

**SUBSIDIZED HOUSING & ASSISTANCE, CONT'D.**

**Geneva Tower**  
310 Fifth Ave. SE ..... 366-0454

**Glenbrook Apartments**  
4815 First Ave. SW ..... 396-3899

**Hawthorne Hills**  
2283 C St. SW ..... 365-1497

**Irving Point Affordable Assisted Living**  
910 Seventh St. SE.....294-5007

**Kingston Hill Independent Living**  
202 12<sup>th</sup> St. NW .....540-7142

**Linwood Apartments**  
4845 Johnson Ave. NW ..... 396-7785

**Margaret Bock Housing**  
1021 Third Ave. SE ..... 361-6871

**Meadows Apartments**  
1030 Memorial Dr SE ..... 365-8444

**Moundview Manor** (for persons age 62+)  
2501 Hwy 13, Marion ..... 373-8302

**Oak Hill Manor**  
1301 15th St. SE ..... 362-6378

**Oak Park Village**  
1350 15th St. SE .....362-7759

**Oak Village**  
101 S. 11th St., Marion ..... 377-1347

**Project Independence** (for the disabled)  
4002 Sherman St. NE ..... 393-4799

**Westover Manor**  
205 40th St. Dr SE ..... 363-3086

**ELDERLY RESOURCES**

**Aging Services**..... 398-3644

**Alzheimer Association - East Central Iowa Chapter**  
317 Seventh Ave. SE, Ste. 402..294-9699 or 800-272-3900

**Heritage Agency on Aging**  
6301 Kirkwood Blvd. SW ..... 398-5559

**LIFTS** (transportation)  
625 First Ave. SW ..... 892-5170

**Milestones Adult Day Health Center**  
1725 O Ave. NW ..... 398-3647

**Rider’s Club of America—Cedar Rapids**  
**1700 B Ave. NE, Ste. 213** ..(transportation) ..... 365-1511

**Social Security Administration** ..... 800-772-1213

**Witwer Healthy Aging Program**  
317 Seventh Ave. SE, Ste 302B .....398-3644

**Early ACCESS** (age 0-3 with developmental delays)  
4401 Sixth St. SW ..... 399-6746

**Early Childhood** (age 3-5 with developmental delays)  
4401 Sixth St. SW .....399-6746

118 Third Ave. SE, Ste. 431 ..... 861-2747

**Equipping Youth w/ Powerful Choices** (addresses risky behavior)  
1700 B Ave. NE, Suite 209 ..... 861-2747

**Four Oaks:**

- CD+/ASAC (conduct disorder, substance dependence)  
3601 16th Ave. SW ..... 390-4611
- PHASE (day treatment)  
1924 D St. SW ..... 862-0060
- Regional Office  
5400 Kirkwood Blvd SW ..... 364-0259

**Girl Scouts of Eastern Iowa & Western Illinois**  
317 Seventh Ave. SE ..... 363-8335

**Grant Wood Area Education Agency**  
4401 Sixth St. SW ..... 399-6700 or 1-800-332-8488

**Heartland Youth for Christ**  
2600 First Ave NE.....393-7996

**Horizons - A Family Service Alliance**  
819 Fifth St. SE ..... 398-3943

**Jane Boyd Community House** (call for programs)

943 14th Ave. SE ..... 366-0431

**Linn County Juvenile Detention Center (Youth)**  
800 Walford Rd. SW.....892-5735

**Linn County Youth Services**  
520 11th St. NW .....892-5728

**Mercy Medical Center**

- Fit Families .....221-8877

**Metro Care Connection** (health care)  
Clinics at Taylor ES, Metro HS, and Wilson MS ....558-2481

**Tanager Place** (foster care, adoption, mental health care)  
2309 C St. SW .....365-9164

**YMCA**

- Helen G. Nassiff, 207 Seventh Ave. SE .....366-6421
- Stoney Point, 300 Stoney Point Rd. SW .....390-3488
- Marion, 3100 10<sup>th</sup> Ave. ....377-7361

