

Titles, Objectives and Speaker Bios (Continued)

Spasticity: Description, Burden, and Treatment

Craig Dove, DO, UnityPoint Health St. Luke's Hospital

Participants at this educational offering will be able to:

1. Define spasticity
2. Explain the etiology and natural history of spasticity
3. Recognize symptoms & common postures of upper limb spasticity
4. Describe the burden and quality-of-life impact of spasticity
5. Report potential treatment options

Craig Dove is a physician specializing in Physical Medicine & Rehabilitation at UnityPoint Health St. Luke's Hospital. He is a graduate of Chicago College of Osteopathic Medicine. He completed an internship at Davenport Medical Center and a residency in Family Medicine at Chicago Osteopathic Medical Center.

He then practiced Family Medicine for five years, including Clinical Director for training Family Medicine residents at Davenport Medical Center. He then completed his residency in Physical Medicine & Rehabilitation at Loyola University of Chicago. After completing his PM&R residency, he was recruited to St. Luke's Hospital where he has been practicing for over 25 years, including Medical Director of Work Well Clinic, Medical Director of the PM&R Department, and currently Medical Director of the Neurodiagnostic Laboratory. He has also served as Chief of Staff of St. Luke's Hospital. He is the current President-Elect of the Iowa Osteopathic Medical Association.

He is board certified by the: American Board of Physical Medicine & Rehabilitation, American Osteopathic Board of Rehabilitation Medicine, American Board of Electrodiagnostic Medicine, and American Osteopathic Board of Preventive Medicine - Certificate of Added Qualification, Occupational Medicine.

Please tell your stroke patients!

The UnityPoint Stroke Survivor Retreat will be held the afternoon of October 26! All stroke survivors and their supporters are encouraged to attend this uplifting event at no charge! Call 319-369-8877.

Parking & only unlocked entrance:

The only entrance that will be unlocked is via the skywalk. Park in the free ramp across 10th Street.

Accreditation

4.0 contact hours applicable for OT, OTA, PT, PTA, SLP continuing education. A certificate of attendance will be given upon completion of the conference.

Iowa Board of Nursing Provider No. 46 awards 4.0 contact hours for complete attendance of this conference.

Who should attend?

- Nurses
- Nurse practitioners/physician assistants
- Occupational therapists/assistants
- Physical therapists/assistants
- Other healthcare professionals

Questions?

(319) 369-8877 or Cathy.Wiseman@unitypoint.org

About Dr. Erich Streib

The Neurorehabilitation Conference is named in honor of Dr. Erich Streib, a distinguished leader in the field of Neurology and Neurorehabilitation. Throughout his career, he was a lifelong student,



an active clinical researcher, an award-winning teacher and an extraordinary physician dedicated to improving his patients' health and quality of life.

**Dr. Erich Streib
(1940-2015)**

**Special thanks for generous support from:
Dr. Sallie Streib and family, as well as**

 **UnityPoint Health**
St. Luke's Foundation

 **UnityPoint Health**
St. Luke's Hospital

PHYSICAL MEDICINE & REHABILITATION
Presents:

The 2019 Dr. Erich Streib
Neurorehabilitation Conference

Stroke Rehab Now and Throughout Life

A conference for health care
professionals treating patients with
neurological injury and impairment

Earn contact hours!

Saturday, October 26, 2019

7:30 a.m. – 12:15 p.m.

PCI Medical Pavilion

3rd Floor Community Room

202 10th Street SE, Cedar Rapids, IA

Schedule: Saturday, October 26, 2019

- 7:30 - 7:50 a.m. Check-in & continental breakfast**
7:50 - 8:00 Welcome, Denise Walker, RN, BSN, CRRN
8:00 - 9:15 Pushing Clinical Boundaries: Recovery and Life After Stroke
Dr. Michael J. Hall, PhD
Col. Jon R. Kerstetter, MD
- 9:15 - 10:00 Ocular Dysfunction and Assessments In Post Circulation Stroke**
Rene D. Crumley, PT, DPT, NCS
- 10:00 - 10:15 Break**
10:15 - 10:45 Management of Bladder Dysfunction Post-Stroke
Kara Flack, RN, MSN, CRRN, CBIS
Cathy Penn, RN, MA, CRRN
- 10:45 - 11:15 Maximizing Patient Engagement Through Supportive Communication Techniques**
Jocelen Hamilton, MA, CCC-SLP
- 11:15 - 12:15 Spasticity: Description, Burden, and Treatment**
Dr. Craig Dove, DO

Course titles, objectives and speaker bios

Pushing Clinical Boundaries: Recovery and Life After Stroke

Dr. Michael J. Hall, PhD
Col. Jon R. Kerstetter, MD

Participants at this educational offering will be able to:

1. Explain the patient and provider dynamic and how that sets the stage for progress.
2. Describe that clinical plateaus can be self-limiting.
3. Describe the nature of resilience including post-traumatic resilience.

