him. Lucky for us! Jordan is married, has no children, but many animals. He has a small horse breeding operation with registered Appaloosa and also a show cattle breeding operation of Hereford cattle. He says they're a lot like kids, but more expensive. And it's legal to store them in the barn. He also has a Dachshund-Beagle cross named Rosie.

Jordan is looking forward to being a part of Lifeguard. He wants to make a difference in the lives of others and says it's nice to have a family away from your family when you spend a large portion of your life at work. He hopes to continue learning and experiencing helping more people. Give a big welcome to Jordan and say hi to him as we begin our Safety Training Classes!



Upcoming Educational Opportunities

| | | |
|-----------|------------------------|-----------------|
| 4/21 | PHTLS | NICC |
| 4/24 | Pediatric Assessments | NIACC |
| 4/24 | Pediatric Emergencies | NIACC |
| 5/17-5/18 | ENPC | UIHC |
| 6/11-6/20 | CCP | West Des Moines |
| 7/1 | EMS online CEH bundles | Kirkwood |
| 7/30-8/8 | CCP | Marengo |

Updates and Reminders

We are now scheduling Safety Training classes beginning May 1 through September 30. (These dates are due to weather conditions and temperatures). We want you to be safe around the helicopter at all times and to be part of our crew. So call now to schedule your time!!

The Air Medical Safety Committee is asking that all services use law/mutual aid without tone codes for all communication with an incoming helicopter.

Did You Know:

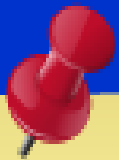
April is National ASPCA month, Defeat Diabetes Month, and National Autism Awareness Month
April 1-7 is APAWS Pooper Scooper Week, April 1-7 is also Laugh at Work Week, April 23-27 is Work Zone Safety Week

April 10 is ASPCA Day AND Be Kind to Lawyers Day (Ha!), April 15 is National Income Tax Pay Day...don't be late! And April 19 is Oklahoma City Bombing Commemoration Day

May is ALS Awareness Month, Motorcycle Safety Month, Skin Cancer Awareness Month
May 6-12 is Be Kind to Animals Week, May 15-21 is Police Week AND Emergency Medical Services Week—Let's CELEBRATE who we are!!

May 4 is Tuba Day, May 6 is Occupational Safety Health Day, and May 25 is Geek Pride Day

June is Dairy Month (I scream for ice cream!) and Adopt a Shelter Cat month
June 4-9 is Sun Safety week, June 10-16 is Flag week, June 15-17 is Duct Tape Days
June 1 is Go Barefoot Day, June 15 is Day of Prayer for Law Enforcement Officers, June 18 is Ride to work Day on Motorcycles



Call 319-369-8995
TODAY to
schedule your Lifeguard
Safety Training Class.
We're scheduling
classes for
May 1—September 30

- Done
- Done done