

Program Description

This program explore concepts related to evidence-based nursing and transformational leadership in a dynamic practice environment.

Current evidence and the C.A.R.E Patient Care Delivery Model serve as the foundations of the St. Luke's Nurse Residence Program.

Focus will be placed on joining previously learned nursing knowledge with bedside practice that embraces St. Luke's mission, vision, and values.

Benefits of Completion

- Smoother transitions into practice
- Increased work satisfaction
- Decreased burnout
- Improved clinical competency
- Resources for a variety of scenarios



Staff Development
1026 A Ave NE
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Cedar Rapids, IA 52406-3026

Nurse Residency Program



UnityPoint Health
St. Luke's Hospital

Purpose

The purpose of this program is to ease the transition from student to professional nurse, supporting you professionally, emotionally, and socially during your first year of nursing.

Objectives

- Apply evidence based techniques to effectively manage stress as a new nurse.
- Practice effective communication methods and identify incivility in the workplace.
- Analyze patient centered care during end of life and with culturally diverse patients and family.
- Investigate best practice to ensure safe, high quality patient care delivery.
- Create and present an evidence based project.
- Discuss ethical expectations and resources available to St. Luke's hospital.
- Apply critical thinking to safely manage patient care.
- Compare and contrast the use of technology & informatics in nursing practice.
- Summarize how nursing practice contributes to the financial responsibility of St. Luke's hospital.
- Explore resident's opportunities for professional development.

Eligibility

- A newly graduated nurse with less than 1 year of clinical experience
- A nurse pursuing a specialty that is different from prior nursing experience
- A nurse who is re-entering the nursing profession
- Any nurse who is interested

Start Dates

- Begin 3 times per year
 - March
 - August
 - November
- You will enter the section following your start date

Session Topics

- Stress management
- Communication & conflict management
- Patient & family-centered care
- Quality & safety
- Performance improvement & evidence-based practice
- Ethical decision making
- Management of patient care delivery & the changing patient condition
- Informatics
- Business of healthcare
- Professional development

What to Expect

- 3.25 hour sessions
- Monthly meetings
- 11 month program
- Time: 0730-1045

- Active learning environment
 - Simulation
 - Role-play
 - Discussion
 - Reflective writing

- **Paid time** to attend sessions

- Create & present an evidence-based project
 - Individual or small group

- A chance to receive ALL of the CEUs required for your first license renewal for **FREE!**

For More Information:

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