



**UnityPoint Clinic**

*Pediatric Cardiology*

## **WHAT IS AN ECHOCARDIOGRAM AND WHY THEY ARE DONE**

An echocardiogram is a non-invasive test that uses sound waves to create a moving picture of the heart. We do echocardiograms to completely view the anatomy of the heart. We can visualize the veins and arteries that go to and from the heart, the heart valves, the walls of the heart, and the heart size and function.

Due to long testing times, we recommend the following to obtain better results and to keep your child occupied while the testing is being performed.

- Bring your child's favorite DVD that we can play during the exam.
- It is helpful for infants to avoid napping prior to the exam, this way they often sleep through testing.
- For infants, please try and avoid bottle feeding prior to test, so they can be fed during the exam. This seems to be extremely helpful.
- Bring a pacifier, favorite toy, stuffed animal or blanket as well.

Please call your insurance to see how much they will cover for testing. The CPT Code they may ask for is 93306.