Dr. Michael J. Hall completed his doctoral training at Kent State Univ. and completed a neuropsychology fellowship at Harvard Medical School. He works as a staff neuropsychologist at the Iowa City VA Health Care System where his clinical & research focus is on the co-occurrence of traumatic brain injury, mental health conditions and medical problems. Dr. Hall is an Adjunct Assistant Prof. in the Psychiatry Dept. at the Carver College of Medicine at the Univ. of Iowa. He also currently serves as the Chair for the Governor of Iowa's Council on Brain Injury.

Colonel Jon R. Kerstetter graduated from Mayo Medical School in 1988. He specialized in emergency medicine. He joined the Iowa Army National Guard in 1992 and completed three combat tours in Iraq as an army flight surgeon. He holds an MS in business from the Univ. of Utah and an MFA in creative non-fiction from Ashland Univ. After his return from Iraq in 2006, while undergoing surgery for a brain aneurysm, Dr. Kerstetter suffered a stroke. He now writes and lectures about military medicine, stroke recovery and personal resiliency.

Ocular Dysfunction & Assessments in Post Circulation Stroke

Rene D. Crumley, PT, DPT, NCS UnityPoint Health St. Luke's Hospital

Participants at this educational offering will be able to:

1. Identify 3 steps to bedside exam of HINTS.
2. Complete the cover uncover test for skew deviation.
3. Describe differences between acute vestibular syndrome and episodic vestibular syndrome.

Rene Crumley is a senior physical therapist specializing in patients with vestibular dysfunction and balance problems. She has been involved with vestibular special interest groups of APTA, working on and authoring patient & physician fact sheets. She participated in the development and presentation of APTA's Advance vestibular course and the clinical practice guidelines for vestibular hypofunction. She earned her BS in PT from St. Louis Univ. and transitional doctorate in PT from Creighton Univ.

Management of Bladder Dysfunction Post-Stroke

Kara Flack, RN, MSN, CRRN, CBIS UnityPoint Health St. Luke's Hosp.
Cathy Penn, RN, MA, CRRN UnityPoint Health St. Luke's Hospital

Participants at this educational offering will be able to:

1. Review the different types of bladder dysfunction that are common post-stroke.
2. Report the symptoms and etiology related to each type of bladder dysfunction.
3. Discuss interventions to manage bladder dysfunction.

Kara Flack is the Nurse Manager of the Inpatient Rehabilitation Unit at UnityPoint Health St. Luke's Hospital. She has worked on the unit for 13 years. Kara graduated with her Master of Science in Nursing degree from Allen College in 2018, and was selected as the recipient of the Advancing Healthcare Transformation Award at Allen College in 2018. She has presented at the Univ. of Iowa Neuroscience Conference.

Cathy Penn is a nurse educator at Mount Mercy Univ. and clinic nurse for PMR & stroke clinic at UnityPoint St. Luke's Hospital. She has extensive experience in neuro-rehabilitation nursing. Cathy completed her Master's in Nursing at the Univ. of Iowa in the clinical nurse specialty tract. Her research focus included developing a urinary incontinence assessment protocol and an incontinence clinic for the Marshalltown Veterans Home.

Maximizing Patient Engagement Through Supportive Communication Techniques

Jocelen Hamilton, MA, CCC-SLP University of Iowa, Department of Communication Sciences and Disorders

Participants at this educational offering will be able to:

1. Identify appropriate patients for the use of supportive communication techniques.
2. Describe three ways to maximize the patient's understanding and expression of key information.
3. Access resources to support on-going use of supported communication techniques.

Jocelen Hamilton is a clinical assistant professor in the Department of Communication Sciences and Disorders at the Univ. of Iowa. Her current role is supervising graduate speech-language pathology students as they provide services to individuals with neurogenic communication and swallowing disorders. She previously specialized in management of communication and swallowing disorders in adults with head and neck cancer at the University of Iowa Hospitals and Clinics.

Registration form:

You may register and pay online by October 21. Click [here](#) or visit [Unitypoint.org](#), select location: Cedar Rapids > More > Classes & Events > Continuing Education. Or, fill out the following form, enclose payment if applicable, and return by October 21 to:

UnityPoint Health St. Luke's Hospital
Attn. Cathy Wiseman, 6W PMR
PO Box 3026
Cedar Rapids, IA 52406-3026

Refunds given if cancellation received by Oct. 21. Late registrations will be accepted as space allows.

Attendee information:

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____

E-mail: _____

Employer: _____ Profession: _____

License # (if applying for CEU) _____

Registration fee:

- Regular professional rate: \$75
- No charge for licensed healthcare professionals from:
- UnityPoint Health St. Luke's Hospital & Clinics in the Cedar Rapids area and Jones Regional Hospital
- Mercy Medical Center Cedar Rapids

Payment method:

Check # _____ (payable to UnityPoint St. Luke's Hospital)

Credit card: MasterCard VISA Amex

Account Number: _____

Expiration date: _____ 3 or 4-digit code: _____

Cardholder name: _____

Cardholder signature: _____