**Youth First** (correctional system programs)

- Peer Group Program .....892-5720
- Children of Promise Mentoring Program .....398-3907
- Youth Leadership ..... 398-3907

**PSYCHIATRISTS**

**Abbe Center for Community Mental Health**  
520 11th St. NW ..... 398-3562

**Associates for Behavioral Healthcare**  
1510 Boyson Rd. Hiawatha ..... 396-1066

**Cedar Centre Psychiatric Group**  
1730 First Ave. NE ..... 365-3993

**MercyCare Oupatient Psychiatry**  
701 10th St. SE ..... 369-4777

**TRANSITIONAL HOUSING & ALTERNATIVE LIVING ARRANGEMENTS**

**Abbe Transitional Living Programs**  
520 11th St. NW ..... 398-3562

**Area Substance Abuse Council**

- Adult Halfway House, Dual Diagnosis Recovery Center  
3601 16th Ave. SW ..... 390-4611
- Heart of Iowa Program  
4050 Bowling St. SW ..... 862-1050
- The Way Home Apartments  
5480 Kirkwood Blvd. SW .....363-3985

**Catherine McCauley Center** (women only)  
866 Fourth Ave. SE ..... 363-4993

**Discovery Living, Inc.**  
1015 Old Marion Rd. NE ..... 378-7470

**Foundation 2 Transitional Living Program** (youth)  
1500 Second Ave SE ..... 368-3376

**Four Oaks** (youth)  
5400 Kirkwood Blvd. SW ..... 364-0259

**HACAP Inn-Circle**  
5560 Sixth St. SW ..... 366-7631

**HACAP Transitional Housing** .....366-7631 x6020

**House of Hope** (Christian-based)  
1744 Second Ave. SE..... 366-4673

**Penn Center Housing**  
740 15<sup>th</sup> Ave. Hiawatha.....743-9516

**Safe Place**  
527 Sixth Ave. SE ..... 366-3430

**Tanager Place** (youth)  
2309 C St. SW .....365-9164

**FAMILY RESOURCES**

**Access 2 Independence of the Eastern IA. Corridor, Inc.**  
601 Second Ave. SE, Ste. 403.....319-338-3870

**FAMILY RESOURCES, CONT'D.**

**American Cancer Society**  
4080 First Ave NE, Ste 101..... 365-5241

**American Diabetes Association**  
317 Seventh Ave SE, Ste 202B..... 247-5124

**ARC of East Central Iowa** (daycare, family support, etc.)  
680 Second St SE, Suite 200..... 365-0487

**Bridgheaven Pregnancy Support Center**  
701 Center Point Rd NE ..... 364-8967

**Child Support Recovery** .....1-888-229-9223

**Coalition to Augment the Bus System (CABS)**  
450 First St. SE.....363-1321

**Community Health Free Clinic**  
947 14th Ave. SE .....363-0416

**Department of Human Services**  
Title 19, Food Stamps, Child Protection Services  
411 Third St. SE..... 892-6700

**Family Resource Centers:**

- Harambee House.....366-1408
- Inn Circle Head Start/Early Head Start Center .....366-7631
- Marion Head Start/Early Head Start Center .....447-5816
- Linn County Child Development Center.....892-5700

**Unity Point St. Luke’s Hospital - Support Groups**  
1026 A Ave. NE

- Breast Feeding Friends .....369-8944
- Empty Arms Support Group .....369-7347
- New Beginnings: Adjusting to Motherhood..... 369-7580
- Parkinson’s Support Group .....369-7331
- Spinal Cord Injury Support Group.....369-8944

**Waypoint Services**  
318 Fifth St. SE ..... 365-1458

- Journeys Through Healing (M 6:30-8pm)
- Finding Your Voice (T 6:30-8pm)
- Seeking Change (T 6:30-8pm)
- Healing Together (Th 6-7:00pm)

**OTHER RESOURCES\***

\*Additional resources may be found on the Linn County Community Resources Website: [www.linncounty.org](http://www.linncounty.org) under Resource Sheets.

