



What is Click for Babies?

Click for Babies is a grassroots initiative to collaborate with knitters and crocheters across North America to make **PURPLE** caps for babies. The Click for Babies campaign is now in its 6th year.

The initiative is being organized by the National Center on Shaken Baby Syndrome (NCSBS) in partnership with invited organizations in an effort to prevent infant abuse, namely Shaken Baby Syndrome/Abusive Head Trauma and educate caregivers about the *Period of PURPLE Crying*.

The caps will be distributed the month of November and December in the hospital along with the *Period of PURPLE Crying* education and DVD.

St. Luke's will host a "Knit-In" on **Saturday July 8th 9:00AM – 1:00PM** in the lobby of the Women's and Children's Center. There will be two more "Knit-Ins" scheduled: **Saturday August 5th 9:00AM - 1:00PM** and **Saturday October 7th 9:00AM – 1:00PM**. All Knit-Ins will be held in the lobby of St. Luke's Women's and Children's Center.

What is the *Period of PURPLE Crying*?

If you have any questions, please contact:

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The *Period of PURPLE Crying* program is an evidence-based infant abuse prevention program developed by the National Center on Shaken Baby Syndrome and Dr. Ronald Barr to educate parents about normal infant crying and its relation as a trigger for abuse. New parents receive the DVD and booklet in the hospital after the birth of their baby.

Knit In Dates:

July 8	9-1:00 AM
Aug 5	9-1:00 AM
Oct 7	9-1:00 AM

All babies go through a period of increased crying which typically begins around two weeks of age, peaks in the second month and comes to an end around the third or fourth month of life.

Despite a parent or caregivers best efforts to soothe a crying infant, the infant may still continue to cry and that is okay. It is normal to be frustrated with the crying, however, frustration with this period of increased crying is then number one reason someone shakes and /or injures an infant.

This mostly happens because parents and caregivers do not understand this crying to be normal and don't take the time to put the infant down in a safe place and walk away for a while.

While this increased crying may be normal, parents and caregivers are strongly encouraged to always have an infant examined by a health care professional to ensure there is nothing contributing to the crying (pain, illness, disease).

What is Shaken Baby Syndrome / Abusive Head Trauma?

Shaken baby Syndrome / Abusive Head Trauma (SBS / ABT) is a devastating form of abuse that happens when a person violently shakes an infant with or without impact.

Thousands of infants are injured and killed every year from being shaken. Approximately 75-80 percent of infants who are shaken suffers permanent brain injuries and upwards of thirty percent of infants die as a result of their injuries.

SHAKEN BABY SYNDROME IS 100 % PREVENTABLE!!!

Please drop off your purple caps to the Auxiliary Office. Thank you!

<http://clickforbabies.org/partners/iowa.php>

<https://www.unitypoint.org/cedarrapids/st-lukes-auxiliary.aspx>

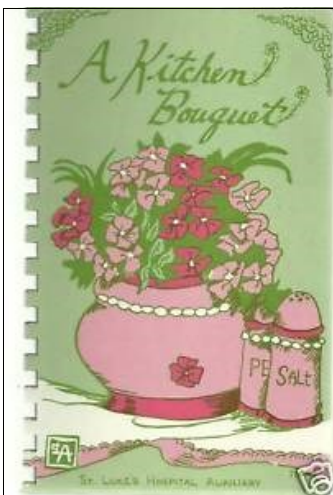
This link will take you to the Auxiliary website to view baby hat patterns.

Nurses Week Treat Cart

Auxiliary sponsored and delivered the TREAT CART around the hospital during Nurse's Week. We stocked the cart with many varieties of treats including options that were sweet, salty, &/or healthy. We

scheduled the cart arrival time with nursing units and offices to cover as much of the hospital as we could Monday through Friday. This was a small token of our appreciation to all of you who continually

support our sales and events throughout the year. We are very grateful for your support. We hope you enjoyed the treats that we offered as much as we enjoyed delivering them to you. Many thanks!



The Auxiliary would love to locate a copy of the Auxiliary cookbook, A Kitchen Bouquet that was published in 1976 for the U.S. Bicentennial.

Could there be a copy in your kitchen or bookshelves? Please contact the Auxiliary office at 319-369-7804 if you have any information on this vintage book.

What's cooking...

Quick Fruit Salad by Jan Jacobs

- 1 can peach pie filling
 - 1 can pineapple chunks, drained
 - 1 can fruit cocktail, drained
 - 2 cups mini marshmallows
 - 3 medium bananas
- Mix all ingredients and chill for one hour.

