

Calendar of Events

Aug 16	Bridge Lessons Cafeteria
Aug 23	Bridge Lessons Cafeteria
Aug 30	Bridge Lessons Cafeteria
Sept 4	Office Closed (Labor Day)
Sept 5	RSVP due for Kalona Bus Trip
Sept 6	Let's Play Bridge!
Sept 8	iCare
Oct 12	Kalona Bus Trip

Many thanks to all that called in about the Auxiliary cookbook. We now have 2 copies in the office, donated by Carolyn Pigott Rosberg and Greer Fry. Thank you!

Check your mailbox for your invitation to our fall destination lunch!

St. Luke's Auxiliary
UnityPoint Health
St. Luke's Hospital
1026 A Avenue
Cedar Rapids, Iowa 52402
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RONALD McDONALD FAMILY ROOM®

AT ST. LUKE'S HOSPITAL

The Ronald McDonald Family Room at St. Luke's Hospital offers a comfortable home-like setting for families right in the hospital, just moments away from their sick child. Located on the 2nd floor of the Helen G. Nassif Center for Women's and Children's Health.

The Ronald McDonald Family Room provides basic services to families so they can spend more time with their child. Services include: 3 sleep rooms, showers, laundry facilities and 3 meals a day, including a hot meal provided by our staff or an outside group.

Our Ronald McDonald Family Room is staffed 7-days a week from 8:00 am – 8:00 pm. We serve families from the NICU, pediatric department and the Adolescent Psych department.

Below is an informal list of Ronald McDonald Family Room® specific needs. Gift cards for food and household items are also always useful.

Food Items

- Individually wrapped snacks (Granola bars, fruit snacks, trail mix, fruit cups, Pop Tarts etc.)
- Microwavable meals
- Cereal (box and individual-sized)
- Canned fruits and veggies
- Canned soup
- Easy Mac
- Lunch Meat
- Cheese slices
- Fresh Fruits and Veggies
- Yogurt
- Eggs
- Spaghetti sauce
- Coffee creamer
- Cake, cookies, muffin, brownie and bread mixes
- Canned frosting
- Peanut butter
- Jelly

Household Items

- Paper towels
- Napkins
- Hand soap
- Laundry detergent (High efficiency)
- Dishwasher detergent
- Clorox wipes
- Paper plates and bowls
- Plastic utensils
- First class postage stamps
- Zip lock bags
- Plastic wrap and tin foil
- Hotel-style, single-serve shampoo, conditioner, soaps etc.

If you'd like to donate items for the Ronald McDonald room, you can drop them off at the Auxiliary office. If you'd like more information of other ways to help, please call Jenny Bosking at 319-369-5192 or email jbosking@rmhc-eiwi.org. Thank you.

Check us out on the web:

<https://www.unitypoint.org/cedarrapids/st-lukes-auxiliary.aspx>

Flash Back by Nancy Skogsbergh

In a previous article I wrote about the Grant Wood painting that was commissioned by the Women's Auxiliary to St. Luke's Board of Directors in 1921. At that time the 1st Women's Auxiliary was under the direction of Grace Episcopal Church in Cedar Rapids.

According to Katherine Kunai, Assistant curator of Collections & Exhibitions at the Cedar Rapids Museum of Art, the Grant Wood painting is titled "Fanciful Depiction of the Round House and Power Plant"

The painting was purchased for the newly completed Nurses Residence at St. Luke's.

The Grant Wood painting has found another good home.

*Fanciful
Depiction of
the Round
House and
Power Plant
by Grant
Wood*



Click for Babies

Did you know we collect purple caps for Click for Babies all year? We do! The Auxiliary stocks purple yarn year round and delivers completed hats to Denise Easley, Director of the Iowa Click for Babies Campaign. The hats are then distributed to the St. Luke's Birth Center and other Iowa hospitals that take part in the Click for Babies Campaign (also known as "purple" hospitals). How do you get to be a purple hospital? Hospitals educate parents and caregivers about Shaken Baby Syndrome and gift a new baby with a hand made purple cap that was knit or crocheted by dedicated volunteers.

If you have any questions about Click for Babies, please contact Denise Easley at 31-369-7724. Denise.Easley@unitypoint.org

<http://clickforbabies.org/stitchers-club/http>

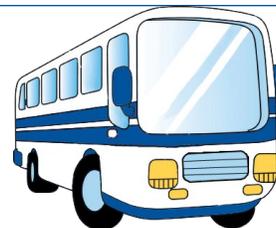
What's Cooking

Cinnamon Sweet Bread
1/2 c. butter
1 c. sugar
2 eggs
1/2 c. milk
1 1/4 c. flour, sifted
1 1/4 tsp. baking powder
1/4 tsp. salt
1 tsp. cinnamon

Mix ingredients in order listed. Bake in greased 9 1/2 x 5 inch loaf pan for 45 minutes at 350 degrees. Take out of oven and pour 1/4 cup melted butter over bread. Sprinkle with a cinnamon-sugar mixture while warm. Serve warm or cold. Serves 12.

-Carolyn Pigott

This recipe was brought to you by *A Kitchen Bouquet*, the Auxiliary cookbook published in 1976. If you have a favorite recipe you'd like to share, submit it by e-mail: lisa.parrish2@unitypoint.org, your recipe may be featured in a future edition of The Advisor.



Be on the look out for your invitation to join us Thursday, October 12. We'll be chartering a bus to Kalona, Iowa.

We'll take a fun and entertaining bus ride to Kalona. Karen from the gift shop has some fun games and prizes in store!

Our day consists of a tour of JK Creative Wood Shop, lunch at Tuscan Moon, Kalona's exclusive Italian restaurant and exploring historic Kalona or shopping (on your own) and finally a stop at String Town specialty grocery.

Seating is limited so be sure to send in your RSVP no later than September 5.

We are looking forward to spending a fun day away with the you and the Auxiliary!

If you have any questions, please call Lisa at the office. 319-369-7804