**PLEASE CALL  
319-211-1184  
WITH ANY CHANGES!**

# Tell Me Where To Turn

Published By



**601 Second Ave. SE  
P.O. Box 945  
Cedar Rapids, Iowa 52406-0945**

**319-221-1184**

**www.namilinncounty.org**

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## ADULT MENTAL HEALTH SERVICES

### Abbe Center for Community Mental Health

Adult Day Treatment, Community Support Services, Intensive Psychiatric Rehab, Club 520 (Social Support Center), Outpatient Therapy, Medication Management, Integrated Health Home Svcs, Program for Assertive Community Treatment, Transitional Living Svcs  
520 11th St. NW .....398-3562

### Catholic Charities

420 Sixth St. SE, Ste. 220..... 364-7121

### Cedar Centre Psychiatric Group

1730 First Ave. NE .....365-3993

### Cornerstone Brief Therapy

5925 Council St. NE, Suite 120 .....393-6796

### Crisis & Assessment Services

701 10th St. SE .....398-6476

### Family Psychology Associates, PC

1221 Center Point Rd. NE .....378-1199

### Foundation 2 Crisis Center

1540 Second Ave. SE.....362-2174

### Harambee House

404 17th St. SE .....366-1408

### Horizons – A Family Service Alliance

819 Fifth St. SE .....398-3943

### Keys to Living (Christian-based)

1642 42<sup>nd</sup> St. NE .....377-2161

### Marriage and Family Therapy Clinic – Mt. Mercy Univ.

1650 Matterhorn Dr. NE ..... 368-6493

### Mercy Family Counseling

1340 Blairs Ferry Rd., Hiawatha .....398-6575

### Unity Point Health - Adult Partial Hospitalization

810 First Ave. NE .....369-8176

### UnityPoint Health - St. Luke's Counseling Center

1077 N. Center Point Road, Hiawatha.....369-7952

### Veterans Administration Cedar Rapids Clinic

2230 Wiley Blvd. SW.....369-4340

## SUBSTANCE ABUSE COUNSELING

**Alcoholics Anonymous, AI-ATeen, AI-Anon**.....365-5955

### ANCHOR Ctr. Outpatient Substance Abuse Treatment

#### Individuals involved with the Criminal Justice System

3115 12<sup>th</sup> St. SW..... 297-3500

### ASAC (Adult Residential, Outpatient Clinic)

3601 16th Ave. SW ..... 390-4611

### ASAC Heart of Iowa Mother & Child Recovery Center

4050 Bowling St. SW .....862-1050

### Mercy Hospital –Sedlacek Chemical Dependency Treatment Center,

#### Dual Diagnosis Program, other treatment services

5975 Rockwell Dr. NE.....398-6226

### Johnson County Livable Community

430 Southgate Ave., Iowa City ..... 1-319-351-4357

**Narcotics Anonymous** (Cedar Rapids).....800-897-6242

### St. Luke’s Chemical Dependency Services

810 First Ave. NE ..... 363-4429

### The Salvation Army

1000 C Ave. NW ..... 364-9131

## DOMESTIC & FAMILY VIOLENCE SERVICES

### Batterer’s Education Program

951 29th Ave. SW ..... 398-3675

### Horizons - Child Witness to Violence

819 Fifth St. SE ..... 398-3943

### UnityPoint Health Child Protection Center

1095 N. Center Point Rd. Hiawatha..... 369-7908

### Waypoint Domestic Violence Program & Shelter

318 Fifth St. SE..... 365-1456

Domestic Violence Crisis Line .....1-800-208-0388

## CRISIS/EMERGENCY

### United Way 211 (24/7 Information & Referral)

..... 398-5372 or 866-469-2211

### Abbe Center for Community Mental Health

520 11th St. NW ..... 398-3562

**Alcohol A 24 Hour Helpline of Recovery** .....366-3118

**Alcohol Treatment Ctr. 24 Hour Helpline** .. 800-260-4014

### American Red Cross

6300 Rockwell Dr. NE .....393-3500

### DHS Child Abuse Reporting

411 Third St. SE, Ste. 300 ..... 892-6800

### Mercy Medical Center ER (24/7)

701 10th St. SE .....398-6037

### Foundation 2 Crisis Center (24/7)

Hotline & Services .....362-2174

### UnityPoint St. Luke’s Hospital ER (24/7)

1026 A Ave. NE .....369-7105

### National Suicide Prevention Lifeline (24/7....800-SUICIDE

### Waypoint Domestic Violence Program & Shelter

318 Fifth St. SE

Domestic Violence Crisis Line .....1-800-208-0388

## EMERGENCY HOMELESS SHELTERS

### American Red Cross

6300 Rockwell Dr. NE ..... 393-3500

### Cedar House Shelter

603 Second St. SW ..... 364-2630

### Catholic Worker House

1027 Fifth Ave. SE ..... 362-9041

### Foundation 2 Youth Shelter

3015 12th Ave. SW ..... 366-8797

### Madge Phillips Center for Homeless Women & Children

318 Fifth St. SE ..... 366-7999

### Willis Dady Shelter

1247 Fourth Ave. SE..... 362-7555

## HOT FOOD

### First Lutheran Church (Saturday 4:30-5:30)

1000 Third Ave SE .....365-1494

### First Presbyterian Church (Sunday 4:30-5:30)

310 Fifth St. SE .....364-6148

### Green Square Meals

605 Second Ave. SE.....365-6652

### Heritage Area Agency on Aging (senior dining)

Noon meal

Call for meal sites .....398-5559

### Neighborhood Meal & Enrichment Program

(M-F during summer months, 11:30 a.m. to 1 p.m.)