This recipe was brought to you by St. Luke's Cookbook. If you have a favorite recipe you'd like to share, submit it by e-mail: lisa.parrish2@unitypoint.org; your recipe may be featured in a future edition of The Advisor.

Flash Back

In 1923 the Ladies Auxiliary Board, who reported to the St. Luke's Hospital Board (under the direction of Grace Episcopal Church), had the opportunity to hire Grant Wood to paint a picture. At that time the Auxiliary had many

members associated with Coe College where Grant Wood was well known.

The Auxiliary's focus was to enhance the home of St. Luke's nurses and their living environment. Mr. Wood was hired for \$40.00 to paint the picture.

It was important to the Auxiliary that the nurses had as comfortable living area as possible. The painting was hung on the mantle in the nurses lounge.

Auxiliary Historian, Nancy Skogsbergh is on the hunt! She

remembers the painting being in the nurses lounge and is on the look out for whatever became of the Grant Wood painting.

Stay tuned!

<https://www.unitypoint.org/cedarrapids/st-lukes-auxiliary.aspx>

This link will take you to the Little Checks knit hat pattern. This pattern is perfect for those that prefer to knit with straight needles and not in the round. We have many colors of yarn to choose from and these would be perfect in **PURPLE** for Click for Babies!

We collect purple caps all year for Click for Babies for distribution in November and December. We have many different shades of purple in stock. Please consider adding a purple cap to your knitting or crocheting this summer for the Click for Babies Campaign. Caps need to be 50% or more purple.

Printed patterns are available at the Auxiliary office.



Upcoming Events

June 14	Bridge Lessons 1:30PM St. Luke's Cafeteria
June 21	Bridge Lessons 1:30PM St. Luke's Cafeteria
June 28	Bridge Lessons 1:30PM St. Luke's Cafeteria
July 8 Luke's	Knit In 9-1PM St. Women & Children's Lobby
July 11-28	Auxiliary Office Closed
July 12	Bridge Lessons 1:30PM St. Luke's Cafeteria
July 19	Bridge Lessons 1:30PM St. Luke's Cafeteria
July 26	Bridge Lessons 1:30PM St. Luke's Cafeteria

Save the date! First ever destination lunch (in place of our annual fall luncheon). Bring a friend!

Who: You and a friend/s

When: October 12

Where: We'll take a fun and entertaining bus ride to Kalona. Complete with a stop at String Town, lunch at Tuscan Moon, with shopping and exploring historic Kalona.

Seating is limited. All inclusive meal, travel and fun for \$50 per person.

Save the date: October 12. Invitations with more details to follow.

The Auxiliary office will be closed July 12-July 28.

There will be limited office coverage during this time.

1st Place

2016 Summer

Wes &
Roberta Hamdorf
8,110

2016-17 Guys & Gals

Pat Otis
Marilea Schmidt
19,987

2016-17 Ladies

Sara Fishel
Pat Klopfenstein
29,006

2016-17 Resource Center

Faith Youngberg
Karen Wilson
23,820

2nd Place

Peg Moore
Marilyn Palma
8,000

Karen Monroe
Carm Hammerberg
17,300

Rosemary Brown
Judy Brown
22,914

Wanda Wagaman
Sandy Ochs
23,315

3rd Place

Wanda Wagaman
Bill Bardwell
7,960

Nancy Skogsbergh
Nancy Brown
13,764

Helen Hunter
Jan Dickinson
19,200

Maxine Frueh
Bill Bardwell
21,830

Let's Play Bridge 2016-2017 Finale

Members of St. Luke's Auxiliary bridge marathon, Let's Play Bridge, enjoyed their annual awards brunch on May 18. In addition to the social time, Dan Strellner, president of Abbe Health, gave a presentation about its mental health services and its partnership with St. Luke's Hospital.

High scoring partnerships which placed 1st, 2nd, and 3rd in each of our four groups received gift certificates for St. Luke's Floral & Gifts or Brewed Awakenings.

Always wanting to include as many bridge players as possible in a fun way, this year Cindy Lundine awarded Hy-Vee gift certificates to the lowest scoring partnerships in each group.

Congratulations to these members!



Cindy Lundine
Handing out prizes



Bridge players enjoy
year end brunch



Dan Strellner
President of Abbe Health



UnityPoint Health

St. Luke's Auxiliary

UnityPoint Health – St. Luke's Hospital
1026 A Avenue, Cedar Rapids, Iowa 52402

Phone: (319) 369-7804 **E-mail:** lisa.parrish2@unitypoint.org

Check us out on the web:

<https://www.unitypoint.org/cedarrapids/st-lukes-auxiliary.aspx>