



Linn-Mar Community Schools Student Physical Examination Form

Student Name: _____ Date of Birth: _____

Address: _____

Parent/Guardian: _____ Home Phone: _____

School: _____ Grade: _____

Parent or guardian, please answer the following:

- Any medical problems or health concerns? No Yes
Any hearing, vision or speech problems? No Yes
Contact lens, glasses or hearing aids? No Yes
Any allergies? No Yes
Any medications? No Yes
Is this physical a sports participation exam? No Yes-please answer questions on
back of this form.

If yes, please list any information for the above questions: _____

Physician Recommendation:

Date of Exam: _____

Height: _____ Weight: _____ B.P. _____ Pulse _____

Student's immunizations are current. Yes No Immunizations given today: _____

Student can participate in all school activities. Yes No

Student can participate in athletics¹. Yes No

If no, physician recommendation: _____

I have interviewed and examined this student.

Physician name (print): _____

Address: _____

Phone: _____

Physician signature: _____

¹For a detailed listing of participation recommendations, see Kurowski & Chandran, The Preparticipation Athletic Evaluation, AFP May 1, 2000, Vol. 61, p 2683, or <http://www.aafp.org/afp/20000501/2683.html>

Athletic Participation Questions:

- Do you take any medications? No Yes
- Do you have asthma or allergies? No Yes
- Do you have an ongoing illness or see a doctor regularly? No Yes
- Do you have only one eye or kidney? No Yes
- Have you ever passed out during or after exercise? No Yes
- Have you ever been dizzy during or after exercise? No Yes
- Have you ever had chest pain during or after exercise? No Yes
- Have you ever had trouble breathing or coughing during or after exercise? No Yes
- Has anyone in your family died suddenly before the age of 50? No Yes
- Have you ever broken a bone, worn a cast or injured a joint? No Yes
- Have you ever had any surgeries? No Yes
- Have you ever been knocked out or had a concussion? No Yes
- Have you ever had a seizure? No Yes
- For Women Only: Do you have regular periods? Yes No
- How old were you when you had your first period? _____

If yes, list any information for the above questions: _____

I have reviewed the above questions with my son or daughter and give my permission for my student to participate in athletics.

Parent/Guardian Signature: _____ Date: _____

A physical examination of all Linn-Mar students in grades kindergarten and nine is requested. It is *required* for students to have an annual physical examination prior to participation in organized school sports.