- St. Paul’s United Methodist Church

1340 Third Ave. SE .....363-2058

### Mission of Hope (M-F, 12 to 1 p.m.)

1700 B Ave. NE .....365-1782

### The Salvation Army (M-F, 8-9 a.m. and 12-1 p.m.)

1000 C Ave. NW ..... 364-9131

## FOOD

### Abundance of Love Food Pantry

Christian Missionary Alliance Church

1622 42nd St. NE .....393-4606

### Churches of Marion Pantry

864 12th St., Marion.....377-7309

### Crossroads Mission

1006 Second St. SW.....365-0707

### Department of Human Services

411 Third St. SE ..... 892-6800 or 892-6700

### Eastview Christian Church Food Pantry

727 Collins Rd. NE.....393-9570

### First Baptist Church Food Pantry

1260 29<sup>th</sup> St. Marion.....,.....377-3275

### Heritage Area Agency on Aging (meals for seniors)

6301 Kirkwood Blvd SW ..... 398-5559

### Horizons – A Family Service Alliance

**Meals on Wheels Program**..... 398-3574

### Christ Holiness Apostolic Temple-The King’s Kitchen

355 19th St. SE .....365-9594

### Linn Community Food Bank (First Presbyterian Church)

310 Fifth St. SE .....364-3543

### Linn County Veteran Affairs – Military only

1240 26<sup>th</sup> Ave. Ct. SW.....892-5160

### Loaves and Fishes

1251 Third Ave. SE .....363-2029

### Metro Catholic Outreach

420 Sixth St. SE.....739-5490

### Mission of Hope

1700 B Ave. NE .....365-1782

### Open Hands Food Pantry, Cedar Hills Community Church

6455 E Ave. NW.....396-6608

### River of Life

3801 Blairs Ferry Rd. NE ..... 393-3709

### St. Vincent de Paul

928 Seventh St. SE .....365-5091

### The Salvation Army Food Pantry

1000 C Ave. NW .....364-9131 ext. 110

## CLOTHING & HOUSEHOLD ITEMS

### American Red Cross

6300 Rockwell Dr. NE..... 393-3500

### Birthright of Cedar Rapids

375 Collins Rd NE ..... 393-3251

### Crossroads Mission

1006 Second St. St SW .....365-0707

### First Presbyterian Church Thrift Shop

310 Fifth St. SE ..... 364-6148

### Goodwill of the Heartland

- West Store (2000 Scotty Dr. SW) ..... 654-9585

- East Store (5520 Council St. NE) .....378-0393

- South Store (2405 Mount Vernon Rd. SE).....739-5080

- Marion (3202 Seventh Ave.) .....373-0480

### Harambee House

404 17th St. SE ..... 366-1408

### Helping Hands Storeroom

First Presbyterian Church, 802 12th St, Marion .....377-7309

### Phillips Center (women and children)

318 Fifth St SE ..... 366-7999

### Olivet Clothing Closet

230 10th St. NW ..... 364-7946

### The Salvation Army Thrift Stores

- 717 Third Ave. SE ..... 365-9333

- 2504 Seventh Ave. (Marion) .....373-3373

### St. Vincent DePaul

928 Seventh St. SE ..... 365-5091

