

Celebrate National Rehabilitation Month at PMR Friends & Wellness

BOWLING PARTY



When: Sunday, September 30, 2018 from 2 - 4 p.m.

Cost: \$3.50 per person, per game - shoe rental is free!

Place: Cedar Rapids Bowling Center at 265 Blairs Ferry Rd NE in Cedar Rapids

What: Bowl if you'd like, or just chat with friends (old and new!) and watch the action!

How: Adaptive equipment will be available. Cake, soda and door prizes will be provided!

Who: PMR Friends & Wellness support group. Bring family and friends - all ages are welcome!

RSVP: By Sept. 28 to Kristin.Biedermann@unitypoint.org, call 319-369-8877 or just drop in!

The Physical Medicine and Rehabilitation support group at UnityPoint Health St. Luke's Hospital is called "PMR Friends & Wellness." We encourage anyone who has experienced a life-changing health event such as a stroke, spinal cord injury or Parkinson's Disease to participate!

