# Volunteer Spotlight April 2016

## Sweta Sudhir

300 Lifetime Hours 3 years of service as a St. Luke's Volunteer

### Where have you volunteered at St. Luke's?

West Desk Patient Information & Escort A Ave Information Desk ED Triage Reception Desk

### Why do you choose to volunteer at St. Luke's?

I choose to volunteer at St. Luke's because it gives me an opportunity to help others while

getting real world experience in my future career. Volunteering at the emergency desk of St. Luke's is an experience that has invigorated me and given me a better understanding of what it means to be a physician. Through this opportunity I have been able to see the multiple facets of the healthcare profession. I especially enjoy my opportunity to interact with patients and assisting them.



## What is your most memorable volunteer experience at St. Luke's?

My most memorable volunteering experience at St. Luke's was the day I walked into the room of a patient who had passed away. While it was the most heartbreaking of all of my experiences, it gave me a sense of reality as to what it means to be a physician. As I led the devastated family members to the consult room, I realized the complexity of the profession I so desire yet realized this is another experience I would need to get used to.

Another memorable volunteer experience, that is much happier, was when a little kid came in after a bad fall. The face of the crying baby broke into the most adorable goofy grin when I handed him a Paw Patrol sticker. It is seeing



these innocent smiles that are the most rewarding part of volunteering at the Emergency Desk.

### What do you find most rewarding about your volunteer assignment?

The most rewarding aspect of my volunteer assignment is getting to interact with patients and providing relief for whatever dilemma they are in. Knowing that I am able to help them in a time of need is most rewarding.

### What or who motivates you to volunteer?

What motivates me to volunteer is seeing a smile on patients face and hearing good feedback from them about their experience. I love having a direct impact on the lives of others that I can see. Just last week a patient who had come in suffering from their injury left a few hours later, smiling, and thanking us for his great experience.

### What do you do outside of St. Luke's (career, school, hobbies, etc.!)?

I am a senior at Kennedy High School. At school, I am also involved in Key Club, National Honors Society, Science National Honors Society, Cross Country, and the Speech team. I love dancing and spend Sunday evenings volunteering at the local soup kitchen when possible.

#### **Sweta's Favorite Quote**

"You only fail when you stop trying!"

Our Volunteer Spotlights are randomly chosen. All you have to do is volunteer in that month, and your name could be randomly selected! Winners will receive a \$5 Gift Certificate and be displayed in the cafeteria and Volunteer Services Hallways.