### Taylor Family Resource Center

Taylor Elementary School-South Gym

720 Seventh Ave. SW ..... 558-2084

### Treasures Resale Shop

405 Eighth Ave SE..... 364-1988

## FINANCIAL, SOCIAL, OTHER ASSISTANCE

### Area Payee Services

1436 L St SW, ..... 364-9800

### Financial Counseling Center

Credit Counseling and Debt Management

4403 First Ave. SE, Ste. 402.....373-8297

### Horizons – A Family Service Alliance

819 Fifth St. SE.....398-3943

### Integrity Bonded Services, Inc. Debbi Orr

4635 Westchester Dr. NE, #C.....debi.orr@gmail.com

### Iowa Legal Aid

317 Seventh Ave. SE, Ste. 404..364-6108 or 1-800-532-1275

### Systems Unlimited, Inc.

925 American Way SW.....377-9788

### Optimae Life Services

2750 First Ave. NE, Ste. 420.....364-4799

### Eastern Iowa Health Center

1201 Third Ave. SE.....730-7300

### Linn County General Assistance (financial assistance)

1240 26<sup>th</sup> Ave. Ct. SW..... 892-5850

### Linn Co. Rx/NA Co Prescription Discount Card Program

1240 26<sup>th</sup> Ave Ct. SW ..... 892-5600

### Neighborhood Transportation Services (NTS)

317 Seventh Ave. SE ..... 363-1321

### Olivet Neighborhood Mission

#### Head Start/Clothes Closet/Youth Programs

230 10th St. NW ..... 364-7946

### Parent Education Consortium (PEC)

1120 33rd Ave. SW ..... 399-6809

### Partnership for Safe Families

Imago Christi Presbyterian Church

1700 B Ave. NE ..... 286-0773

### Planned Parenthood of the Heartland

3425 First Ave. SE. Ste. 100 ..... 363-8572

### UnityPoint St. Luke’s Dental Health Center

855 A Ave. NE, Lower Level 1 ..... 369-7730

### Young Parents Network

420 Sixth St. SE, Ste 260,,..... 364-8909

## EMPLOYMENT RESOURCES

### Division of Vocational Rehabilitation Services (DVRS)

Executive Plaza Building (for the disabled)

4444 First Ave. NE, Ste. 436. ....294-9308

### Goodwill of the Heartland

1441 Blairs Ferry Rd NE ..... 393-3434

### Iowa WORKS

4444 First Ave. NE, Ste 436 (Lindale Mall)..... 365-9474

### Promise Jobs

4444 First Ave.NE, Ste 436 (Lindale Mall)..... 365-9474

### Options of Linn County (for the disabled)

1240 26<sup>th</sup> Ave. Ct. SW..... 892-5800

### Vocational Rehabilitation

4444 First Ave. NE . Ste. 436 ..... 294-9308

### Workforce Investment Act

4444 First Ave. NE, Ste. 436 (Lindale Mall)..... 365-9474

## SUBSIDIZED HOUSING & ASSISTANCE

### Cedar Rapids Housing Services Department

101 First St. SE ..... 286-5872

### Cedar Village Senior Residences Apartments

193 Jacolyn Dr. NW ..... 396-9083

### Five Seasons Senior Housing

1225 42nd St. SE ..... 399-1550