



Injured on the job?

If you are Injured on the job, follow these steps:

STEP 1: Emergency Care

In an emergency or if the injury is life threatening, call 9-1-1 immediately.

Notify your supervisor at _____.

Hiawatha Family Medicine & Urgent Care**

1001 N. Center Point Road, Hiawatha
319/375-6100

Hours: Monday-Friday: 8 a.m. - 8 p.m.
Saturday-Sunday: 8 a.m. - 3 p.m.

STEP 2: Urgent Care

If the injury requires more than first aid and your supervisor approves, call to schedule an appointment with St. Luke's Work Well Clinic.

St. Luke's Work Well Clinic (next to Moose McDuffy's)
830 First Avenue NE, Cedar Rapids, 319/369-8153
Hours: Monday - Friday 7 a.m. - 5 p.m.

St. Luke's Emergency Department**

1026 A Avenue NE, Cedar Rapids, 319/369-7105
Open 24/7 - Only as a last option or for an emergency

If a drug screen is needed, proceed to St. Luke's Emergency Department and let the ER know to contact the on-call technician at 319-350-1024.

STEP 3: After Hours Care

If St. Luke's Work Well Clinic is closed and no drug testing is required, you may go to one of the following:

St. Luke's Marion Family Medicine & Urgent Care**

2996 7th Avenue – Suite B, Marion, 319/377-4844
Hours: Monday - Friday, 8 a.m. - 8 p.m. &
Saturday - Sunday, 8 a.m. - 3 p.m.

Westside Family Medicine & Urgent Care**

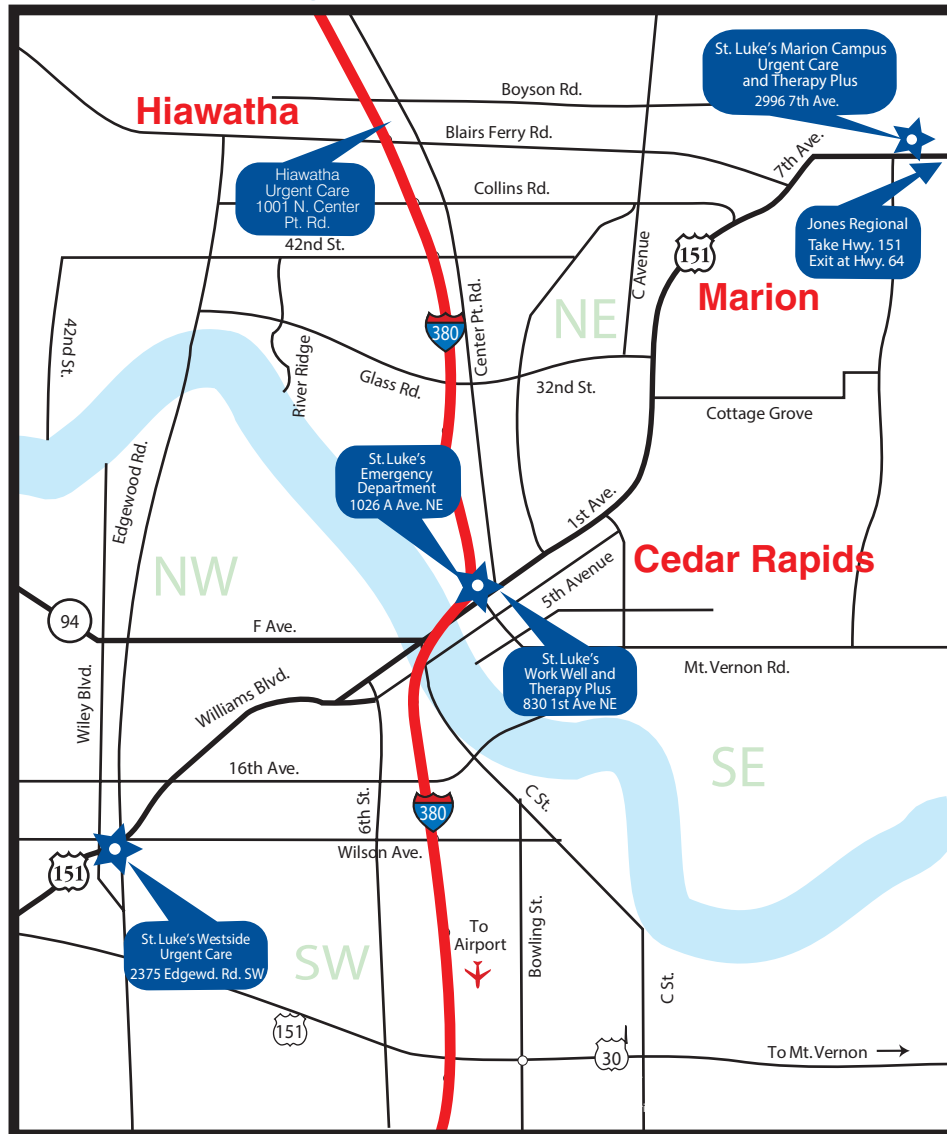
2375 Edgewood Rd. SW, Cedar Rapids, 319/396-1983
Hours: Monday - Friday, 8 a.m. - 8 p.m. &
Saturday - Sunday, 8 a.m. - 3 p.m.

****You must request all follow-up appointments be made through the Work Well Clinic. See map of locations on reverse side.**

All workers' comp medical care must be approved by your supervisor/_____. Self-directed worker's comp medical care may not be covered by your employer.

All worker's comp prescriptions must be paid out-of-pocket (not by your health insurance) and will be reimbursed. Follow-up with your supervisor/_____ as soon as possible after your medical appointment.

Work Well Clinic, Emergency & Urgent Care Locations



Work Well Clinic

830 First Avenue NE (Full service location)
Cedar Rapids, IA 52402; 319/369-8153
Hours: Monday-Friday 7 a.m. - 5 p.m.

Jones Regional Medical Center (By appointment only)
1795 Hwy 64 East, Anamosa

Jones Regional Work Well Physician Hours:
Tuesday, Wednesday and Friday mornings 8:00 am - 12:00 noon
Clinic Scheduling or questions: 319-481-6124

Emergency & Urgent Care Centers

St. Luke's Hospital Emergency Room
1026 A Avenue NE, Cedar Rapids; 319/369-7105

Hiawatha Urgent Care
1001 N. Center Point Road, Hiawatha
319/375-6100
Hours: Monday-Friday: 8 a.m. - 8 p.m.
Saturday-Sunday: 8 a.m. - 3 p.m.

Westside Urgent Care
2375 Edgewood Road SW, Cedar Rapids; 319/396-1983
Hours: Monday – Friday, 8 a.m. - 8 p.m. &
Saturday – Sunday, 8 a.m. - 3 p.m.

Marion Urgent Care
2996 7th Avenue, Suite B, Marion; 319/377-4844
Hours: Monday – Friday, 8 a.m. - 8 p.m. &
Saturday – Sunday, 8 a.m. - 4 p.m.

No drug or breath alcohol testing available at any of the Urgent Care locations.